



2nd Annual Best Buddies Friendship Dodgeball Tournament 2008

TEAM INFORMATION SHEET

Welcome to the 2nd Annual Best Buddies Friendship Dodgeball Tournament, 2008. This is one of many events across the country in celebration of Best Buddies Month. Part of the proceeds from today's event will benefit the Nipissing/Canadore Best Buddies Chapter and Prader-Willi Syndrome Association. In this package you will find a Team Registration Form, Official Dodgeball Rules and a blank schedule. Please read the following information before registering to ensure a safe and exciting day.

REGISTRATION DEADLINE IS MARCH 3RD, 2008

Contact Heather Brown 494-4948 with any questions.

When is the tournament?	<i>Saturday, March 15th, 2008 from 12pm-4pm</i>
What time should my team arrive and leave?	<i>Teams should arrive ½ hour before their first scheduled game register. Tournament Final will be played at 3pm and all teams are encouraged to stay and watch.</i>
How many games will my team play?	<i>All teams are guaranteed 2 games.</i>
Will there be food available?	<i>There will be snacks, beverages and pizza available for purchase at the tournament, as well as vending machines in the building.</i>
What should we wear?	<i>Teams are encouraged to be creative (but safe) with their uniform selections. Appropriate, clean running shoes are required in the gym at all times. Clothing should be light-weight.</i>
What about First Aid?	<i>First Aid personnel will be on hand all day. Please be advised that you will be responsible for any personal medication needed.</i>
What do we win?	<i>The winning team will receive an award, which will be kept a secret until the tournament.</i>
Where is the tournament?	<i>The tournament will be held at the Base Gym</i>
Parking?	<i>There will be parking available at the Base Gym</i>
Can we invite spectators?	<i>PLEASE invite spectators to cheer you on! Bring a cushion if you find bleachers uncomfortable.</i>

The Official Rules for the Best Buddies Friendship Dodgeball Tournament 2008

THE TEAMS

Teams will be made up of 6-10 players. Six (6) players minimum will compete on a side; Each side will have the same number of players. If a team has less than 6 players they forfeit. Substitutes may enter the game only during timeouts or in the case of injury.

THE EQUIPMENT

Foam balls will be provided.

THE GAME

The object of the game is to eliminate all opposing players by getting them "OUT". This may be done by:

1. Hitting an opposing player with a LIVE thrown ball *below* the shoulders.
2. Catching a LIVE ball thrown by your opponent before it touches the ground.

Definition: LIVE: A ball that has been thrown and has not touched anything, including the floor/ground, another ball, another player, official or other item outside of the playing field (wall, ceiling, etc)

BOUNDARIES

During play, all players must remain within the boundary lines. Players may leave the boundaries through their end-line only to retrieve stray balls. They must also return through their end-line.

THE OPENING RUSH

Game begins by placing the dodgeballs along the center line. Players then take a position behind their end line. Following a signal by the official, teams may approach the centerline to retrieve the balls. This signal officially starts the contest.

TIMING AND WINNING A GAME

The first team to legally eliminate all opposing players will be declared the winner. A 20-minute time limit has been established for each contest. If neither team has been eliminated at the end of the 20 minutes, the team with the greater number of players remaining will be declared the winner. In the case of an equal number of players remaining after regulation, a 1-minute sudden-death overtime period will be played.

RULE ENFORCEMENT

Two officials will enforce the rules of the game. Players will be allowed one warning before being removed from the game. Unsportsmanlike behaviour will result in expulsion from the tournament, with no refund.

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Team Registration Package

Registration Deadline: March 3rd, 2008

Team Name	
Team Captain	
Contact Number (1) Contact Number (2)	

Players Names (minimum 6)

Registration Fee: \$25.00 _____ CASH _____ CHEQUE

*Please make cheques payable to Nipissing/Canadore Best Buddies Chapter

Registration Regulations:

1. A team will consist of 6-10 participants. A team will forfeit their game if they cannot field a minimum of 6 participants.
2. Registration fee must be paid upon registration.
3. There must be at least 1 person over the age of 18 on the court at all times.

Registration forms may be delivered or mailed to the NUSU/CSRC Best Buddies office
at Nipissing University : 100 College Drive, Box 5002, North Bay, ON P1B 8L7
Contact Heather Brown at (705) 494-4948