

# 10 Ways to Create More Money in Your Life

## About the Author

Apryl Jensen is the author of the book, Everyday Manifesting – Finding Joy through Creating Consciously. She is the mother of 5 incredibly active and wonderful children, and wife to the amazing writer, speaker, and lecturer, Randy Jensen. She also maintains the website, <a href="mailto:CreatingConsciously.com">CreatingConsciously.com</a>, writes articles, and loves



to sculpt faeries and art dolls in her free-time. Her artwork can be seen at <a href="https://www.aprylian.com">www.aprylian.com</a>.

### Ten Ways To Create More Money In Your Life

I've had the opportunity to talk with many people over the past few months, and a topic that comes up over and over again is money. I agree—money does need to be flowing in your life in order for you to create freely. It's hard to take the time to discover the masterpiece you'd like to create your life to be, when so much of your time is spent in survival mode—just trying to get from one month to the next. So I thought I'd share with you some of the ways that have helped me to get money flowing freely in my life. Here they are—just for you!

#### 1- Realize Money is an Energy

Like all of our thoughts and creations, it's just energy! In our electronic age today, this should be easier to understand than ever. It used to be that money was all based on the amount of gold we had in Fort Knox. But nowadays, money is limitless. It is more of a concept than a physicality. It is a world of debits and credits and interest and returns. Money is an exchange of time and value—"if I spend this amount of time at work, then I can experience buying \_\_\_\_\_ (i.e. these shoes)." The dollar bills are only there as a placeholder as you exchange your time and value—the paper bills are not really valuable to you in and of themselves. Money is an energy, an idea, and this idea can expand or contract according to your beliefs—and it does!

# 2- Realize this Money Energy is Affected by your Thoughts and Actions

Since money is an energy, you can see that as with any energy, it **follows thought**. So what do you think about money? Do you greatly desire it, but also fear having it? Is money good, or will it corrupt you? Do you want it, or do you think you shouldn't want it? How do you FEEL about money? It

is important you know, because these feelings are deciding whether you have a lot of it, or not.

#### 3- Understand Money Requires One-Pointed Thought

If you had a pet dog and were constantly telling him, "Come here!" and then in the next breath "Go Away!" what would he do? He'd hear your first command, and happily come running, and then stop short at your next command, confused, and probably a bit disheartened. Your dog would love you, but also desire to obey you. Money, too, will obey our thoughts and actions. To help you remember this, get in the habit of thinking or saying, "As you wish" to your thoughts about money. For example, if you happen to think, "But I don't have any money" —hear a little voice, the voice of money responding to you in your mind, "As you wish." Is that what you really wish? No? Then learn to think what you do wish. This is a great little exercise to help you recognize those thoughts about money that are not serving you.

#### 4- Decide to Have Money Today

Fate loves the Fearless, but the Universe is slow for the indecisive. Decide to have money today. If you feel any hesitation about this, learn to tap it out! You have a right to all the money you desire, and if you are still unsure about this, make your decision, once and for all. In Wallace Wattles' famous book, The Science of Getting Rich, he talks about it being our right and privilege to get rich, for only when we are rich, only when we can explore the world and learn to our hearts' desire can we really discover our full potential. This excellent book is included with Everyday Manifesting and is definitely worth your time to read, or listen too. I value this book so much, I've included the audio version of it as well. Make it a part of your life.

#### 5- Realize That You having More Money will Bless the World

Not only will you experience the fun and luxury of being wealthy, but in order to become wealthy, one must discover the value in oneself, and one's ideas. Often these ideas bring "increased life" to those all around us. I'll be forever grateful to the inventors of the automobile, the computer, the Internet---the toilet! As we look within ourselves, as we ask ourselves how we can improve life for ourselves and others, we tap into an abundance of answers and possibilities. Each of us has an amazing capacity for good. Learn to follow your heart, to express yourself, and to share your ideas. In the process, you will bless the lives of countless others as well.

#### 6- Trust Yourself

Which person would you rather be? The one who fears money will corrupt him, and thus chooses to live his life in poverty, convinced he needs nothing more, or one who decides to trust himself, and his judgment, and welcome abundance into his life, with which he can then bless the lives of his family and beyond? Don't make the mistake of thinking just because one *can* be happy in meager circumstances means those circumstances are a *requirement* for happiness—they are not. It is wise to realize our happiness exists outside of ANY material object, including money, but there is much good to be done by those who have the means to create it.

#### 7- Understand that Money is Only an Extension of Yourself

Money is only energy—and it is a neutral energy. It is neither good nor bad. It is available to become what you would like it to be. Let it be your good!

I have known many good and wonderful people, and many of these people unwittingly held themselves in bondage, and in a way, hid their "light" from the world because they had chosen a life that transformed most of their waking hours into little pay, and little time for much else. I can't help but wonder about those who have passed on, what the world would have been like if they'd been able to share their ideas and ideals with the masses, if they had been known and recognized, and honored by so many more.

Money is an extension of ourselves, and it can help to give material life to those beautiful aspects of ourselves. What are your dreams and ambitions? What do you desire to create? How will your ideas help those around you?

#### 8- Learn All you Can from the Masters of Long Ago

The best way to learn success is from the successful. If you haven't already, take the time to read the classics on creating money and the power of thought. Napoleon Hill learned directly from the most successful men of his time, and put together all he'd learned in his amazing masterpiece, "Think and Grow Rich." He dedicated *decades* of his life to produce this work that continues to influence generation after generation. You can get your **free copy** at the link below:

www.creatingconsciously.com/creatingmoney.html

#### 9- Surround Yourself with Wealth

Surround myself with wealth? How can I do that? Well, remember, your single-most money attracting factor is your attitude and belief about

money. You need to start *feeling wealthy*, and this can be done in some simple, inexpensive ways. Here are some ideas below:

- Carry some extra cash in your wallet. At first, this may only be \$10, but if you aren't used to even having that much money with you, it's a good start. Ideally, you want to get this up to a few hundred dollars. But even with smaller amounts, you can start to dispel that feeling of being "broke." When asked if you have any money, your answer will always be "Yes!" It feels good to have money in your wallet—experience it!
- Decide how you will spend this extra money, but don't do it yet. Let yourself adjust to "Yes." When I first started this exercise, I found many things I'd like to buy, and it felt good to actually have the money in my wallet to buy them, if I chose to. I hadn't realized how habitual it had become to tell myself "No! You can't have this, you can't have that. No, no, no." Let yourself feel "Yes" for a change. Each day, see the many things you *could* buy. "I could get this, or this, or this." There are so many choices. There is an *abundance* of choices, and you are beginning to experience this abundance. And this realization of all the abundance that surrounds you will give you just the ideas and opportunities you need to create more of your own.
- Start to upgrade your life experience in small, simple ways. This can be very simple—if you usually buy "El Cheapo" green beans, buy the brand you would if you were wealthy. And in that moment, you are being wealthy—at least more than yesterday! =) Do simple things—get a car wash, buy organic fruit. Think of the little things in your life that would change "if you were wealthy." You'll be surprised at how many "wealthy" changes you can make in your life, that really don't cost much. I was stunned the day I revamped my children's

wardrobe for only about \$50. They went from "faded hand-medowns" to "sharp-dressed" almost instantly. Of course, I'd put out some strong intention to be able to find some good deals on good clothing, and I DID. But just \$50 changed their whole look. What simple, inexpensive ways can you upgrade your lifestyle? What simple things are you denying yourself because you "don't have the money"? Allow yourself little luxuries now, with the money you do have, and you will find you "have the money" for a lot of little extras that help you to feel wealthy.

• Be patient, and stay within your means in the meantime. I promise you, if you go and charge up your credit card to follow these suggestions, you aren't going to feel wealthy. You may for a moment, until you get your bill in the mail. But then you'll feel more broke than before. And you will be! Start as small as you need to. When I started out, my luxury purchase was buying the computer paper I really wanted, that was only \$1 more expensive. Just a dollar—how significant is that? Well, I'd been telling myself I needed to get "whatever was cheapest" for so long, that just realizing this wasn't true was priceless—and only cost me \$1.

#### 10 - Decide to be an Inspiration

Did you know you can have a huge effect on the people in your life—on those you love and care about—simply by being your best you? Decide now to implement these changes about money into your own life. Decide to experience the abundance that is your birthright. Decide to explore your beliefs and change the ones that need changing. Decide to trust the goodness that is inside of you. Decide to grant yourself freedom to be, freedom to live, and freedom to experience wealth and abundance. Fill your mind with all the good you desire to do. Let yourself believe, and you will find the way.

Well, there you have it. Ten ways to create more money in your life. I hope you noticed that these ways to create money deal with the source of money creation—your beliefs! Strange as it may seem, your beliefs are the most concrete thing about you—and they also help to create the material world around you. You've heard it before, but it merits repetition,

# If you can change your beliefs, you can change your world!

If it is time for you to do some major belief shifting—and you will know when it is time—then make use of the tools available to you. Did you know there are coaches and energy therapists who professionally help people to change their beliefs? Changing our beliefs and energy around money can have a profound effect on our bank accounts. I invite you to check out these two resources below, and make use of them.

#### Randy Jensen, EFT ADV, of A Place of Healing

Randy is a Life & Energy Coach who helps people shift their beliefs —*over the phone!* He is one of the most sincere people I have ever met, and he is excellent at what he does. He has helped many people to live more joyful and abundant lives and is currently accepting clients at <a href="www.placeofhealing.com">www.placeofhealing.com</a>. I've worked with Randy personally on numerous occasions and I'm always impressed with his insight.

#### **Money Beyond Belief**

My other favorite for shifting money beliefs is this audio and book collection put together by Brad Yates and Joe Vitale (you know, from The Secret). It's available for immediate download, and great to have on hand at those times when a live coach is not available. It also uses EFT (Emotional Freedom Technique), a powerful way to get at the root of your

beliefs and change them into the ones you want to nourish. I still listen to my set—they are amazing.

Actually, I have one more amazing resource for you as well. It's a book called <u>I Create Millions</u>, by the well-known author, Christopher Westra. It's packed full of amazing information and is a must-have if you are serious about creating an abundant financial situation.

Well, I hope you've enjoyed our time together. Remember, if you haven't already, stop by my website, <a href="www.CreatingConsciously.com">www.CreatingConsciously.com</a>, and join my newsletter. We are creating a fun, sharing community of people learning to create their lives consciously, and we'd love to have you along for the journey.

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Sincerely,



