

Troop #57 Suggested Campout Checklist

Weather: What will the temperatures be? High _____ Low _____
 Is rain in the forecast? _____ If unsure, pack for rain!

Pack	Done	Sleeping
		Tomorrows underwear Or sleeping clothes
		Tomorrows socks or sleeping socks
		Knit cap
		Sleeping bag (20 ~ 35 °F synthetic mummy)
		Sleeping bag liner or sheet (optional)
		Sleeping pad
		Pillow (optional)
		Tent (you or your buddy)
		Ground Cloth

Hygiene		
		Tooth-brush / Tooth-paste
		Dental floss
		Soap
		Towel or chamois and wash cloth
		Comb or Hairbrush
		Deodorant
		Trowel & TP (for backpacking)

Qty	Done	Clothing
		Class A shirt
		Class A shorts / Belt
		Class A socks
		Neckerchief & Slide
		Troop 57 red cap
		Class B shirt & other scout shirts
		Long sleeve shirt
		Long Pants
		Hiking Socks (& liners)
		Under wear
		Hiking Boots or sturdy shoes (dark color)
		2 nd pair of shoes or boots (in case first pair gets wet)
		Swim Suit
		Old Clothes & Shoes (For summer camp muck hike)

Pack	Done	Food & Prep
		Cup or Mug - A MUST HAVE
		Trail Food / Snacks (do not store in tent)
		Mess kit (for backpacking)
		Utensils (for backpacking: cooking & eating)
		Biodegradable Soap (for backpacking)

Pack	Done	Outerwear & Cold Weather
		Polar fleece, wool sweater, and/or sweatshirt
		Poncho or Rain Jacket
		Rain Pants (optional)
		Long underwear
		Gloves or Mittens
		Warm Jacket (with hood)
		Warm Hat

Pack	Done	Scout Gear
		Back Pack or Duffel Bag
		Footlocker & Lock (Summer Camp)
		Plastic Bags (for dirty clothes or to keep Back Pack or sleeping bag dry)
		Pocketknife or camp tool & Totem Chip
		First aid kit
		Sun Protection
		Water bottle or Canteen
		Flashlight
		Batteries
		Compass
		Whistle
		Fire starters, Matches & Firem'n Chit
		Scout Book
		Paper & pencil or pen (small notebook)
		Clothes line or rope

Pack	Done	Optional Gear
		Insect Repellent (non aerosol)
		Chap stick
		Sun Glasses
		Prayer book or Bible
		Merit Badge Books
		Bird & Plant identification books

		Camera and Film
		Dry Bag (alternative - zip lock bags)
		Water Shoes (Canoeing or Rafting)
		Binoculars
		Musical Instrument
		Magnifying glass
		Fishing Pole & Gear
		Extra shoe laces (hiking or as needed)
		Weather radio

A generic list of stuff to keep outings safe and enjoyable. Balance “A Scout is Thrifty” with “Be prepared”.

Gear Selection Suggestions

Clothing Dress for the outdoors by wearing layers so that you can adjust your clothing to match changing weather conditions and changes in your activity (hiking uphill versus sitting for lunch).

Fabrics for outdoor wear:

Wool can keep you warm even when it is damp from rain.

Cotton is good for warm, dry weather. Once wet, though, cotton will not keep you warm.

That can make it dangerous to wear on trips when conditions might turn chilly, rainy or snowy.

Many **synthetic** fabrics offer the comfort of cotton and the warmth of wool. Clothing made of polypropylene, polar fleece, and other modern materials can insulate you whether it is wet or dry. Look for these fabrics in long underwear, sweaters, vests, parkas, mittens, and hats.

Troop 57 policy is that no camouflage clothes or items may be worn with the Class A or Class B uniform. Class B should be our Red Troop 57 T-Shirt with olive green or "solid dark" color pants or shorts. Other scout related shirts may be worn. Shirts and caps with non-related scout logos or pictures are not acceptable. All scouts must have a red troop 57 cap for formations and assemblies. Dark color hiking boots and shoes are preferred rather than white sneakers. No sandals.

First Aid Kit Refer to the Scout Handbook, page 289 in the 11th edition (copyright 1998).

Sleeping Bags Synthetic bags are strongly recommended. If a down bag gets wet, it may not be possible to dry it before the next night. A wet down bag does not provide insulation. [Bags may get wet in transportation (if not packed ideally for a hike) or if the bag touches the outside wall of a tent during the night.]

Mummy bags are typically lighter and warmer than rectangular bags. If you only have one bag, many people suggest a bag rated for 5 to 20 °F. During late spring and early fall a 30 – 35 °F bag may be plenty warm. Sleeping bag ratings presume that the bag is used on top of a pad or cot. A sleeping pad is recommended. A bag's rating may be extended with a sheet or sleeping bag liner inside, a blanket (even a space blanket) on top, or by wearing more dry clothing, socks and mittens inside the bag.

Tents Refer to the Scout Handbook, pages 236 – 241 in the 11th edition (copyright 1998).

Tents are typically provided by the Troop. We have some backpacking tents and regular tents the Scouts will share with other Scouts, so lack of a tent should not cause anyone to miss a trip or camp outing.