

Freestyle DAILY



Tuesday, March 21st, 2006

Norwegian Sun

Tortola, British Virgin Islands

Today's Forecast

Clear, 78F/ 26C

Sunrise

6:26AM

Sunset

6:32PM

Suggested Attire

Resort Casual/Caribbean

THE NCL WAY

Our mission is to offer unique cruise vacations and to delight our guests with friendly and efficient service from a dedicated, passionate team...with the spirit of determination and innovation.

WELCOME TO TORTOLA, BRITISH VIRGIN ISLANDS at approximately

1:00PM Norwegian Sun docks in Tortola. We must wait for clearance from the local officials and set our gangway before anyone proceeds ashore. Please listen for announcements & remember to present your Sun Key Card to Security Officials prior to disembarking. Please do not go to the gangway until a ship's clearance announcement has been made. As well, each individual should take a valid photo ID with them for their return to the vessel. **All aboard** for guests will be at **7:30PM** as the Norwegian Sun sets sail for St. Thomas!

TODAY'S TOP ACTIVITY

CARIBBEAN DECK PARTY

Join your Cruise Director's Staff, our calypso band *Roots Link* along with your fellow guests for a night of fun, dancing, contests, Ice carving & surprises. Music begins at 10:15PM & the festivities follow at 10:30PM. Grab a "**Cool Runnings**" Drink Special, served in a Coconut Monkey Head, for only \$9.95. See you **Poolside, Decks 11 & 12** for all of the fun!

SHOWTIME TONIGHT

"Que Noche"

Jean Ann Ryan Company

Meet and take photos with the Cast in Costume after the show!



STARDUST LOUNGE DECKS 6 & 7 AFT

7:30PM & 9:30 PM

SHORE EXCURSIONS

Last minute bookings for Tortola? Your Shore Excursion team is available on the pier during dispatch times if you need to book a tour for today.

Don't forget to check your tickets for meeting times and locations!

Time: upon arrival

Location: on the pier

SUN CLUB CASINO

It's Ladies night in the Casino! FREE drinks for all the ladies playing in the casino between Midnight - 1:00AM. Mystery Raffle for the lady players at Midnight. Ladies get \$10 Cash back for 5 Seabucks earned between 8:00pm-midnight. All "CAS" Slot players earn TRIPLE points from midnight - 2:00am.

Hours: 8:30pm (approx)-Close

Location: Casino, Deck 7, Mid

ART AUCTION

Old & modern master's auction. This collector's auction features **Picasso, Salvador Dali, Nechita, Chagall** as well as other popular fine artists. Save 40%-80% below land gallery prices! Fun, Champagne, & \$3000 art raffle!

Time: Preview at 11:00AM

Auction at 11:30AM

Location: Dazzles, Deck 6, Mid

PORT & SHOPPING

WATCHES & EMERALDS

Tourneau watches, largest Tax & Duty Free Shop + a beautiful Colombian Emeralds store.

Make sure to take your maps with you when you go ashore!

Neil will be available on the gangway for any shopping questions from arrival until 2:00PM

WELCOME TO TORTOLA

British Virgin Islands: Approximately 60 miles east of Puerto Rico, this archipelago of some 40 islands is a majestic cluster of distinct beauty. It's serene harbors, rugged mountains, groves of bananas and fringed palm trees are delightful treasures that remain untouched by industrial development. Its delightful simplicity remains due in part to the fact that developments are not allowed to rise higher than the fringed palm trees. Although there are 50 islands, rocks and cays dotting the sparkling blue sea, many of them are uninhabited. Chiefly volcanic in origin, with the exception of Anegada, which is a coral and limestone atoll, most of the islands are grouped around the Sir Francis Drake Channel, named after the daring British adventurer who launched an attack against the Spanish from the islands in 1595.

The British Virgin Islands have retained a sense of blissful serenity, which is seductive and spectacularly beautiful, scented with frangipani and ginger thomas. There are lush areas where palms and tropical fruit trees thrive, as well as hills spotted with cactus, loblolly, frangipani and wild tamarind. In the valleys, there are brilliant tropical blooms, including hibiscus, bougainvillea and flamboyant. Along the seashores, it is not uncommon to see mangrove and sea grape trees sculpted by the wind. No wonder they are known as "Nature's Little Secrets".

Port Agent Info

Chris Haycraft, Manager, Island Shipping & Trading Co.Ltd
(284) 496-7034

AIRPORT TRANSFERS

We are pleased to offer you a selection of travel options in order to ensure a smooth disembarkation procedure in Miami. Bus transfers are available to either *Miami International Airport* for \$12/person (flights must be after 1:00PM), OR *Ft. Lauderdale Airport* for \$15.00/person (flights must be after 1:30PM) and will be charged to your onboard account. Forms are available in your stateroom or at the Shore Excursions desk, in the Atrium, Deck 5. **DEADLINE TO SIGN UP FOR TRANSFERS IS 10:00AM ON FRIDAY.**

Evian Water will be available for purchase at the gangway.

Beach Towels will be available for sign out on the gangway or on the pier.

MORNING ACTIVITIES

8:00AM-11:00AM	First Wave- Bloody Mary and Caesar Specials \$4.25	All Open bars
8:00AM-5:00PM	Specialty Restaurants taking reservations at desk	Atrium, Deck 5, Mid
8:00AM-6:00PM	Golf Clubs are available for sign out - must be 15 years or older	Topsiders Bar, Deck 11, Aft
8:00AM	SA - Step Aerobics Workout (comp) - with your <i>Fitness Instructors</i>	Fitness Room Deck 11, Fwd
8:00AM	SA - Walk A Mile - with your <i>Cruise Director's Staff</i>	Outside Deck 6, Stb, Fwd
9:00AM	SA - Morning Yoga (\$10 p/p)- with your <i>Fitness Instructors</i>	Fitness Room, Deck 11 Fwd
9:00AM-11:00AM	Library is Open for book sign out- with your <i>Cruise Director's Staff</i>	Library, Deck 6, Aft
9:00AM-Noon	Volleyball Nets are available to play at your own leisure	Deck 12, Aft
9:30AM	Morning Trivia - with your <i>Cruise Director's Staff</i>	Windjammer, Deck 6, Mid
9:30AM	Future Cruise Presentation with <i>Candace</i>	Dazzles Disco, Deck 6, Mid
10:00AM	Mason Meeting- with your fellow guests	Java Café, Deck 5, Mid
10:00AM	SA - Indoor Cycling/Spinning (\$10 p/p)	Fitness Room, Deck 11 Fwd
10:00AM	DOUBLE RAFFLE TICKET BINGO - with your <i>Cruise Director's Staff</i>	Dazzles Disco, Deck 6, Mid
11:00AM	SA - Ping Pong Challenge - with your <i>Cruise Director's Staff</i>	Deck 12, Aft
11:00AM	SA - Circuit-Boxing (comp)	Fitness Room, Deck 11 Fwd
11:00AM	Old Masters Art Auction Preview - Auction commences at 11:30AM	Dazzles Disco, Deck 6, Mid

AFTERNOON ACTIVITIES

Noon-1:00PM	Poolside Party with <i>Harmony & Rhythm</i>	Poolside, Deck 11, Mid
1:00PM	Welcome to Tortola, British Virgin Islands	
Upon arrival	Shore Excursion Team is available for last minute bookings!	On Pier
1:30PM	Informal Bridge Play - with your fellow guests	Conference Rm, Deck 6, Aft
2:00PM	SA - 3 on 3 Basketball tournament with your <i>Cruise Director's Staff</i>	Deck 12, Aft
2:15PM	Arts & Crafts: <i>Balloon Flowers</i> - with your <i>Cruise Director's Staff</i>	Windjammer, Deck 6, Mid
3:00PM-5:00PM	Sun Trivia Search #1- Pick up your forms! Collect Answers! Prizes at 5:30PM	Library, Deck 6, Aft
3:15PM	Backgammon time! Play a game with your fellow guests	Conference Rm, Deck 6, Aft
4:00PM	Movie Time: "An Unfinished Life" (1 hr 48 min Rated PG-13)	Dazzles Disco, Deck 6, Mid
4:00PM-6:00PM	Library is Open for book sign out- with your <i>Cruise Director's Staff</i>	Library, Deck 6, Aft
4:15PM	Ten Minute Mystery & Su Duko	Library, Deck 6, Aft
5:00PM-7:00PM	Try our Martini Special. Today is the <i>Espresso</i>	Windjammer, Deck 6, Mid
5:15PM	Afternoon Team Trivia - with your <i>Cruise Director's Staff</i>	Windjammer, Deck 6, Mid

EVENING ACTIVITIES

6:00PM	Friends of Bill W. Meet - with your fellow guests	Tech Styles, Deck 6, Fwd
6:00PM-10:00PM	Fun & Professional Portraiture this evening.	Atrium, Deck 5, Mid
7:00PM-7:30PM	Murder Mystery Dinner Sign Up - Space is limited! (18 years and over)	Library, Deck 6, Aft
7:00PM-8:15PM	Karaoke- Your chance to sing your favorite tune	Dazzles Disco, Deck 6, Mid
7:00PM-9:00PM	Spin To Win Free Pull Slot Machine	Casino, Deck 7, Mid
7:30PM	All Aboard as the Sun sets sail for St. Thomas 59 miles	
½ hour After Sailing	Sun Club Casino Tables and Slots Opens	Casino, Deck 7, Mid
7:30PM & 9:30PM	Showtime: Que Noche - featuring the <i>Jean Ann Ryan Company</i>	Stardust, Decks 6 & 7, Aft
8:15PM-9:00PM	Join <i>Dan</i> for atmosphere and entertainment in the piano bar	Windjammer, Deck 6, Mid
8:30PM	The Weakest Link - with your <i>Cruise Director's Staff</i>	Dazzles Disco, Deck 6, Mid
8:30PM-9:15PM	Dynamic Duos with <i>Twice as Nice</i>	Observation, Deck 12, Fwd
9:00PM-10:00PM	"I Write The Songs" - Singers Songwriters and their hits with <i>Don Dunn</i>	Las Ramblas, Deck 12, Aft
9:30PM-10:15PM	Beatlemania with <i>Harmony & Rhythm</i>	Dazzles Disco, Deck 6, Mid
10:15PM-Midnight	Caribbean Deck Party - <i>Roots Link, Cruise Staff, Bar Staff and more</i>	Poolside, Deck 11, Mid
10:45PM	Ice Carving demonstration	Poolside, Deck 11, Mid
11:15PM-Close	Dance the night away with <i>DJ Shijoy</i> (18 and over after 11pm in Dazzles)	Dazzles Disco, Deck 6, Mid
Midnight-Arrival	Casino Slots are open all night	Casino, Deck 7, Mid

THE WEAKEST LINK

Tonight, join your *Cruise Director's Staff* for our version of the wacky game show, *The Weakest Link*. Come on out to play, or just to watch the fun and craziness as we see if you no the top answers to our questions.

Time: 8:30PM

Location: Dazzles Disco, Deck 6, Mid

SHOWTIME

Norwegian Cruise Line presents:
"Que Noche"

This celebration of Latin music and life is certain to entertain you!

Jean Ann Ryan Company
Meet and take photos with the *Cast in Costume* after the show!

Flash photography, video & audio recording are strictly prohibited during the show.

7:30PM & 9:30PM
Stardust, Decks 6 & 7, Aft

MUSICAL ENTERTAINMENT

Harmony & Rhythm

11:30AM-12:30PM Poolside Party
Poolside, Deck 11, Mid
BeatleMania at 9:30PM
Dazzles Disco, Deck 6, Mid
9:30PM-10:15PM (BeatleMania)
10:30PM-11:15PM

ENRICO BRAZA

A great way to relax, with *Enrico!*
Atrium, Deck 5, Mid
5:30PM-6:30PM
8:30PM-10:15PM
Windjammer, Deck 6, Mid
6:45PM-7:30PM

Dan Hodge

Dan entertains at the piano
Windjammer, Deck 6, Mid
8:15PM-9:00PM
9:15PM-10:00PM
10:15PM-Close

Twice as Nice

Dynamic Duos and their music, with
Twice as Nice
Observation, Deck 12, Fwd
8:30PM-9:15PM (Dynamic Duos)
9:30PM-10:15PM

Don Dunn

"I Write The Songs" with *Don*
Las Ramblas, Deck 12, Aft
9:00PM-10:00PM (I write the songs)
10:15PM-Close

Roots Link

Caribbean Night with the boys of
Roots Link
Poolside, Deck 11, Mid
10:15PM-Close

DJ Shijoy

Enjoy *DJ Shijoy* all evening until you
can't dance anymore!
(18 years and older after 11:00PM)
Dazzles Disco, Deck 6, Mid
11:15PM-Close

FREESTYLE DINING

24 Hour-Service Room Service Dial #27/28

BREAKFAST

6:00AM-7:00AM	Early Riser - Las Ramblas	Deck 12, Aft
7:00AM-11:00AM	Breakfast - Garden Café	Deck 11, Aft
7:30AM-10:00AM	Breakfast - Great Outdoor Café	Deck 11, Aft
7:30AM-10:30AM	Waffle Breakfast- Pacific Heights	Deck 11, Aft
7:30AM-10:30AM	Omelet Station - Las Ramblas	Deck 12, Aft
7:30AM-9:30AM	Continuous Breakfast - Seven Seas	Deck 5, Aft

LUNCH

11:00AM-3:00PM	Lunch - Great Outdoor Café	Deck 11, Aft
11:30AM-1:00PM	Continuous Lunch - Seven Seas	Deck 5, Aft
Noon -3:00PM	Lunch - Garden Café	Deck 11, Aft

SNACKS

11:00AM-10:00PM	Sprinkles Ice Cream	Deck 11, Aft
3:00PM-5:30PM	Snacks - Great Outdoor Cafe	Deck 11, Aft
5:30PM-6:00AM	Late Night Snacks - Sports Bar	Deck 11, Aft
5:30PM-10:00PM	Tapas - Las Ramblas	Deck 12, Aft
11:00PM-12:30AM	Caribbean Buffet - Pool Deck	Deck 11, Mid
11:00PM-1:00AM	Casino Late Night Snacks	Deck 7, Mid

DINNER

5:30PM-10:00PM	Caribbean Buffet - Garden Café	Deck 11, Aft
5:30PM-9:30PM	Caribbean Dinner - Four Seasons	Deck, 5, Mid
6:00PM-10:00PM	Caribbean Dinner - Seven Seas	Deck 5, Aft

SPECIALTY RESTAURANTS

5:30PM-Close	Pacific Heights #93	Cooking Light	Deck 11, Aft
5:30PM-Close	Ginza #82	Teppanyaki	Deck 12, Aft
5:30PM-Close	Ginza #82	Sushi Bar	Deck 12, Aft
6:00PM-Close	East Meets West #82	Steak House	Deck 12, Aft
6:00PM-Close	Il Adagio #80	Fine Italian	Deck 5, Mid
6:00PM-Close	Le Bistro #81	French / Mediterranean	Deck 12, Aft

Reservations are highly recommended for all Specialty Restaurants. Call 58200 or visit the Restaurant Reservation Desk located in the Atrium Deck 5 Mid Ship between the hours of 8:00am-5:00pm. Cover Charges Apply (Includes all items except A La Carte) - East Meets West Steakhouse \$20.00, Le Bistro 15.00, Il Adagio \$12.50. Individual pricing applies for Ginza. (Teppanyaki & Sushi Bar). A fee of \$5.00 per person will be charged for cancellations after 5:00 PM. There is no cover charge for dining in Pacific Heights or Las Ramblas.

BAR SERVICES

7:00AM-Close	Great Outdoor	Deck 11, Aft
7:00AM-Close	Java Café	Deck 5, Mid
8:00AM-Close	Topsiders Bar	Deck 11, Aft
10:00AM-Close	Sports Bar	Deck 11, Aft
3:30PM-Close	Champs Bar	Deck 12, Fwd
4:30PM-Close	Champagne Bar	Deck 7, Mid
4:30PM-Close	Observation Lounge	Deck 12, Fwd
4:30PM-Close	Windjammer/Havana Bar	Deck 6, Mid
5:30PM-Close	Las Rambias	Deck 12, Aft
½ hour after sail	Casino Bar	Deck 7, Mid
7:30PM- Close	Dazzles Disco Bar	Deck 6, Mid

PROMOTIONS

Drink of the Day:	<i>Mai Tai</i> - \$8.00	All Bars
Coffee Special:	<i>Nutty Monk</i> - \$5.75	All Inside Bars
Liqueurs:	<i>All Liqueurs served in Love Cup</i> \$5.50	All Inside Bars
Today's Smoothie:	<i>Pineapple</i> - \$9.00 (non-alcohol \$6)	All Bars

GUEST SERVICES

½ hr after sail	Casino Opens	Deck 7, Mid
9:00AM-Arrival	Galleria Shops	Deck 7, Aft
½ hr after sail	Galleria Shops-Shops Close 11:00PM	Deck 7, Aft
6:00PM-11:00PM	Hollywood At Sea DVD Rental	Deck 6, Mid
8:00AM-10:00AM	Internet Manager's hours	Deck 6, Mid
4:00PM-6:00PM	Internet Manager's hours	Deck 6, Mid
8:00PM-11:00PM	Internet Manager's hours	Deck 6, Mid
9:00AM-11:00AM	Library	Deck 6, Aft
4:00PM-6:00PM	Library	Deck 6, Aft
8:00AM-11:00PM	Mandara Spa & Salon (#29)	Deck 11, Fwd
8:30AM-10:00AM	Medical Center	Deck 3, Fwd
4:00PM-5:00PM	Medical Center	Deck 3, Fwd
8:00AM-Noon	Onboard Credit Desk	Deck 5, Mid
4:00PM-7:00PM	Onboard Credit Desk	Deck 5, Mid
4:00PM-11:00PM	Photo Gallery / Photo Shop	Deck 6, Aft
10:30AM-Noon	Future Cruise Consultant <i>Candace</i>	Deck 5, Mid
7:00PM-8:00PM	Future Cruise Consultant <i>Candace</i>	Deck 5, Mid
7:30PM-8:30PM	Port & Shopping Consultant	Deck 5, Mid
Open 24 hours	Reception Desk	Deck 5, Mid
10:00AM-Noon	Shore Excursion	Deck 5, Mid
6:00PM-8:00PM	Shore Excursion	Deck 5, Mid

IMPORTANT INFO:

Emergency Number: The ships emergency number is 911 from any ships phone!
Medical Sharps: Ask your room steward for a sharps container for needle disposal
Environmental Hotline: You may phone hotline at 877-501-5976 or E-mail semshotline@ncl.com Reports are confidential

Casino: Must be 18 years or older to gamble or remain in the casino. No winnings or payment due will be honored for any person or bet in violation of this rule.

Customer Relations: Help us resolve your onboard service issues quickly by contacting the Reception Desk at #20 or call 1-866-625-1164

Alcohol Policy: Alcoholic beverages purchased on land will be collected & secured in our bonded stores and available for pick up on debarkation morning. Service and consumption of alcoholic beverages requires 21 years of age. With written parental consent, guests 18 years and above may purchase and consume beer and wine.

Diapers: Diapers are not permitted in the pools or hot tubs by persons of any age!

Open Flames: Open flames are prohibited, including candles and burning incense!

ON BOARD SERVICES

MANDARA SPA

SEMINARS:

10:00AM - The Art of Reflexology

10:30AM - Say no to Botox

11:00AM - Facts & Fiction of Losing Weight

Spa Combo: 50 minutes \$79! Pick two! Back & Neck massage; Foot Reflexology; Refreshing Facial. TODAY ONLY!

GALLERIA

BEEN THERE, SEEN THAT! Now buy the t-shirt, buy 2 get one FREE! Visit the Galleria, the only place to purchase your NCL logo items. Colombian Emeralds: 50% off, a fantastic selection of rubies, diamonds, sapphires and emerald earrings and pendants!

Galleria Shops, Deck 7, Aft

PHOTO GALLERY

Free Keepsake with your gangway purchase! Save \$\$\$\$

INTERNET CAFE

HAPPY HOUR - 50% OFF TIME CHARGES IN THE CAFÉ. Login in today between 4:00PM-6:00PM to take advantage of this special offer. (You must bring your receipt to the Internet Manager to receive credit!)

FUTURE CRUISES

Beat the Rush!!! Reserve your next cruise early with no obligation. See *Candace*, your Future Cruise Consultant. 10:30AM-Noon 7:00PM-8:00PM Deck 5, Atrium



NORWEGIAN CRUISE LINE

FREESTYLE CRUISING