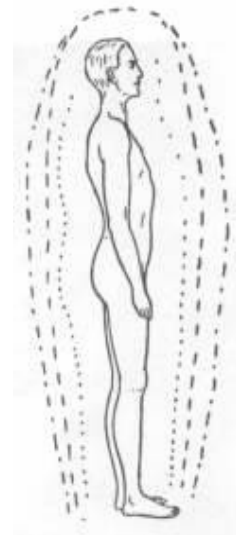


SPIRITUAL CLEANSING AND AURA POLARIZATION

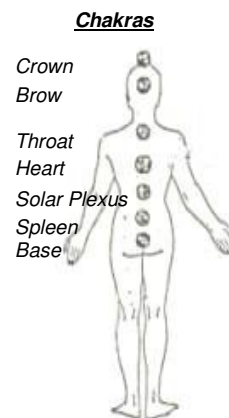
1. **PRAY** Remember to pray and ask the Holy Spirit of God (Jehovah) through His Son, Jesus Christ for protection in this work.
2. **BURN** Picture a circle of fire around the feet and then bringing that flaming circle up over the head and burning off anything detrimental in the aura or attached to it. Do this always before and after polarizing yourself or anyone else.
3. **PLACE AURA** Look at the aura of the person. To do this look directly at them, then gently close your eyes. Look to see whether the aura is covering the body. If you can't see, use your hands to help move it into place, all the time visualizing the aura around the body.
4. **SPIN** You may be able to see the movement of the life spiral, a coil from the feet to the head. Spin this clockwise using your mind.
5. Starting with the base chakra, spin each clockwise.
6. Finally surround the body with white light. To cleanse the aura move the hands in a downward motion from head to feet, finishing with shaking the hands away from the area.



FIRST TEST YOUR OWN BODY POLARITY.

This is a must before you commence anything.

- 1 To do this you take a pendulum with the left hand and suspend it over the palm of the right hand.
- 2 If your body polarity is correct, the pendulum should spin in a clockwise manner. If it does, then this means that the right side of your body is polarized correctly.
3. Take the pendulum with the right hand and hold it over the left hand, the pendulum should then spin in an anti-clockwise direction, for the human body is split in half, the right half being positively polarized, the left half being negatively polarized.
- 4 It also pays to check the solar plexus area for polarity as well before you start testing, because there is a big seat of electrical and psychic energy situated in this spot.
5. This when tested with the pendulum held in the right hand should also be positively polarized (moving clockwise).



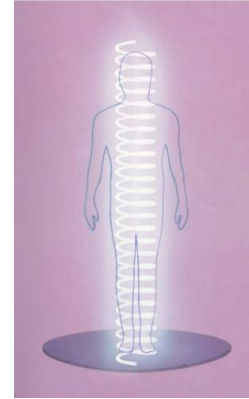
HOW CAN I POLARIZE MYSELF?



The best way to polarize yourself if you are not functioning correctly is by using visual imagery and thought control. The easiest way is to visualize a spiral, the coil of life, like a spring through the centre of your own body from feet to head. Start to spin this around in a clockwise motion.

Keep this spinning until it is spinning really fast, then stop and test the right and left hands again with a pendulum to see if they are working clockwise and anti-clockwise respectively.

If you now have the body working properly, right positive, left negative, test the Solar Plexus area. Make this start to spin in a clockwise direction. Keep this up until the pendulum shows that the current is spinning clockwise.



TESTING THE CHAKRA POINTS

Situated in the human body are 7 points known as the chakras. Underneath these points are the endocrine glands, through which much energy is drawn into the body.

These chakras must be spinning in a clockwise direction as well, if we wish to get benefit from them, for they are distribution points for electrical energy, that keep a certain section of the body and its organs functioning correctly.

HOW WILL I FEEL IF NEGATIVELY POLARIZED (anti-clockwise)?

Many people wake up in the morning and still feel very tired. They may feel nauseous, unbalanced, heavy. All usually are suffering from reversed polarization of the body's magnetic field. The condition can be immediately alleviated by re-polarizing yourself once you have mastered the technique.

BLESSING WATER

The use of spiritual fire can be enhanced by using blessed or polarized water. Fill a glass of water. First test yourself for correct polarity. Then hold your right hand over the glass and start making clockwise movements over the water. Test to see if the energy is moving clockwise. Now while saying the Lord's Prayer visualize a flaming cross over the top of the water. When this water is sprinkled around a person or a place, psychically you can see flames shoot up when it touches something.

<p>Our Father, which art in Heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done on earth as it is in Heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. Let us not be led into temptation but deliver us from evil. For Thine is the kingdom, the power and the glory, for ever and ever. Amen</p>	<p>Our Father, God Jehovah, who created all the Universe, Hear our prayer. Your name is holy. Let Your kingdom come. Let Your will be done on Earth as it is in Your own domain. Please forgive us our sins, as we forgive those who sin against us. We give thanks for our daily food and comfort and for the guidance of your Holy Spirit. Let us not be led into temptation and keep us protected from all evil. For Yours is the Kingdom, the Power and the Glory that shall be made manifest on Earth through Jesus Christ, Your only begotten Son, who will reign supreme forever. We humbly ask these blessings of You, Jehovah, for our body, spirit and soul, in the name of Jesus Christ and through the power of the Holy Spirit. Amen.</p>
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