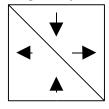


Quick Continuous Bias

For bias binding, you can cut individual strips at a 45-degree angle to the Selvedge and sew them together or use this quick-andeasy technique to make continuous bias using rotary cutter.

1. Begin by cutting a large fabric square. A 30" square will make enough 2 ¼ "-wide bias to bind most large quilts. Place straight pins pointed *in* at the top and bottom of square. Point pins *out* at side edges. Cut the square of fabric in half diagonally. (Fig.A)



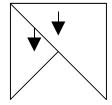
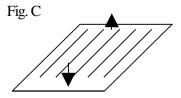


Fig. A

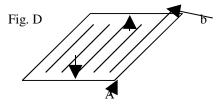
Fig. B

2. Place triangles right sides together, matching edges with pins pointed *in*. Sew lengthwise straight edges, of the two pieces together to form a large parallelogram. Press seam open. (Fig. B)

3. Starting and stopping ½" from straight ends of fabric, rotary cut a binding-width strip parallel to the bias edge (Fig. C) (longest sides of the parallelogram).



- 4. Cut the entire parallelogram into binding-width strips parallel to first strip. (Be sure to stop ½" short of the ends as you cut!) Cut off the last strip if it isn't the correct binding width.
- 5. Form, a tube by pinning remaining straight-gram ends together (sides with pins pointing out), (Fig.D) offsetting cuts. Match point of parallelogram to first cut on the other straight edge (arrow a to arrow b). Continue to pinmatch cuts along edges. (Edges of parallelogram will not line up but should extend at ends.) Sew seam.
- 6. Cut strips apart at seam to create continuous bias strip.



Directions edited by Rachel Bean from a handout at the Northern Lights Quilt Show in West Lebanon, NH on May 16, 2007