

**THE OTHER BODIES OF MAN (A study of the subtle anatomy)
Morris A Bradley 1978**

As the Bible states "MAN is a triplicity of BODY, SPIRIT and SOUL". The pure spirit is analogous with Our Father in Heaven~ the Soul is the higher self which is in a continual stage of progression, and the Body is the low self.

Now the low self is likewise triple in nature, for it contains the mental body, the emotional body, and the physical-etherical body, and though we link the physical and the etherical bodies together, they are really individual entities, though one in purpose.

Contained within the body of man is a series of high frequency energy systems which integrate him into the Universal scheme of things. This system has an anatomy and a physiology, with each being different, but in the final analysis determine the activity and appearance of the physical form, and it is through the understanding of this unique force that it becomes possible to diagnose sickness and disease and, in return, project healing thought patterns back into this system effecting a cure.

An "etheric force field" surrounds each atom of matter, whether it be used for the construction of a plant, a planet, a bird, a fish, reptile or human being, and the condition of this etheric shield determines the stability of the life force of its counterpart on the physical plane.

For example, if a Man, or a plant, has a disturbed etheric field, then the counterpart on the physical plane will be disturbed also, and it is at this point in time that the physical body is vulnerable to attack from disease etc. So we see that it is the imbalance that brings about an interplay of energies that, in turn, affect the subtle anatomy.

Drugs, alcohol, excessive shock, adulterated food and mental worries all disturb the function of the etheric body and congestion of the etheric shield and is the major cause of all major diseases, for the congestion allows an incorrect flow of the energies to draw to oneself the seeds of sickness that float in the surrounding atmospheres, or are lodged in the Auric fields of other sick people. Bacterial or chemical toxins can also hinder the flow of energy through the etheric body, leaving it open to diseases as well. Smoking, pollution, pesticides, physical violence, all lay their part in upsetting the delicate balance of the life force which energises the physical body through the Chakra points. Childhood diseases leave a residue of toxic patterns for years to come, so do excessive dosages of X-ray photographs.

There is a chart handy to this text with diagrams of the Human body, and all the main Chakra points marked on it. Look at this chart, learn the names, and study it carefully for it will give you some visual idea of what we are talking about.

The ~HAKBAS are of vital importance for it is through these that the life force and healing energies enter into the physical body, and are then directed to any diseased areas, and once this healing force has been absorbed, it revitalises this area, returning it to a state of equilibrium and starts repairing damaged cell tissues.

The Chakras have three main functions and these are: 1) to vitalise the human body and keep the etheric field functioning correctly; 2~ to bring about the development of the self-consciousness; 3) to transmit spiritual energy in order to bring the individual into a state of spiritual being and awareness.

ENERGY follows THOUGHT, and thought controls and revitalises the etheric body. The Bible says as a Man thinketh so he is. In Jesus all the 7 major chakras functioned perfectly, and were correctly awakened and energised – hence the perfect man. This is the example of a promise that is held out to each and everyone of us.

The Chakra points shown on the diagram indicate the position of some of the main endocrine gland system and it is here where all the life force enters and stimulates each section that is attached to that particular gland area. The endocrine glands themselves govern our physical appearance and determine our emotional and mental characteristics.

It becomes necessary to energise and polarise the Chakra points so that they move in a clockwise position, in order to bring to the human form energy from the surrounding force fields. Energy can be poured into any point by the thought visualisation process in healing waves and when this healing energy is placed around the disease factor, this will disrupt its balance and cause it to be ejected from the body, and the Auric field, and restore the balance of good health.

It is at the stage of disease ejection that the healer himself is most vulnerable, for the ecto—plasmic current flow can transfer the ejected “seeds of sickness” into his body and this is why the healer must understand correct body polarization,, thereby polarising himself to insure that his own etheric shield is in place, and in good condition.

To heal in a state of trance as some Healers and mediums do is courting disaster, for during this condition the etheric shield has moved away from the physical body, leaving it wide open to psychic and bacterial attack.

One also needs some “spiritually” charged water nearby, when doing healing work, so that you can keep the vibrational level around where you are working as “clean” as possible from unwanted elementals, and entities. On numerous occasions where I have attended healing services I have seen people doing work in an area where the whole room was negatively polarised and spinning back to front, and they are wondering why the vibrations are bad~ that there are no astral colours or lights, and the patients seem to be worse when they leave than they were when they came in.

The first step in healing through the Chakra points is to be able to determine the conditions of each of the seven major points on the body and once this has been established work will conform to a set procedure. Over stimulation of the etheric body and its Chakra points are another prime source of disease, for the lack of co—ordination between the etheric body and the physical body instigates poor health patterns and this is frequently the case with trance mediumship where the etheric body is drawn away from the physical body so that the discarnate entity can utilise the medium’s physical attributes to convey the “message”. This is what happened to EDGAR CAYCE, a world famous trance medium who became debilitated through being in constant trance state for anything up to six hours daily. Examples of poor co-ordination are such things as epilepsy, obsession and sexual impotency, just to name a few.

There have been all sorts of theories written about how to remove toxins from the body whose origin may have been chemical, bacterial or through exposure to radio—activity; however in my own personal experience, I have found that one can almost ignore most of what has been hypothesised and concentrate on directing healing through the chakras, for this restores the magnetic balance, and usually eliminates these “poisons” from the system.

Pyramid water that is Alpha wave charged, or Holy water, plus running a good magnet over the body is usually all that is finally necessary to clean you up and remove these toxins. Find out which Chakras on the body are defective and then try to correct them with an appropriate form of Cosmic Ray energy. I have proved to my own satisfaction, over and over again, that the induction of spiritual healing through these centres will cure all virulent diseases such as Cancer, Tuberculosis, Biological insanity and epilepsy which, to date, are foiling the medical fraternity.

All forms of healing, whether diet, cell salts, etheric or spiritual healing are directed towards one goal, and that is the restoration of harmony and balance to the Physical body, and the subtle anatomy of Man. When one considers illness in correct perspective, then one should not really worry about the Pathology of Man, for the physical organic system is of secondary importance as it only responds to and reflects the condition of the etheric body which of course is para-physical.

If one is to meditate to restore the energy to the body, one must be sure to try the attunement with the Christ Consciousness, for this will give you some protection when the etheric cloak folds away, and prevent any discarnate spirit that happens to be passing your way at that time from dropping in on you unexpectedly. Attunement with the higher level can bring to you fine guides and ministering angels.

One has to learn in this type of meditation to bring your etheric cloak around you. This will give protection from the lower astral planes and if you cannot conceive CHRIST in your mind when you do this meditation and receive an illumination, then God knows who you will make contact with, or how you will fare with the experience.

I hope by now you have examined the attached chart and know the Chakra points by memory, for here is some information about each entre. Once more I don’t want to treat each point comprehensively, only very lightly, for it is a long and deep study so I will just try to briefly explain the function of each point in the hope that it will whet your appetite enough to do further research on the subject yourself.

The first Chakra point is at the bottom of the spine, near the tail bone, and is called the Base Chakra, or the adrenal point, for it covers these gland areas. It is known to be responsible for the anchoring of the body to the

physical plane, for it provides a channel for the will to express itself. Modern medicine shows that if the adrenal glands have to be removed by operation, death will soon follow. This could be due to the loss of vital energy at this point. This point can be affected by stress and strain of living and can be responsible for all sorts of aches and pains. The adrenal glands keep pouring adrenalin into the blood stream to cope with the problems at hand, whether they are real or imagined, so there is a high emotional factor involved here with this centre. This centre is responsible for the ligament tissue, and we get plenty of back aches from slipped discs, lumbago, plus a damaging of the ligaments and tissues due to stretching. It is the nerve fibres embedded in the ligaments that cause the trouble, so the muscular system goes into a state of spasm and creates pain so that the area will have to be given a rest while it restores itself.

Sciatica and other spinal troubles are stress created diseases the same as Arthritis and kidney trouble~ in fact the adrenal area should be treated in every abnormal condition. Excessive stimulation of this point can result in a burning away of the etheric web along the spinal area, and can inadvertently open up all the other chakra points to forces that the individual cannot control.

There are certain types of Meditation courses that talk about “opening up” the Chakras and “raising the Kundilini”, in an effort to take a spiritual short—cut that, in fact, does not exist. Nervous instability, insanity, even death can follow this dramatic and foolhardy action. There is simply no short cut to Spirituality, for it is a long process of Man’s sublimation of the Will, where it is tested over and over again, in all sorts of hardships and extremities, just as JOB was in the Old Testament Days. The Bible tells this story of Job’s glory, his days of suffering, then his return to glory after being sorely tried and tested, and I feel that this story is more of a Parable which outlines the fact that every individual born to this Earth plane is fully tested during their lifetime. Of course, whether they pass the test or fall by the wayside is another story.

People who, as amateurs, practice Kundalini raising, are courting real danger, for a surge of uncontrollable current up the spine can burn away all the etheric insulation and induce some terrible and powerful forces of the Astral World. As a person progresses on the spiritual spiral through service to others, endurance, love and wisdom, each chakra point will slowly unfold of its own accord, bringing a specific colour radiation to the body Aura, and it is through the discernment of this colour that a good clairvoyant can note an individual’s spiritual and Soul progression.

Those who become entrapped, and over-involved in these Cults that almost promise one “instant” spirituality, Chakra opening etc. can often suffer much through their irresponsible practices and do almost irreparable damage to their own Astral Body (Soul), for if one gets an “energy flashback” and most do, it affects the incarnating process and can prevent a Soul re—incarnating back to the Earth plane for thousands of Earth years longer than it should have. So be warned, avoid all courses of spiritual development that recommend practices that tend to over—stimulate the Chakra centres, for many of these T.M. plans blow their minds, and are never the same again.

When the Base Chakra is overstimulated one can always perceive waves of Red colours moving into the Aura and “staining” the whole auric field. Temper, even if it is suppressed, does this quicker than anything. Say, for instance a person gets wild because of some action that is done to them and they get the sudden urge to hit out. As soon as this happens the brain picks up the thought and sends a message to the adrenal gland to start pouring adrenalin into the bloodstream so that the muscular system is all charged and ready for action, but then some reason prevails and the brain sends another message which says “hold everything”. Here we have a suppression, the body is rearing to go, the brain says NO, so all of that adrenalin has to be slowly dispersed from the system.

People who are quick to anger, or those who repress urges and are constantly frustrated are really walking electrical time bombs, and these constantly repressed feelings can cause Chronic Arthritis, angina pectoris, apoplexy, haemorrhage of the brain, and many other health problems.

These strong emotional responses play havoc with the circulation for, when the adrenalin flows, the heart action speeds up, and it pumps harder as well. In some body types it speeds the metabolism up to such a degree that the person can be literally burnt out by the time they reach 35 years of age. The skin wrinkles, their hair thins out and no matter what they seem to eat, they always look emaciated – there is always an imbalance of emotion in these cases, for either the person becomes that apathetic and suffers from chronic melancholia or depression, or they are at the other end of the emotional scale and are always ready to explode at the drop of a hat. Steady objective and realistic thought patterns can calm down some and cheer others up and when this happens the Base Chakra will function properly bringing vitality to the human body from the Universal Life Force.

The second Chakra is the SPLEEN Chakra and its radiating colour is Orange, and as this is the Colour

associated with the Sun, it is not surprising that this Chakra is known as the energiser, or the vitaliser, for it is in through this point that much cosmic energy flows into the body. This action here strengthens and vitalises the Liver, Pancreas, Gall, Spleen and the intestines, as well as preventing muscle spasm and cramp. This seems to be inter-related to the Sacral Chakra point that could be termed as “2a”, or perhaps the one point has two separate functions, for the Sacral part of the 2nd Chakra is responsible for the correct functioning of the reproductive organs. Somehow the Spleen Chakra is -o related to the Throat chakra (No.5) .for when one is out of Polarity, the other usually is also, so both areas need to be treated when healing specific diseases associated with these areas.

The SPLEEN Chakra is different in another respect from the other points, for treatment accorded this area revitalises all other points automatically builds up the etheric shield for the whole body and cleanses one of harmful vibrations etc. It seems then that this centre could have a higher and lower level, and it is believed to be directly linked to the Astral plane.

The third Chakra is the SOLAR PLEXUS centre and this is the area that is responsible for nervous trouble, diabetes, digestive problems, Gall bladder and Kidney problems, skin eruptions and certain forms of CANCER – why I say “certain” types of Cancer is because each Chakra has its own type of Cancer associated with it and it is possible to be suffering from two or more distinct types at the one time. The 3rd centre has long been considered the emotional and psychosomatic centre, and when this point is not functioning properly one can see large losses of invisible ecto—plasm “oozing” out of the body over the stomach area. Many mediums work through this Chakra point. also when this area is bad a brown colour is visible in the Auric field, there will be ulcers (peptic) in the higher stomach, for the lower Colon is ruled by the 2nd Ghakra and this gives the Duodenal ulcers. The water balancing system of the body is controlled through this area and it is most important for one’s health sake to have this point constantly polarised in the correct manner. Details for this method are in the Article titled The Pendulum.

When sending out healing vibrations to this centre it responds to bright yellow and this area is connected to the lower mental plane, so that if one is always in a state of apprehension then the Acid flows into the stomach, excessively causing a whole variety of problems internally.

As it is the psychological centre of the body, fear, nervousness, worry etc. tend to give one “butterflies” in the stomach area, so an understanding of how to control this point by the use of projected positive polarity can be a valuable aid to sufferers. Quite often, when this centre is out of balance, loose bowel movements are imminent; also many people born under the Sun Sign of Virgo, Pisces, Cancer, or who have the Moon in that sign of birth, seem to have trouble with the solar plexus area; however this is discussed later in another article.

The 4th Chakra is the HEART CHAKRA and this is responsible for attracting Southern Polar magnetism to this point in order to keep the Heart positively polarised, and the heart has to absorb this charge so that it can electrically charge the Blood as it goes through the heart. Some critics say - why the negative south pole magnetism if the heart has to be positively charged? My answer to this is that if the heart absorbed the northern positive polar currents which it does unless the Chakra point is brought under control, then the heart would be negatively charged and it is when this occurs that heart problems, or should I say cardio—vascular problems arise. One must remember the Basic Law that “like poles repel” and as the lungs prefer to inhale negatively charged ions in the air, so that when the oxygen goes into the blood there will be a current flow between the negative oxygen atoms, and the positive charging of the Heart. Though the chakra of the Heart centre will spin in a clockwise movement and when one mentally spins it in the course of healing a person, it still functions best when it absorbs negatively charged Ions and, as I said earlier, so do the lungs.

How many people “freak out”, or get scratchy and irritable, before a thunder storm, when the air is highly positive charged with static electricity, yet after the storm has dissipated and it has rained and the air and earth become balanced in polarity again, everyone becomes calmer and more relaxed. The same conditions occur with endless wind storms, or bad planetary configurations, especially with URANUS that seems to beam down strange electro—magnetic impulses to the Earth atmosphere.

Everything in the plant and animal world seems to grow or heal faster, in the presence of negative ionisation, for it turns things into a state of positive polarity, and draws the life force from the negative earth environment. GREEN is the colour that brings harmony to the heart chakra and one can realise this if you are feeling a bit off colour and you go for a stroll through a wooded glen or forest, absorbing the Green vibrations. The pituitary glands are stimulated from here also and this tends to bring some control to all the other glands. The circulation is controlled from here too; so is the autonomic nervous system. The Vagus nerve works in conjunction with the heart pulsation, and if one gets palpitations a lot, this can be brought under control by gentle fingertip pressure on the eyeballs, like pushing into the sockets, or by polarising the area which is done by holding a small

horseshoe magnet in the left hand, but more about the use of the magnet will be explained later on.

The heart chakra is linked with the higher mental plane, and its basic function I feel is to bring harmony to the body and soul, in its earth environment.

The fifth Chakra is called the THROAT CHAKRA and it is responsible for thyroid balance and imbalance, respiratory diseases, trouble with the larynx, bronchial and the lungs so that one can suffer from asthma, bronchitis, tuberculosis and emphysema. The healing colour for this centre is BLUE, and this centre is association with specific healing for all the germs seem to enter first into the mouth, or nose area, then down into the throat, which is a great breeding area for good and harmful bacteria. This Chakra is linked with the spiritual-causal plane. With the onset of a cold, one can keep mentally polarising the throat area in a positive manner, sending out blue waves of colour. Also, you can use a magnet in the RIGHT HAND, and keep turning it in clockwise circles over the throat for five minute intervals only. (See article on the use of magnets).

The sixth chakra is called the PINEAL or BROW chakra, and this brings the life force to the organs, and glands here that are responsible for the correct function of the eyes, the ears, nose, and upper mouth. It brings in the pituitary gland and its problems as well, and there can be migraine, sinus, headaches, eye and hearing problems, hay fever, cataract etc. SEVERE Migraine is often caused by an imbalance between the energy force fields of the pituitary and Pineal glands. This is also another brand of Migraine that is a type of “gas bubbles” in the blood that causes pressure in the head, and this is the result of metabolism of certain foods recently consumed. This can be dispersed with drinks of glucose in warm water, or several teaspoons of honey taken regularly. The intake of this sugar substance into the blood stream brings about some chemical action that disperses the gas bubbles, thereby reducing the pressure in the veins, and easing the complaint.

The silver paper head band treatment that is outlined in Book two has also proved successful, but this is when there are excessive build ups of electrical energy fields over this area. When a person is awake the front part of the head has a negative polarity while the back part has a positive polarity, but when a person goes to sleep the polarities revert around the other way. If you wish to put yourself, or someone else to sleep, then just keep projecting negative polarity waves to the back part of the head, that is the Alpha wave centre. When people go into a true trance state, this is what happens, and the same applies in hypnotic trances. The colour to be projected at this centre to bring it into a correct level of function is INDIGO, and as this chakra is linked with the Intuitional plane, it is responsible for our tuition, and the “3rd eye” as it was called in eastern esoteric doctrine.

The seventh chakra is known as the CROWN chakra, and the function of this is specifically spiritual, for it is linked to the Divine or Logocic plane and its colour vibrations are VIOLET. In cases of brain tumors, epilepsy, insanity or any other form of brain inflammation, one can see by the psychic eye intense activity in this area; there can be black whirls or spiral-like emanations pouring from this area, and all reversed in polarity. There will also be intense radiations from the frontal lobe, and in severe cases, the aura over this area may appear to have a split or a rift in it, or sometimes a bright Red band seems to extend from the head right down the centre of the body, splitting it into two halves.

What has been written down here is only a minute part of the immense amount of information available concerning the Chakra centres and I have only written this down to titillate the imagination of the readers in the hope that they can receive enough inspiration to search further into the subject at their own leisure, for there is a vast amount published on the subject. Many psychic healers who use the method of treating through the chakra centres have claimed that when the chakra is fully charged and working correctly, it seems to pop out of etheric body like a flower blooming, and I can vouch for the correctness of this, for I have seen it myself. Once, when working on the 6th psychic centre of a medium friend of mine, I saw the chakra bloom like a pumpkin flower (trumpet-like) attached to the end of a bag snakelike tendril, and it came over two feet out of the front of his forehead – this was also verified by another clairvoyant present at the time, who gave an independent description which was in ‘accordance with what I had observed happening. It is important to note that before one commences any healing through the Chakra centres, the body, that is the COIL of LIFE current, must be brought to a state of positive polarity first, (details on how to do this are in Book two).

So perhaps we can see now that disease is not a matter of crude cell dysfunction, for there are obviously other invisible forces at work in the subtle body, for if not, why is it that people with extra-sensory perceptive faculties can send absent healing through thought projection to any four corners of the Earth, or even to the Moon I believe, and the use of this faculty can mentally stimulate another’s body and bring it back into a state of healthy balance.

To what extent “thought power” can be utilised is anybody’s guess, but I feel that it is a factor that research scientists should start to take into consideration, for one does not know when the medicine stops healing, and the thought takes over, or vice versa. Take the “old wives cure” of rubbing ice plant on one’s warts in the hope they will disappear. Many will vouch for the validity of this treatment, and as warts are related to tumours which kill thousands of people all over the World each week, this could be a good area for research, for a wart is really a benign tumour, and science has shown that a whole variety of treatments make them almost disappear overnight, whereas with others they have to get them surgically removed, or burnt off with a variety of corrosive substances.

For an example, we get Dr. X, a researcher who decides to investigate the Ice plant cure, so after years of exhaustive tests he finds that chemically there is nothing in the plant itself that would remove a wart, or cause it to die -that is, according to his knowledge, which is heavily impregnated and shackled by orthodox attitudes.

Did he consider that the plant itself may have emanated a frequency that was detrimental to the wart –that as the green slimy juice lay in the pores of the wart, this frequency was disturbing the electrical balance of the wart’s life force, causing it to die, or that the GREEN organic matter while attached to the wart’s surface attracted a killing vibration from the atmosphere that was changing the polarity of the wart. That could be one answer for plant cells have their own vibrational energy.

Then, there is another aspect to consider, and that is the projection of positively charged energy, unconsciously directed at the wart, by the person who was rubbing on the green juice, believing it will kill the wart. Thinking can make it so, says the Bible, and the Occultist alike, so, in this case, it would be the “Faith” of the person involved in the wart rubbing ritual that would destroy this miniature tumour. Now, I wonder if our research Scientist considered these two factors; plant frequencies which can kill or cure, and self-induced spiritual healing, perfected from the sub—conscious mind that can also cure or kill. How could he test this if he is not aware of its existence? How many more factors are there involved with the subtle anatomy of all living things that we yet cannot perceive? Who knows? Yet, this scientist will do his chemical analysis, state that there is nothing of medicinal value in the ice plant so it is just a myth or, at best, may agree that the odd one here and there has been “Psyched” into self healing. So, we can see here how genuine researchers draw conclusions that can be grave errors, for all of the information about the subtle workings of the Universe is not yet known, although many psychics have much information. Very few will listen because there is, as yet, no equipment available to measure these unseen forces at work.

Recently, I read an article that was based on a report from an American Drug Manufacturing Company that does extensive research work and in this report it said the one section of their laboratory was working for seine time on Yeast Cells, their culture and growth, and they found that batches of the yeast culture mysteriously died, and no amount of investigation could provide the answer. Every law they knew, they applied, but could still not come up with an answer, until one of the researchers read an article in some magazine about the effect of negative body “vibes” that emanate from human beings, and the effect it has on plant tissue. You know the old one about talk to your plants and they willll grow, etc. So they started the project again and by a process of elimination found that two of the workers, a woman in the mid—thirties and a youngish man in his twenties, seemed to be the source of the trouble, for when they were shifted away from the yeast cell culture trays and did not handle them, then there were no failures.

Further investigation showed by medical examination that the woman had undetected cancer, and the young man had bad domestic problems, with lots of worry and was a secret drinker, so the vibrations emanating from these two were bad enough to halt the growth of these simple single celled units of organic matter.

The same laboratory then conducted a further series of tests, bringing in outsiders who were known to have specific diseases and letting them handle the culture trays that contained the yeast cells. In every case the growth was either nil, or severely retarded after being exposed to the radiations of the sick people. One could interpret the results in two ways – firstly, it could have been the negative forces exuding from the sick operator, or secondly the cells may have died due to the fact that the sick person vampired all of the life force out of the yeast cells into their own auric field what you would term as “Auric draining”. Whatever the reason for this reaction, it is still interesting to note, and, if it is factual, then what sort of damage are we doing to each other when we are sick, and how are the plants etc. faring around us during these periods?

CAN HAPPINESS PREVENT DISEASE? Well, scientists all over the World are becoming more and more aware that the happy, well adjusted person never seems to be bothered much by sickness or disease, and closer to believing that Cancer has its roots in psychological illness, for the sad, lonely introvert seems to be the one who gets hit the hardest in this field, especially with Cancer. In women, there is some indication of a consistent

personality pattern that can provide the right environment for the Cancer to start. One is where the woman's Mother had been a very dominant person in the family home, as well as the woman, herself, having sex problems - this tended to make her withdraw, due to the fear of emotional involvement, and these people regretted the loss of this deep emotional relationship, and Cancer seems to thrive on hopelessness and despair.

Sometimes a woman who is married to a top executive who is busy night and day starts to worry about losing her man and this creates an unhealthy emotional climate, tensions, insecurity, anxiety, loneliness - they all play their part, and there seems to be some indication that this can contribute in some way to breast cancer and cancer of the cervix.

Yet, there are other scientists who believe that the artificially made Nylon can be a major cause, for Nylon develops its own static electrical field, and the wearing of Nylon night attire to bed, and Nylon pants and bras as well as underslips during the day can introduce new fields of electrical frequencies into the auric areas near the chakra points and cause imbalance in these areas allowing the Cancer cell to grow. If this is true, or can be proved, it is a good case for returning to natural fibre, and personally I believe that this theory could have some substance. However, trying to keep cheerful and happy is a good therapy.

Finally, on the Chakras, I will mention the 8th chakra this is not shown on the chart, as it is only accepted by a few occultists and when mentioned, always seems to start an argument with the old school of seven pointers. This is called the CAROTID chakra and I always use it in our Healing work, for it is responsible for the control of the BLOOD pressure. Some attribute this function to the Heart Chakra, but this is not so, for the heart is only concerned with the circulation of the Blood. When one stimulates this chakra point, it induces relaxation and gives a calming effect, thereby automatically lowering blood pressure. This point, I feel, is only a minor Chakra centre, like the two on the hands and the feet. It has been suggested by some naturopaths that there are as many as 49 minor chakra points, and I can quite believe this, for it is similar to ACUPUNCTURE and they have a whole list of energy points on the Human frame which they stimulate with their little needles, so it could be quite true.