

CALISTHENICS

FILL IN THE WORD



HEALTH THROUGH CALISTHENICS

Flags

Smile

Fun

Read and find a word to fill in the space.

Dance

Fit

Rods

Calisthenics is lots of , says Felicity Flex.



In Calisthenics today we used and .



We can to music in Calisthenics.



Calisthenics makes Peter Posture .



The Sport of Calisthenics makes us .

For more information contact **Calisthenics Victoria Inc.** on 9562 6011, or visit our website at www.calisthenics.asn.au