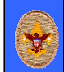
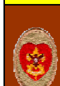
Troop 230
Stavanger, Norway

Advancement Chart

Last update: 28-April-2009

Rank	Requirement	Description	Chris Gilbert	Max Haraldsen	Nicholas Vandrey	Jacob Phipps	Daniel Reppert	Ryan Vandrey	Steven Franckowiak	William Hollomon	Alex Lyon	Andrew Phipps	Drew Weaver	Charlie Shea	Robbie Crick	Rasmus Hvid	Elliot Masham	James Rennie	Lars Singha	Jordan Tanner	Damon Vandrey
 Tenderfoot	1	Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.																			
	2	Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.																			
	3	On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.																			
	4a	Demonstrate how to whip and fuse the ends of a rope.																			
	4b	Demonstrate you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.																			
	5	Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.																			
	6	Demonstrate how to display, raise, lower, and fold the Amer flag.																			
	7	Repeat from memory and explain in your own words the Scout Oath, Law, motto, and slogan.																			
	8	Know your patrol name, give the patrol yell, and describe your patrol flag.																			
	9	Explain why we use the buddy system in Scouting.																			
	10a	Record your best in the following tests: - Push-ups - Pull-ups - Sit-ups - Standing long jump - 1/4 mile walk/run																			
	10b	Show improvement in the activities listed in requirement 10a after practicing for 30 days.																			
	11	Identify local poisonous plants; tell how to treat for exposur them.																			
	12a	Demonstrate the Heimlich maneuver and tell when it is used.																			
	12b	Show first aid for the following: - Simple cuts and scratches - Blisters on the hand and foot - Minor burns or scalds (first degree) - Bites and stings of insects and ticks - Poisonous snakebite - Nosebleed - Frostbite and sunburn																			
	13	Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.																			
	14	Participate in a Scoutmaster conference.																			
	15	Complete your board of review																			
2nd Class	1a	Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.																			
	1b	Using a compass and a map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian.																			
	2a	Since joining, have participated in five separate troop/patrol activities (other than troop/patrol meetings), two of which included camping overnight.																			
	2b	On one of these campouts, select your patrol site and sleep in a tent that you pitched.																			
	2c	On one campout, demonstrate proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.																			
	2d	Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire.																			
	2e	Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.																			
	2f	Demonstrate how to light a fire and a lightweight stove.																			
	2g	On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.																			
	3	Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity.																			
	4	Participate in an approved (minimum on one hour) service project																			
	5	Identify or show evidence of at least ten kinds of wild ani (birds, mammals, reptiles, fish, mollusks) found in your community.																			
	6a	Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.																			
	6b	Prepare a personal first aid kit to take with you on a hike.																			
	6c	Demonstrate first aid for the following: Object in the eye Bite of a suspected rabid animal Puncture wounds from a splinter, nail, and fishhook Serious burns (second degree) Heat exhaustion Shock Heatstroke, dehydration, hypothermia, and hyperventilation																			
	7a	Tell what precautions must be taken for a safe swim.																			
	7b	Demonstrate your ability to jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.																			
	7c	Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim.																			
	8a	Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco, and other practices that could be harmful to your health. Discuss your participation in the program with your family.																			
	8b	Explain the three R's of personal safety and protection																			
	9	Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.																			
	10	Participate in a Scoutmaster conference.																			
	11	Complete your board of review.																			
First Class	1	Demonstrate how to find directions during the day and at night without using a compass.																			
	2	Using a compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.)																			
	3	Since joining, have participated in ten separate troop/patrol activities (other than troop/patrol meetings), three of which included camping overnight.																			
	4a	Help plan a patrol menu for one campout that includes at least one breakfast, one lunch, and one dinner and that requires cooking at least two meals. Tell how the menu includes the foods from the food pyramid and meets nutritional needs.																			
	4b	Using the menu planned in requirement 4a, make a list showing the cost and food amounts needed to feed three or more boys and secure the ingredients.																			
	4c	Tell which pans, utensils, and other gear will be needed to cook and serve these meals.																			
	4d	Explain the procedures to follow in the safe handling and storage of fresh meats, dairy products, eggs, vegetables, and other perishable food products. Tell how to properly dispose of camp garbage, cans, plastic containers, and other rubbish.																			
	4e	On one campout, serve as your patrol's cook. Supervise your assistant(s) in using a stove or building a cooking fire. Prepare the breakfast, lunch, and dinner planned in requirement 4a. Lead your patrol in saying grace at the meals and supervise cleanup.																			
	5	Visit and discuss with a selected individual approved by y leader (elected official, judge, attorney, civil servant, principal, teacher) your constitutional rights and obligations as a U.S. citizen.																			
	6	Identify or show evidence of at least ten kinds of native plants found in your community.																			
	7a	Discuss when you should and should not use lashings																			
	7b	Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.																			
	7c	Use lashing to make a useful camp gadget.																			
	8a	Demonstrate tying the bowline knot and describe several ways it can be used.																			
	8b	Demonstrate bandages for a sprained ankle. and for injuries on the head, the upper arm, and the collarbone.																			
	8c	Show how to transport by yourself, and with one other person, a person: - from a smoke-filled room - with a sprained ankle, for at least 25 yards.																			
	8d	Tell the five most common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).																			
	9a	Tell what precautions must be taken for a safe trip afloat.																			
	9b	Successfully complete the BSA swimmer test.																			
	9c	With a helper and a practice victim, show a line rescue both as tender and rescuer. (The practice victim should be approxima 30 feet from shore in deep water.)																			
	10	Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.																			
	11	Tell someone who is eligible to join Boy Scouts, or an inactive Boy Scout, about your troop's activities. Invite him to a troop outing, activity, service project, or meeting. Tell him how to join, or encourage the inactive Boy Scout to become active																			
	12	Describe the three things you should avoid doing related to the use of the Internet. Describe a cyberbully and how you should respond to one																			
	13	Participate in a Scoutmaster conference.																			
	14	Complete your board of review.																			
Star	1	Be active in your troop and patrol for at least 4 months as a First Class Scout.																			
	2	Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.																			
	3	Earn 6 merit badges, including 4 from the required list for Eagle																			
	4	While a First Class Scout, take part in service projects totaling least 6 hours of work. These projects must be approved by your Scoutmaster.																			
	5	While a First Class Scout, serve actively 4 months in one or m positions of responsibility (or carry out a Scoutmaster-assigned leadership project to help the troop)																			
	6	Take part in a Scoutmaster conference																			
	7	Complete your board of review																			
 Life	1	Be active in your troop and patrol for at least 6 months as a Star Scout.																			
	2	Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.																			
	3	Earn 5 more merit badges (so that you have 11 in all), including any 3 more from the required list for Eagle																			
	4	While a Star Scout, take part in service projects totaling at lea hours of work. These projects must be approved by your Scoutmaster.																			
	5	While a Star Scout, serve actively 6 months in one or more of the positions of responsibility listed in requirement 5 for Star Scout (or carry out a Scoutmaster-assigned leadership project to help the troop).																			
	6	Take part in a Scoutmaster conference																			
	7	Complete your board of review																			
Eagle	1	Be active in your troop and patrol for at least 6 months as a Life Scout.																			
	2	Demonstrate Scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life.																			
	3	Earn a total of 21 merit badges (10 more than you already have), including five more from the required list for Eagle.*																			
	4	While a Life Scout, serve actively for a period of 6 months in one or more positions of responsibility.																			
	5	While a Life Scout, plan, develop, and give leadership to others in a service project helpful to any religious institution, any school, your community. (The project should benefit an organization other than Boy Scouting.) The project idea must be approved by the organization benefiting from the effort, your Scoutmaster and troop committee and the council or district before you start. You must use the Eagle Scout Leadership Service Project Workbook, BSA publication No. 18-927C, in meeting this requirement.																			
	6	Take part in a Scoutmaster conference.																			
	7	Successfully complete an Eagle Scout board of review.																			