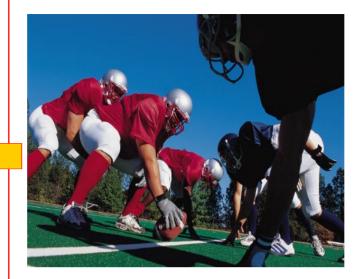
Central Connecticut State University

Central Connecticut State University is located just outside of Hartford Connecticut. 2 hours from New York and 2 hours from Massachusetts. The Universities Athletics programs compete at the Division IAA level. The football program is a member of the Northeast conference and has been conference champions for two of the past four years. The Arute Stadium Football Complex is a state of the art complex with a Field Turf surface. The dinning facilities are located in Memorial Hall in the center of campus. The residence halls are located just minutes from the training and dinning facility.



Full Contact Camp Field Turf accepts all types of footwear: Cleats, Sneakers, or molded cleats.

Full Contact camp requires helmets, shoulder pads, pants and pads and a mouth piece.



Full contact camp. Offense, Defense and Special Teams. Speed Agility Training / Certified Agility Combine for prospective college bound student athletes.



Central Connecticut State University

Camp Coordinator Steve Villanti (860) 589-4142



Register & Pay On-Line At:

https://wems.worldtek.com/coachmac08

Coach Mac's Football Academy

Full Contact Camp



Jeff McInerney: Head Football Coach / Central Connecticut State University

Coach Mac's Football Academy Sponsor

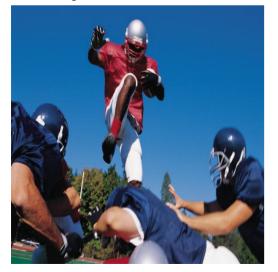




Session # 1 June 26th - June 28th Session # 2 June 29th—July 1st Day Sessions from 9:00—4:30, Including Lunch Overnight Sessions include breakfast, lunch , dinner and lodging.

Coach Mac's Academy

Academy Philosophy: Coach Mac's Football Academy is committed to developing the fundamental and advanced skills required to achieve success on the football field. A teaching concentration on Offense, Defense, and Special Teams will be the focus of the camp. Developing team concepts of the passing and running game will be incorporated into the offensive sessions. Developing a seven on seven concept will be the focus of developing the defensive aspect of defending the passing game. A team concept will be utilized to develop the defensive aspect of stopping the inside run game. Special teams will be coordinated with individual specialty teaching sessions.



<u>Academy Session</u>

Session #1 June 26th—June 28th

Session #2 June 29th—July 1st

Day Campers: \$110 per session. Each session will include 8 practices with lunch each day.

Overnight Campers: \$285 per session. Each session includes 8 practices and breakfast, lunch , dinner and lodging.

One day Campers:

Meals are all you can eat!

Lodging is located in the University residence halls. There will be multiple floor monitors and coaches on each floor with the studentathletes.

Campers should arrive by 1:00 pm on the day that camp begins.

Camp Itinerary **Day # 1** 1:00 pm Check—In 1:30 Lunch 2:30 Practice #1 4:30 Break 6:15 Dinner (overnight campers) 8:00 Classroom Clinic 10:00 Dorm Check –IN

11:00 Lights Out

Camp Itinerary (continued) Day # 2 7:00 Wake up 8:45 Practice Roll Call **9:00 Practice # 3** 12:00 Lunch 2:00 Practice Special teams#4 **3:00 Practice #5 4:30 End of day #2** 6:15 Dinner (overnight campers) 8:00 Classroom Clinic 10:00 Dorm Check-In 11:00 Lights Out **Day** # 3 7:00 Wake up 8:45 Practice Boll Call **9:00 Practice #6** 11:45 Lunch 2:00 Practice #7 **3:00 Scrimmage #8** 4:00 Camp Awards

Please make sure that you get your physical records for our files!

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