

Natalie James
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Period 4

5 Lists that Give Me Hope

Potatoes That Give Me Hope:

1. Mashed potatoes
2. French fries
3. Roasted potatoes
4. Hashbrowns

Songs That Give Me Hope:

1. The Trolley Song
2. Theme Song for the Suite Life of Zack and Cody
3. Take on Me

Sounds That Give Me Hope:

1. My cousin's Weird Laugh
2. The yodeling on the Matterhorn
3. The banjo on Pirates of the Caribbean
4. The pages flipping at the beginning Marvel intro

Movies That Give Me Hope:

1. Meet Me In St. Louis
2. Who Framed Roger Rabbit
3. The Goonies
4. Pirates of the Caribbean
5. Peter Pan
6. State Fair

Actions That Give Me Hope:

1. Pencils writing
2. Fireworks at Disneyland
3. Rain falling
4. Leaves fallings in fall
5. The water moving on It's a Small World

What I've noticed is that all of these lists are things that make me feel comfortable. I feel comfortable when I hear them or see them. They are all things I love, that make me the happiest and most calm. Writing these lists are actually quite difficult for me. I mean, it shouldn't have been, right? But it was. It was hard to think of exact things that made me happy (despite how sad that sounds). And I know it may seem very simple, but these things give me hope because they make happy and being happy gives me hope.