

Body Paints

Materials:

- 2 cups Non-irritating baby shampoo
- powdered tempera paints

Directions:

Divide the shampoo into two or more portions (depending on number of children who will playing). Stir in enough tempera paints to make a medium-density color. Outside: The children can smooth this onto their bodies, lathering to make shapes and designs. This comes off easily by running through the sprinklers.

WARNING: Non-Edible

Clown Paint

Materials:

- 1/8 cup Baby Lotion
- $\frac{1}{4}$ teaspoon Powdered Tempera paint
- 1 Squirt liquid Dishwashing Soap

Directions:

Mix and use. Easily removed by soap and water.

*Note: test on skin first for any possible reactions.

Condensed Milk Paint

Materials:

- $\frac{1}{4}$ cup condensed milk
- food coloring

Directions:

Use $\frac{1}{4}$ cup of condensed milk with a few drops of food coloring for pastel paint that will dry with a glossy finish. Use the paint sparingly or it will take forever to dry!

Egg Yolk Paint

Materials:

- 1 egg yolk
- $\frac{1}{4}$ teaspoon water
- Food coloring

Directions:

Mix egg yolk with water and lots of food coloring. Use a paint brush to paint on baked cookies. Return cookies to oven until egg has solidified.

Face Paint

Materials:

- 1 teaspoon corn starch per cup of a muffin tin
- $\frac{1}{2}$ teaspoon water for each cup
- $\frac{1}{2}$ cold cream for each cup
- couple drops of food coloring for each cup

Directions:

In each cup of a muffin tin, mix 1 teaspoon corn starch, $\frac{1}{2}$ teaspoon water, $\frac{1}{2}$ teaspoon cold cream, and a couple of drops of food coloring - a different color for each cup of course. Stir.

Frosty Paint

Materials:

- 1 cup powdered tempera paint
- 2 tablespoons wallpaper paste
- $\frac{1}{4}$ to $\frac{1}{2}$ cup liquid
- laundry starch

Directions:

Mix tempera paint with wallpaper paste. Add starch, mixing until thick enough to spread.

Gouache Paint (opaque paint that dries quickly and can be painted on in layers)

Materials:

- 2 cups dextrin (hobby stores have it)
- 4 tablespoons DISTILLED water
- $\frac{1}{2}$ cup honey
- 2 teaspoons glycerine
- $\frac{1}{2}$ teaspoon boric acid solution
- powdered or poster paints

Directions:

Dissolve the dextrin in the water (will be foamy). Then add the honey, glycerine and boric acid. Stir well, or shake in covered jar.

Mix this base with powdered paint or poster paint and store tightly covered. Thin with water if too thick.

Gravy Paint

Materials:

- 4 cups Water (divide into 1 cup water and 3 cups water.)
- 1 cup all purpose flour
- Assorted Food Colorings

Directions:

In a large saucepan: Combine 1 cup flour with 1 cup water. Mix until smooth and all lumps are gone. (Whisks work great to get the lumps out.)

Add remaining 3 cups of water, whisking as you pour the water in. Cook this flour-water mixture on medium heat until it thickens like gravy and starts to BUBBLE. Reduce heat and cook for a minute or two longer (until flour is completely dissolved.)

Remove from heat and pour into plastic bowls that are "heat resistant." (i.e., will NOT melt.) Add food coloring to each bowl until Gravy Paint is to desired color. Cover bowls with plastic wrap and let cool to room temperature.

Once cooled...Let your child paint. Be sure to paint in an area where spills are okay. This can stain your furniture and/or flooring. Be sure to cover area with newspapers, etc. Or take your child outside on the grass where spills can be mowed up on a Saturday Afternoon!

Paint Toast

Materials:

- a little milk
- food coloring
- bread

Directions:

Use new clean paintbrushes. Use a small amount of milk in a bowl, add some food coloring to your desired color. Paint the bread. Be careful not to make the bread too soggy. When they are done "painting" pop the bread slices into the toaster. Toast them well so they are hard and dry, but don't brown them too much or you won't be able to see the colors. Eat a masterpiece!

Poster Paint

Materials:

- $\frac{1}{4}$ cup flour
- 1 cup water
- 3 tablespoons powdered tempera paint
- 2 tablespoons water,
- $\frac{1}{2}$ teaspoon liquid starch or liquid detergent

Directions:

Measure flour into saucepan. Slowly add 1 cup water until mixture is smooth. Heat, stirring constantly until mixture thickens. Cool. Add $\frac{1}{4}$ cup flour paste into small jar or plastic container. Add tempera paint and water for each color. For opaque finish add liquid starch. For glossy finish had liquid detergent.

Powdered Milk Paint

Materials:

- $\frac{1}{2}$ cup Powdered nonfat milk
- $\frac{1}{2}$ cup Water
- Powdered Paint Pigments

Directions:

Mix milk and water. Stir until milk is dissolved. Combine only as much solution with powdered pigments as you intend to use in one sitting. Makes about $\frac{3}{4}$ cup. For a large group, combine any amount of powdered milk with an equal amount of water. This paint dries quickly to a glossy, opaque finish. It does not dust, chip, or come off on your hands the way poster paint does. Mix a small amount of the solution with powdered pigment in a palette pan. Work smooth with a brush. Use water to thin paint and to clean your brushes. Store this medium in a tightly capped jar in the refrigerator.

pudding Paint

Materials:

- Instant Vanilla Pudding
- Food Coloring

Directions:

Mix pudding according to directions. Add food coloring for desired color. Finger paint on paper plates. Edible

Puffy Paint

Materials:

- Flour
- Salt
- Water
- Tempera Paint

Directions:

Mix equal amounts of flour, salt and water. Add liquid tempera paint for color. Pour mixture into squeeze bottles and paint. Mixture will harden in a puffy shape.

Salt Paint #1

Materials:

- 1/8 cup liquid starch
- 1/8 cup water
- 1 tablespoon Tempera Paint

Directions:

Mix together and apply to paper with a brush. Keep stirring mixture. Paint will crystallize as it dries.

Salt Paint #2

Materials:

- 1/3 cup salt
- 1/4 teaspoon food coloring

Directions:

Mix and spread in pan to dry before putting in shakers

Sand Paint/Colored Sand

Materials:

- Tempera Paint (powder)
- Sand

Directions:

Mix dry tempera paint with sand. Let kids spread glue on picture and sprinkle on sand.

Sealing Wax Paint

Materials:

- sticks of leftover bits of sealing wax of different colors
- lemon or peppermint extract, or denatured alcohol
- airtight jar for each color

Directions:

Crush each stick of sealing wax into small bits, keep the colors separate, and put each color in separate airtight jars. Pour enough extract or alcohol to cover the wax. Let sit for at least 24 hours, until the wax dissolves completely. Can paint this on any surface. Clean brushes with extract or alcohol, and if it dries also add extract or alcohol.

Sidewalk Paint

Materials:

- $\frac{1}{2}$ cup cornstarch
- $\frac{1}{2}$ cup cold water
- 4 to 5 drops food coloring

Directions:

Make sidewalk paint by mixing cornstarch, water and food coloring. Provide 1" to 3" wide paint brushes and the kids will love painting on the sidewalks.

Snow Paint

Materials:

- Food Coloring
- Water
- Snow

Directions:

Place water and food coloring in empty spray bottle. Let children spray colors on the snow to make designs

Soap Foam

This recipe does require the use of a mixer--preferably electric! Trust me, this is NOT a fun one to mix with a hand beater...and as for beating with a whisk??? FORGET IT!!! (I speak from experience....) Still, when you see your students enjoying the final product, you'll decide buying or borrowing a beater was a small price indeed to pay for this learning experience.

Materials:

- 6 tablespoons liquid starch
- 1 cup soap powder (A mild laundry detergent works well.)
- liquid food coloring or dry tempera paints

Directions:

Whip all ingredients with a mixer. Plan to make a separate recipe for each color. Foam may be stored briefly in an air-tight container. (It deflates over time, but may be resurrected at least a couple of times by whipping again.)

Students may use this foam to create 3D "paintings." You may also provide each child with one cup of foam in a paper plate. Students may use the foam to write numbers, letters, or words, or to draw pictures of objects named.

Soap Paint #1

Materials:

- 1 cup laundry soap flakes
- $\frac{1}{2}$ cup cold water
- Food Coloring

Directions:

Mix together. Beat with an egg beater until fluffy. Finger paint.

Soap Paint #2

Materials:

- 1 cup laundry soap flakes
- $\frac{1}{4}$ cup water
- $\frac{1}{3}$ cup liquid starch

Directions:

Mix together. Beat with a whisk for 3 minutes. Finger Paint

Soap Suds Paint

Materials:

- $\frac{1}{2}$ cup of dry detergent, or a capful of liquid detergent
- 2 tablespoons of liquid starch
- brown wrapping paper
- poster paints or food coloring
- an egg beater
- a mixing bowl
- an old newspaper
- a spoon

Directions:

Beat the detergent and the liquid starch with an egg beater in a mixing bowl. Beat until it is like thick frosting. Put the mixtures into different jars and then add a few drops of food coloring into the jars and stir. Lay down the newspaper to work on.

Use the paint like finger paints on the brown paper. If the soapsuds thicken, add a little more starch and beat with a spoon. Be careful to allow plenty of time to dry.

Sparkly Paint

Materials:

- Liquid starch
- Powdered tempera paint

Directions:

Premix liquid starch with powdered tempera or pour liquid starch on the paper. Have kids spread it around and then sprinkle on powdered tempera from a big holed salt shaker. Spread it around some more. This works well on slick, or "finger paint" paper or the slick side of freezer paper, but special paper isn't required. Add salt for more sparkles. Coarse salt works best.

Sparkly Poster Paint

Materials:

- $\frac{1}{2}$ cup liquid starch
- $\frac{1}{2}$ cup soap powder
- $\frac{5}{8}$ cup water
- food coloring or powdered tempera paint (variable amount)
- glitter

Directions:

Beat together until the consistency of whipped potatoes. Add more water if necessary.

Washable Window Paint

Materials:

- Tempera Paints (powdered or premixed)
- Clear Dishwashing Liquid

Directions:

Mix powdered paint with dish soap until they resemble house paint. Or mix just a little dish soap into premixed paints. Line the window sash with masking tape and be sure to spread newspaper around to protect the area. To erase paint or touch up mistakes just wipe paint away with a dry paper towel.

Water Colors

Materials:

- 1 tablespoon white vinegar
- 2 tablespoons baking soda
- 1 tablespoon cornstarch
- $\frac{1}{4}$ teaspoon glycerin
- several paint pans
- food coloring

Directions:

Mix vinegar and baking soda. When the mixture stops bubbling, add cornstarch and glycerin. Pour into bottle caps, tops of baby food jars, or paint pans. (A plastic ice-cube tray would work great.) Add several drops of food color to each. Add plenty. Red, yellow, blue, green.

Orange = 1 red to 1 yellow

Purple = 1 red to 1 blue

Brown = 1 blue to 1 red to 2 yellow

Green = 1 blue to 1 yellow

Let set overnight to harden.