

August 2005

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1	2	3 Cornwall Smart Solutions Seminar Best Western 7:30pm	4	5	6/7
8	9 Kingston WP 7:30 pm	10	11 Ottawa Smart Solutions Seminar RA 7:30pm	12	13/14
15	16	17 Cornwall Smart Solutions Seminar Best Western 7:30pm	18 Ottawa Smart Solutions Seminar RA 7:30pm	19	20
22	23 Kingston WP 7:30 pm	24	25	26	27/28 Ottawa Sizzling Saturday RA 9:00am
29	30	31			



Nikken Wellness Association

SPECIAL EVENTS

Sat. Aug 27 – Ottawa Sizzling Saturday –
RA Centre – 9:00am

OTHER AREA CONTACTS

KINGSTON - Rita Sue Bolton 613-549-4075

CORNWALL - Elaine Sosnkowski 613-347-7727

MONTREAL - 514-890-7854

TORONTO - www.team-toronto.com

PROVINCE OF QUEBEC - www.lecalendrier.net

WELLNESS PREVIEWS - \$8 per Distributorship - Guests are free
Start at 7:30 pm, Courtside A or B, RA Centre, 2451 Riverside Drive, Ottawa ON
Nikken Wellness Association Website – www.nwaottawa.com

Ottawa Contacts:
Cliff Lapenskie (613) 721-0039
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