

# Freestyle DAILY



Wednesday March 22<sup>nd</sup>, 2006

Norwegian Sun

St. Thomas, US Virgin Islands

Today's Forecast

Scattered Clouds, 81F / 27C

Sunrise

6:23AM

Sunset

6:30PM

Suggested Attire

Resort Casual/50's & 60's

## IMPORTANT INFORMATION

As the Port of Charlotte Amalie, St. Thomas is our port of entry back into the United States of America, please note that there will be a Mandatory U.S. Customs & Border Protection Inspection for ALL GUESTS onboard, whether you intend to go ashore or remain on board. This inspection will apply to ALL GUESTS regardless of nationality and age. The inspection will commence once the Officials have boarded the vessel upon arrival in port. Due to limited space of the lounges, please do not proceed until your group assignment schedule or an announcement has been made directing you to the inspection lounge.

For all US Citizen guests: inspection will take place in the STARDUST LOUNGE on Deck 6 Aft (Please bring your passports).

For all Non-US Citizen guests & Alien Residents of United States: inspection will take place in OBSERVATION LOUNGE on Deck 12 Fwd.

## WELCOME TO ST. THOMAS, U.S. VIRGIN ISLANDS at 8:00AM

(approximately) Norwegian Sun docks in St. Thomas. We must wait for clearance from the local officials and set our gangway before anyone proceeds ashore. Please listen for announcements & remember to present your Sun Key Card & Photo ID to Security Officials prior to disembarking. You must also present your US Immigration Clearance Pass to Security on the gangway as proof you have cleared with Immigration. Guests on Shore Excursions: please check your tour ticket for correct meeting time & location. **All aboard** for guests will be at **4:30PM** as the Norwegian Sun sets sail for Samana Dominica!

## TODAY'S TOP ACTIVITIES

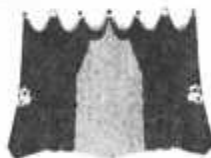
- **50's & 60's Sock Hop** - Join your Cruise Director's Staff and Harmony & Rhythm for our oldies-but-goodies Rock & Roll Sock Hop featuring the Twist and other classics. Pick up a drink special, the '57 Chevy for \$5.50. Have your cameras ready for a special performance! **Dazzles Disco, Deck 6, Mid, at 11:00PM!**

## SHOWTIME TONIGHT

### Spotlight Showtime

Comedy Magic with

**Jeff Moche**



**STARDUST LOUNGE DECKS 6 & 7 AFT**

**7:30PM & 9:30 PM**

### PORT & SHOPPING

...DIAMONDS...

...TANZANITE...

...WATCHES...

...DEL SOL...

**ST THOMAS**

#1 Tax and Duty Free island in the Caribbean!

This is the day to go shopping crazy! Take your maps and enjoy the recommended shopping ashore!

### SHORE EXCURSIONS

Last minute decisions on St. Thomas? The Shore Excursion Team is available on the pier for any last minute decisions and bookings for today! Don't forget to check your tickets for your meeting time and location.

**REMINDER:** ALL guests must go through immigration **BEFORE** proceeding to meeting location on tour ticket.

### SUN CLUB CASINO

It's 50's 60's in the Casino tonight! Enjoy a 2 for 1 Drink special from Midnight-1:00am. Play our new Cash Connection Fleet wide Progressive, over \$ 144,000 waiting to be won! Don't forget about our Triple play Chip promotion, \$10 gets you \$15 in table gaming chips. (Not for Texas Hold'em)

Hours: 5:30pm-close Location: Sun Casino, Deck 7, Mid

## WELCOME TO ST. THOMAS

St. Thomas is the classic cruise-lover's port, combining the beauty of a little tropical island featuring superb beaches, diving and sailing, with the laid back fun of a shopping Shangri-La. Charlotte Amalie, the capital of the U.S. Virgin Islands was founded by the Danes and has been a haven for merchant, naval and buccaneer ships since the 1600s. Ruins of their fortifications are testimony to the island's history. The shopping along Main Street is legendary - a row of former pirate warehouses near the harbor is now a cluster of duty-free shops stocked with imported luxuries. St. Thomas boasts some of the best scenic viewing in the Virgin Islands. Its picturesque harbor is the busiest in the Caribbean and with varied atmospheres make St. Thomas the liveliest of the U.S. Virgin Islands with 2 million visitors per year.

### Port Agent Info

Alfred Lloyd, Manager - West Indian Company, Ltd  
(340) 690-1140

## AIRPORT TRANSFERS

We are pleased to offer you a selection of travel options in order to ensure a smooth disembarkation procedure in Miami. Bus transfers are available to either Miami International Airport for \$12/person (flights must be after 1:00PM), OR Ft. Lauderdale Airport for \$15.00/person (flights must be after 1:30PM) and will be charged to your onboard account. Forms are available in your stateroom or at the Shore Excursions desk, in the Atrium, Deck 5. **DEADLINE TO SIGN UP FOR TRANSFERS IS 12:00PM (Noon) ON FRIDAY.**

## FREE CARD BINGO SESSION

Join your bingo team today and bring your FREE bingo card for your chance to win big bingo bucks!

**5:15PM Dazzles Disco, Deck 6, Mid**

## MORNING ACTIVITIES

|                  |                                                                               |                            |
|------------------|-------------------------------------------------------------------------------|----------------------------|
| Upon arrival     | Shore Excursion Team is available for last minute bookings!                   | On Pier                    |
| 8:00AM (approx.) | <b>Welcome to St. Thomas, U.S. Virgin Islands</b>                             |                            |
| 8:00AM           | <b>SA</b> - Morning Yoga - (\$10 p/p) with your <i>Fitness Instructors</i>    | Fitness Room, Deck 11, Fwd |
| 8:00AM           | <b>SA</b> - Walk A Mile - with your <i>Cruise Director's Staff</i>            | Outside Deck 6, Stb, Fwd   |
| 8:00AM-11:00AM   | First Wave- Bloody Mary and Caesar Specials! \$4.25                           | All Open bars              |
| 9:00AM-10:00AM   | Library is open for book selection - with your <i>Cruise Director's Staff</i> | Library, Deck 6, Aft       |
| 9:00AM-NOON      | Volleyball Nets are available to play at your own leisure                     | Deck 12, Aft               |
| 11:00AM          | Movie Time: "The Big White" (1 hrs 42 min Rated R)                            | Dazzles Disco, Deck 6, Mid |
| 11:15AM          | Morning Trivia - with your <i>Cruise Director's Staff</i>                     | Windjammer, Deck 6, Mid    |

## AFTERNOON ACTIVITIES

|               |                                                                                         |                            |
|---------------|-----------------------------------------------------------------------------------------|----------------------------|
| 1:00PM        | <b>SA</b> - Shuffleboard Challenge- with your <i>Cruise Director's Staff</i>            | Sports Court, Deck 12, Aft |
| 1:30PM        | Informal Bridge Play - with your fellow guests                                          | Conference Rm, Deck 6, Mid |
| 2:00PM        | Movie Time: "The Big White" (1 hrs 42 min Rated R)                                      | Dazzles Disco, Deck 6, Mid |
| 2:00PM-4:00PM | Norwegian Sun Treasure Hunt- Pick up your Forms! Prizes at 4:30PM                       | Library, Deck 6, Aft       |
| 2:15PM        | Arts & Crafts: <i>Ribbon Roses</i> - with your <i>Cruise Director's Staff</i>           | Windjammer, Deck 6, Mid    |
| 3:00PM-5:00PM | Library is open for book selection - with your <i>Cruise Director's Staff</i>           | Library, Deck 6, Aft       |
| 3:15PM        | Chess Play - with your fellow guests                                                    | Conference Rm, Deck 6, Mid |
| 4:00PM        | Ten Minute Mystery & Su Duko - with your <i>Cruise Director's Staff</i>                 | Library, Deck 6, Aft       |
| 4:30PM        | <b>All Aboard</b> - as the Sun sets sail for Samana, Dominica!                          |                            |
| 4:30PM-6:30PM | <b>Sailaway Party</b> - with <i>Roots Link</i>                                          | Poolside, Deck 11, Mid     |
| 5:00PM        | <b>SA</b> - Pilates Conditioning Class(\$10 p/p) - with your <i>Fitness Instructors</i> | Fitness Room, Deck 11, Fwd |
| 5:00PM        | Ladies of the Red Hats- meet with your fellow guests                                    | Java Café, Deck 5, Mid     |
| 5:00PM-7:00PM | Try our Martini Special. Today is the <i>Appletini</i>                                  | Windjammer, Deck 6, Mid    |
| 5:15PM        | Afternoon Trivia - with your <i>Cruise Director's Staff</i>                             | Windjammer, Deck 6, Mid    |
| 5:15PM        | <b>FREE CARD BINGO</b> - bring your FREE card!                                          | Dazzles Disco, Deck 6, Mid |

## EVENING ACTIVITIES

|                      |                                                                                             |                            |
|----------------------|---------------------------------------------------------------------------------------------|----------------------------|
| 1 hour after sailing | Sun Club Casino Tables and Slots Opens                                                      | Casino, Deck 7, Mid        |
| 6:00PM               | <b>SA</b> - Stretch & Relax Class (complimentary) - with your <i>Fitness Team</i>           | Fitness Room, Deck 11, Fwd |
| 6:00PM               | Friends of Bill W.- with your fellow guests                                                 | Tech Styles, Deck 6, Mid   |
| 6:00PM-10:00PM       | Fun Professional Portraits this evening                                                     | Atrium, Deck 6, Mid        |
| 6:45PM-7:30PM        | Great piano melodies with <i>Tim</i>                                                        | Windjammer, Deck 6, Mid    |
| 7:00PM               | Merengue Dance Class - with World Ranked dancers <i>Olga and Dima</i>                       | Fitness Room, Deck 11, Fwd |
| 7:00PM-9:00PM        | Spin To Win FREE Pull Slot Machine                                                          | Casino, Deck 7, Mid        |
| 7:30PM & 9:30PM      | <b>SPOTLIGHT SHOWTIME</b> - featuring <i>Jeff Moche</i>                                     | Stardust, Decks 6 & 7, Aft |
| 7:45PM-9:15PM        | Karaoke Time In Our Room With A View!- with your <i>Cruise Staff</i>                        | Observation, Deck 12, Fwd  |
| 8:30PM               | Who's Got Brain? A new game show with your <i>Cruise Director's Staff</i>                   | Dazzles Disco, Deck 6, Mid |
| 9:00PM-10:00PM       | Folk Songs with <i>Don Dunn</i> on acoustic guitar and vocals                               | Las Ramblas, Deck 12, Aft  |
| 9:30PM-10:15PM       | 50's/60's Music- with <i>Twice as Nice</i> & an appearance by <i>Olga &amp; Dima</i>        | Observation, Deck 12, Fwd  |
| 9:30PM-10:30PM       | Oldies But Goodies- with <i>Harmony &amp; Rhythm</i>                                        | Dazzles Disco, Deck 6, Mid |
| 10:15PM-11:00PM      | Dixieland Jazz with the <i>Norwegian Sun Musicians</i>                                      | Windjammer, Deck 6, Mid    |
| 10:30PM              | <b>LATE NIGHT COMEDY CLUB</b> - with comedian <i>John Knight</i>                            | Dazzles Disco, Deck 6, Mid |
| 11:00PM-Midnight     | <b>50's &amp; 60's Sock Hop.</b> With <i>H&amp;R</i> and the <i>Cruise Director's Staff</i> | Dazzles Disco, Deck 6, Mid |
| 11:15PM-Close        | Late Night Jazz with the <i>Norwegian Sun Showband</i>                                      | Windjammer, Deck 6, Mid    |
| Midnight-Arrival     | Casino Slots are open all night                                                             | Casino, Deck 7, Mid        |
| Midnight-Close       | <i>DJ Shifoy</i> is here to play the tunes you want to dance too (18 yrs & up)              | Dazzles Disco, Deck 6, Mid |

**LATE NIGHT COMEDY CLUB**

Norwegian Cruise Lines is proud to bring back to the stage the comedy of *John Knight*. Join *John* for another night of great comedy. One show only!

Time: 10:30PM

Location: Dazzles Disco, Deck 6, Mid

**SPOTLIGHT SHOWTIME****Norwegian Cruise Lines**

Proudly presents:

**"Jeff Moche"**

Mix one part magic with three parts laughter and shake vigorously. You get a great night of entertainment that's fun for the whole family.

**A show not to be missed!**

**7:30PM & 9:30PM**

**Stardust, Decks 6 & 7, Aft**

**FREESTYLE DINING**

24 Hour-Service Room Service Dial #27/28

**BREAKFAST**

|                |                                   |              |
|----------------|-----------------------------------|--------------|
| 5:30AM-6:30AM  | Early Riser - Las Ramblas         | Deck 12, Aft |
| 6:30AM-10:30AM | Breakfast - Garden Café           | Deck 11, Aft |
| 7:00AM-10:00AM | Breakfast - Great Outdoor Café    | Deck 11, Aft |
| 7:00AM-10:00AM | Omelets- Las Ramblas              | Deck 12, Aft |
| 7:00AM-10:00AM | Waffle Breakfast- Pacific Heights | Deck 11, Aft |
| 7:30AM-9:30AM  | Continuous Breakfast - Seven Seas | Deck5, Aft   |

**LUNCH**

|                |                               |              |
|----------------|-------------------------------|--------------|
| 11:00AM-3:00PM | Lunch - Great Outdoor Café    | Deck 11, Aft |
| Noon -3:00PM   | Lunch - Garden Café           | Deck 11, Aft |
| Noon-1:30PM    | Continuous Lunch - Seven Seas | Deck5, Aft   |

**SNACKS**

|                  |                                 |              |
|------------------|---------------------------------|--------------|
| 11:00AM-10:00PM  | Sprinkles Ice Cream             | Deck 11, Aft |
| 3:00PM-5:30PM    | Snacks - Great Outdoor Cafe     | Deck 11, Aft |
| 5:30PM-6:00AM    | Late Night Snacks - Sports Bar  | Deck 11, Aft |
| 5:30PM-10:00PM   | Tapas - Las Ramblas             | Deck 12, Aft |
| 10:00PM-Midnight | Late Night Snacks - Garden Café | Deck 11, Aft |
| 11:00PM-1:00AM   | Casino Late Night Snacks        | Deck 7, Mid  |

**DINNER**

|                |                              |              |
|----------------|------------------------------|--------------|
| 5:30PM-10:00PM | Italian Buffet - Garden Café | Deck 11, Aft |
| 5:30PM-9:30PM  | French Dinner - Four Seasons | Deck, 5, Mid |
| 6:00PM-10:00PM | French Dinner - Seven Seas   | Deck 5, Aft  |

**SPECIALTY RESTAURANTS**

|              |                            |                        |              |
|--------------|----------------------------|------------------------|--------------|
| 5:30PM-Close | <i>Pacific Heights</i> #93 | Cooking Light          | Deck 11, Aft |
| 5:30PM-Close | <i>Ginza</i> #82           | Teppanyaki             | Deck 12, Aft |
| 5:30PM-Close | <i>Ginza</i> #82           | Sushi Bar              | Deck 12, Aft |
| 6:00PM-Close | <i>East Meets West</i> #82 | Steak House            | Deck 12, Aft |
| 6:00PM-Close | <i>Il Adagio</i> #80       | Fine Italian           | Deck 5, Mid  |
| 6:00PM-Close | <i>Le Bistro</i> #81       | French / Mediterranean | Deck 12, Aft |

Reservations are highly recommended for all Specialty Restaurants. Call 58200 or visit the Restaurant Reservation Desk located in the Atrium Deck 5 Mid Ship between the hours of 8:00am-5:00pm. Cover Charges Apply (Includes all items except A La Carte) - East Meets West Steakhouse \$20.00, Le Bistro 15.00, Il Adagio \$12.50. Individual pricing applies for Ginza. (Teppanyaki & Sushi Bar). A fee of \$5.00 per person will be charged for cancellations after 5:00 PM. There is no charge for dining in Pacific Heights or Las Ramblas.

**MUSICAL ENTERTAINMENT****Roots Link**

Enjoy the sounds of Roots Link during the afternoon and our Sail Away from St. Thomas!

Poolside, Deck 11, Mid

3:00PM-4:00PM

4:30PM-6:30PM (Sailaway)

**ENRICO BRAZA**

Piano Melodies

Atrium, Deck 5, Mid

5:30PM-6:30PM

Windjammer, Deck 6, Mid

6:45pm-7:30pm (Tim)

8:15PM-9:00PM

9:15PM-10:00PM

**Harmony & Rhythm**

Oldies but Goodies and a 50's/60's Sock Hop 11:00PM!

Dazzles Disco, Deck 6, Mid

7:30PM-8:15PM

9:30PM-10:30PM (Oldies)

11:00PM-Midnight (50's/60's)

**Don Dunn**

Folk Songs with *Don* on acoustic guitar and vocals at 9:00PM.

Las Ramblas, Deck 12, Aft

8:00PM-8:45PM

9:00PM-10:00PM(Folk Songs)

10:15PM-Close

**Twice as Nice**

*Westley and Shelly* entertain you with the music of the 50's and 60's tonight.

Observation Lounge, Deck 12, Fwd

9:30PM-10:15PM (50's/60's)

10:30PM-Close

**Sun Showband**

*Jazz Night*

Windjammer, Deck 6, Mid

10:15PM-11:00PM (Dixieland)

11:15PM-Close (Late Night)

## BAR SERVICES

|                   |                       |              |
|-------------------|-----------------------|--------------|
| 3:30PM-Close      | Champs Bar            | Deck 12, Fwd |
| 7:00AM-Close      | Great Outdoor         | Deck 11, Aft |
| 7:00AM-Close      | Java Café             | Deck 5, Mid  |
| 8:00AM-Close      | Topsiders Bar         | Deck 11, Aft |
| 10:00AM-Close     | Sports Bar            | Deck 11, Aft |
| 4:30PM-Close      | Champagne Bar         | Deck 7, Mid  |
| 4:30PM-Close      | Observation Lounge    | Deck 12, Fwd |
| 4:30PM-Close      | Windjammer/Havana Bar | Deck 6, Mid  |
| 5:30PM-Close      | Las Ramblas           | Deck 12, Aft |
| ½ hour after sail | Casino Bar            | Deck 7, Mid  |
| 7:30PM- Close     | Dazzles Disco Bar     | Deck 6, Mid  |

## PROMOTIONS

|                   |                                               |                 |
|-------------------|-----------------------------------------------|-----------------|
| Drink of the Day: | <i>Blue Hawaii-</i> \$8.00 in an NCL Glass    | All Bars        |
| Coffee Special:   | <i>Paradise Coffee-</i> \$5.75                | All Inside Bars |
| Liqueurs:         | <i>All Liqueurs served in Love Cup</i> \$5.50 | All Inside Bars |
| Today's Smoothie: | <i>Strawberry &amp; Banana-</i> \$9.00        | All Bars        |

## GUEST SERVICES

|                 |                                      |              |
|-----------------|--------------------------------------|--------------|
| 1 hr after sail | Casino Opens                         | Deck 7, Mid  |
| ½ hr after sail | Galleria Shops-Shops Close 11:00PM   | Deck 7, Aft  |
| 6:00PM-11:00PM  | Hollywood At Sea DVD Rental          | Deck 6, Mid  |
| 8:00AM-10:00AM  | Internet Manager's hours             | Deck 6, Mid  |
| 5:00PM-7:00PM   | Internet Manager's hours             | Deck 6, Mid  |
| 8:00PM-11:00PM  | Internet Manager's hours             | Deck 6, Mid  |
| 9:00AM-10:00AM  | Library                              | Deck 6, Aft  |
| 3:00PM-5:00PM   | Library                              | Deck 6, Aft  |
| 8:00AM-11:00PM  | Mandara Spa & Salon (#29)            | Deck 11, Fwd |
| 8:30AM-10:00AM  | Medical Center                       | Deck 3, Fwd  |
| 4:00PM-5:00PM   | Medical Center                       | Deck 3, Fwd  |
| 8:00AM-Noon     | Onboard Credit Desk                  | Deck 5, Mid  |
| 5:00PM-7:00PM   | Onboard Credit Desk                  | Deck 5, Mid  |
| 4:00PM-11:00PM  | Photo Gallery / Photo Shop           | Deck 6, Aft  |
| 6:30PM-7:30PM   | Latitudes & Future Cruise Consultant | Deck 5, Mid  |
| Open 24 hours   | Reception Desk                       | Deck 5, Mid  |
| 6:00PM-8:00PM   | Shore Excursion                      | Deck 5, Mid  |

## IMPORTANT NOTICES:

**Emergency Number:** The ships emergency number is 911 from any ships phone!

**Medical Sharps:** Ask your room steward for a sharps container for needle disposal

**Environmental Hotline:** You may phone hotline at 877-501-5976 or E-mail [semshotline@ncl.com](mailto:semshotline@ncl.com) **Reports are confidential**

**Casino:** Must be 18 years or older to gamble or remain in the casino. No winnings or payment due will be honored for any person or bet in violation of this rule.

**Customer Relations:** Help us resolve your onboard service issues quickly by contacting the Reception Desk at #20 or call 1-866-625-1164

**Raw Food Warning:** There is a risk associated with consuming raw oysters or animal protein.

**Smoking Policy:** Smoking permitted in designated areas & open decks. Cigar & Pipe smoking are permitted in the Havana club Deck 6, Mid & open decks.

## ON BOARD SERVICES

### FUTURE CRUISES

Beat the Rush!!! Reserve your next cruise early with no obligation. See *Candace*, your Future Cruise Consultant.  
Deck 5, Atrium 6:30PM-7:30PM

### MANDARA SPA

Create your own package today!  
One treatment= \$45 or  
Any 2 = only \$79  
All treatments 25 minutes each.  
Choose From: Full Body Aromatic Sea Salt Exfoliation; Foot & Ankle Massage; Deluxe Spa Manicure; New York/Express Facial

### GALLERIA

Great savings on great watches. Up to 44% off selected watches: Citizen, Seiko, Omega, Tag Heuer, Skagen, Rado, Guess and more! FREE samples of Tortuga Rum Cake. Inch of Gold from \$1 an inch. Purchase 21" of \$2 or more and get a FREE matching bracelet.

### PHOTO GALLERY

**Pirate Pictures are available + Free Keepsake 6:00PM-10:00PM.**

### ART GALLERY

Come and view some incredible works of Art by of the Worlds leading artists. Stunning works on show by **Picasso, Salvador Dali** and The incredible **Alexandra Nechita**. Save up to **80%** on land based prices. All art is Tax and Duty Free! Your Art Director **Marcus** will be in attendance in the Art Gallery located in the Atrium, Deck 7, Mid from 8:00PM-10:00PM.



NORWEGIAN CRUISE LINE

FREESTYLE CRUISING