

# FIRST AID PROGRAM

## First Aid Certification

Have you checked recently to verify if First Aid Certificates are still valid or are they close to expiration? Regulation 1101 states that the employer shall ensure that the first aid station is at all times in the charge of a worker who is the holder of a valid St. John Ambulance Emergency First Aid Certificate or its equivalent. While the minimum requirements are to have one person with a valid first aid certificate, it is recommended that all members of a logging operation receive first aid training.

## First Aid Kits

You should be performing regular monthly inspections of your first aid kit and Spring Break-Up is also a good time to thoroughly go over and re-evaluate its contents. Regulation 1101 of the *Workplace Safety and Insurance Act* states that every employer of bush workers shall provide at a central location a first aid box containing,

- (a) a current edition of a standard St. John Ambulance First Aid manual;
- (b) 1 card of safety pins;
- (c) dressings consisting of,
  - (i) 16 adhesive dressings, individually wrapped,
  - (ii) 6 sterile gauze pads, 3 inches square,
  - (iii) 4 rolls of 3-inch gauze bandage,
  - (iv) 2 sterile surgical pads suitable for pressure dressings, individually wrapped, and
  - (v) 4 triangular bandages.

This list is the basic minimum required by law; additional contents such as scissors, blood absorbing pads and a stretcher are recommended.

## Logging Trucks and Machinery First Aid Kits

Where a first aid station is not readily available in the event of an accident, the employer shall equip that vehicle and/or machinery with a first aid kit containing,

- (a) a current edition of a standard St. John Ambulance First Aid Manual;
- (b) dressings consisting of,
  - (i) 12 adhesive dressings, individually wrapped,
  - (ii) 1 four-inch bandage compress,
  - (iii) 2 two-inch bandage compresses, and
  - (iv) 1 triangular bandage.

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## PROGRAM OVERVIEW

No matter how many workers you employ, if you are covered by the *Workplace Safety and Insurance Act*, you must have adequate first aid equipment, facilities, and trained people in your workplace. The specific obligations that apply to your business are described in detail in the brochure, First Aid Requirements (Regulation 1101). Download the [First Aid Brochure](#) (187kb .pdf)

In summary, regulations dictate that:

- The expense of first aid equipment and services will be carried by the employer.

- First aid equipment must be inspected regularly and accurate records of these inspections must be kept.
- First aid stations must be easily accessible and be supervised by workers who:
  - have valid first aid certificates from a WSIB-recognized training organization
  - work in the immediate vicinity of the stations.
- Employers must post all required first aid information where it can be seen clearly.
- Employers must keep detailed records of all accidents and first aid treatment given.

## **FIRST AID TRAINING FOR WORKERS**

You can obtain first aid training for your workers by contacting the training organization of your choice. See a list of [approved first aid trainers](#). REVISED 09/08/04

These first aid training providers offer first aid programs that have met our [equivalency criteria](#) (133kb .pdf).

For more information, call 1-800-663-6639 or 416-344-1016 or e-mail: [prevention@wsib.on.ca](mailto:prevention@wsib.on.ca)

Information obtained from [WSIB Website](#)