

SCAFEM

3324 Chanate Road
Santa Rosa, CA 95404

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Santa Rosa, CA

2008 Northern California Conference on Transgender Health & Wellness

*Presented jointly by
Sutter Medical Center of Santa Rosa and
the Sonoma County Academic Foundation
for Excellence in Medicine*

October 10 - 11, 2008

Friday program 12:30 pm - 5:30 pm
Friday reception 5:30 pm - 7:00 pm
Saturday program 7:30 am - 5:30 pm

The Event Center

Sonoma Mountain Village
1400 Valley House Drive
Rohnert Park, CA 94928

An educational conference (11.5 credits)
for medical and mental health care professionals

*A community learning track is available
for transgender individuals,
family members and allies.*

PURPOSE OF CONFERENCE

Studies Indicate:

- At least one person in 500 is transgender. The transgender population in Sonoma County is estimated to be 1,000.
- Locally many transgender individuals report difficulty finding knowledgeable providers who are comfortable with transgender health issues. Consequently, they either avoid utilizing health care services (even for routine care) or seek services in other counties.
- Gender variant youth and adults are at risk for social isolation, chemical dependence, physical and emotional trauma, elevated incidence of depression and suicide and HIV/AIDS, and resorting to "street" hormones and silicone injections.

Conference Purpose:

- Expand the clinical knowledge and comfort level of medical and mental health care professionals to provide quality care to transgender people of all ages

EDUCATIONAL OBJECTIVES

List three barriers to accessing health care that transgender individuals encounter

Discuss the cultural, socio-economic, and ethnic issues that affect the health care of transgender individuals

Recognize Gender Identity Disorder and assess for associated clinical issues

Determine when a transgender client is ready for hormone therapy

State the CDC's new HIV testing recommendation

Describe the anatomical and functional goals of genital reconstructive surgery

Evaluate the benefits, risks and alternatives of surgical intervention for gender transition

CONTINUING EDUCATION CREDITS

Physicians: Sutter Medical Center of Santa Rosa is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. Sutter Medical Center of Santa Rosa takes responsibility for the content, quality and scientific integrity of this CME activity. Sutter Medical Center of Santa Rosa designates this educational activity for a maximum of 11.5 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Psychologists and Nurses: Psychologists and nurses attending may report Category 1 units to their respective accrediting boards.

MFTs and LCSWs: This course meets the qualifications for 11.5 hours of continuing education credit for MFTs and LCSWs as required by the California Board of Behavioral Sciences. BBS provider is the Sonoma County Academic Foundation for Excellence in Medicine, provider #PCE 649.

Name _____

Mailing Address _____

City _____ State _____ Zip _____

Email _____

Phone _____ Fax _____

LEARNING TRACK

Early registration must be postmarked by September 19th

Medical Track License # _____
\$150 early / \$175 late MD DO Psychiatrist
\$115 early / \$135 late FNP RN PA Resident

Mental Health Track License # _____
\$115 early / \$135 late MFT LCSW Psychologist
\$90 early / \$110 late Mental Health Intern

Community Track
\$70 early / \$90 late Adult Parent of trans individual
\$25 early / \$35 late Youth under 18

MEAL OPTIONS

Friday: For your convenience, an optional box lunch (\$12) can be pre-ordered (sandwich, salad, dessert and beverage).
Sandwich: Roast beef Roast Turkey Veggie Sub

Saturday: Light breakfast and healthy lunch will be provided.
Lunch options: Vegetarian salad Chicken Salmon

FEES

Registration (Early: By Sept. 19th) \$ _____

Continuing education credits (\$25) \$ _____

Optional Friday box lunch (\$12) \$ _____

TOTAL \$ _____

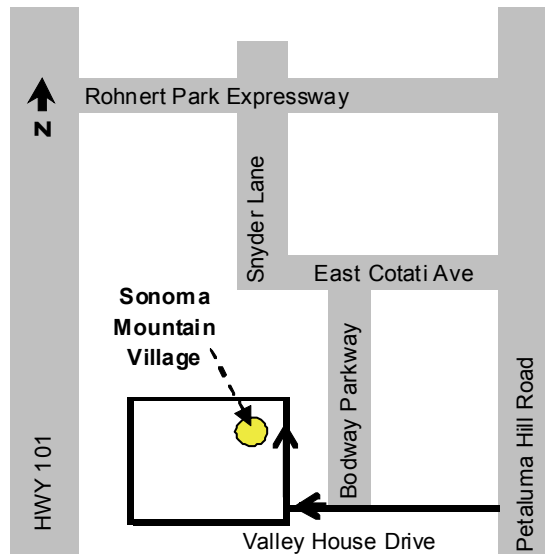
PAYMENT:

Please make checks payable to: **SCAFEM** and mail to:
SCAFEM, 3324 Chanate Road, Santa Rosa, CA 95404

For information about
this conference
707-527-6223
scafem@scafem.org
www.scafem.org

REFUND POLICY
Written requests for refunds must
be postmarked no later than
September 22, 2008.
A \$25 handling fee will be deducted.

Map to the Conference
(not to scale)
The Event Center
@ Sonoma Mountain Village
1400 Valley House Drive
Rohnert Park, CA 94928



**Sonoma Mountain Village is approximately 3.6 miles
from US 101 at Rohnert Park Expressway.**

From US 101, exit at Rohnert Park Expressway. Continue east on Rohnert Park Expressway to Snyder Lane. Turn right on Snyder Lane. Turn left on East Cotati Avenue to Bodway Parkway. Turn right on Bodway Parkway. At Valley House, turn right into Sonoma Mountain Village.

CONFERENCE FACULTY

Koen Baum, MFT, Gender specialist,
private practice, San Francisco

Stephanie Brill, Gender specialist and
Founder of Gender Spectrum Education
and Training, Orinda

Michael L. Brownstein, MD, FACS, Plastic,
Reconstructive & Gender Related
Surgery, San Francisco

Colin Close, Director and co-founder, FTM
Sonoma County, Santa Rosa

Jennifer A. Burnett, MD, Assistant Profes-
sor of Community Medicine, UCSF,
Fresno

Nicholas DeMara, PhD, Clinical Psycholo-
gist, Kaiser Permanente, Santa Rosa

Randall D. Ehrbar, PsyD, Clinical Psycholo-
gist, specializing in transgender clients,
New Leaf Services for Our Community,
San Francisco

Karin Winter Fresnel, Transgender advo-
cate and educator, Eureka

Leah M. Kelley, MD, Ob/Gyn, Kaiser
Permanente, Delta Fair Women's Health

Lori Kohler, MD, Professor of Clinical
Family and Community Medicine, UCSF

Judy D. Lively, MD, Physician-in-Chief,
Kaiser Permanente, Diablo Service Area

Karen Lively, RN

Carol F. Milazzo, MD, FAAP, Child and
Adolescent and Transgender Medicine,
Roseville

Suegee Tamar-Mattis, DO, Santa Rosa
Family Medicine Residency

Lucy Watkins, PhD, Clinical Psychologist,
Kaiser Permanente, Walnut Creek

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**Rykken and Scull
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Sonoma County
Health Services
Public Health
Division

North Coast Area AIDS
Education and Training Center
a project of SCAFEM



PLANNING TEAM

Leslie Hansen, MFT, Chair, Board of Directors, Positive Images

Delynne Rogers, Chair, Board of Directors, PFLAG-North Bay

Colin Close, Director, and co-founder, FTM Sonoma County

Danielle Jones, Program Coordinator, North Coast Area AETC

CONFERENCE PROGRAM

FRIDAY - OCTOBER 10th 12:30 pm to 5:30 PM

12:30-1:00 pm	Registration. Exhibits open.
1:00-1:15 pm	Welcome. General session begins.
1:15-3:00 pm	Understanding Transgender Perspectives on Gender Variance and Health Care <i>Transgender Community Panel with Transgender Law Center facilitator</i>
3:00-3:30 pm	Break – coffee and light dessert
3:30-4:00 pm	Cultural Competency and Meaningful Care for Transgender Individuals <i>Judy Lively, MD</i>
4:00-5:30 pm	<u>Medical Track</u> – Serving Transgender Youth in Your Practice <i>Carol Milazzo, MD and Stephanie Brill</i> <u>Mental Health Track</u> – Custom Fit the Standards of Care for Your Practice <i>Lori Kohler, MD and Randall Ehrbar, PsyD</i> <u>Community Track</u> – Mental Health Care for Adults and Youth <i>Nicholas DeMara, PhD and Parent Panel</i>

FRIDAY RECEPTION 5:30 pm to 7:00 pm

5:30-7:00 pm	Enjoy networking, a delicious selection of hors d'oeuvres and live acoustic music performed by Coyote Grace. Non-hosted bar available.
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SATURDAY - OCTOBER 11th 7:30 am to 5:30 pm

7:30-8:00 am	Registration. Light healthy breakfast. Exhibits open.
8:00-8:15 am	Welcome
8:15-9:45 am	<u>Medical Track</u> – What You Need to Know But Never Asked: Clinical Work with GID <i>Nicholas DeMara, PhD</i> <u>Mental Health Track</u> – Provider Ponderings and Challenges: A Facilitated Discussion <i>Koen Baum, MFT and Lucy Watkins, PhD</i> <u>Community Track</u> – You're Not Alone: Where to Go for Peer Support <i>Stephanie Brill, Colin Close and Karin Winter Fresnel</i>
9:45-10:00 am	Break
10:00-11:30 am	<u>Medical Track</u> – Clinical Medical Care of Transgender Adults for Your Practice <i>Jennifer Burnett, MD</i> <u>Mental Health Track</u> – Clinical Issues <i>Koen Baum, MFT and Lucy Watkins, PhD</i> <u>Community Track</u> – Medical Care for Adults and Youth <i>Suegee Tamar-Mattis, DO and Carol Milazzo, MD</i>
11:30-1:00 pm	Luncheon with Keynote Address: Transgender Experience: Issues & Learnings in Caring for Transgender Individuals <i>Judy Lively, MD and Karen Lively, RN</i>
1:00-2:30 pm	Chest Reconstruction in Female to Male Transgender Patients <i>Michael Brownstein, MD</i>
2:30-2:45 pm	Break
2:45-4:15 pm	Anatomy Meets Destiny: The Role of Surgical Genital Reconstruction in Gender Transition <i>Leah Kelly, MD</i>
4:15-5:15 pm	Questions and Answers: Presenters' Panel
5:15-5:30 pm	Closing Comments