

Exhibit A

**Naperville Subdivision Summer Water Polo League**  
**NSSWPL YEAR 2005 - RULES AND REGULATIONS:**

TEAMS:

Teams will consist of coed boys and girls that have not yet entered high school. Age group athletes will compete in three divisions: 14 & Under Coed, 14 & Under Girls, and 11 & Under Coed. Teams should be comprised of athletes from their own pool membership. Combination with one other Pool is possible with League permission. Recruiting selective athletes is not allowed. U11 athletes may be allowed to play in U14 division at coach's discretion but no 12 & older will be allowed to play in U11 Division. Eligible U11 athletes must be under 11 yrs old before 5/31/05 (mirrors the NPD Swim Conference). Eligible U14 athletes must be 14 yrs old or under as of 1/1/05. Any exceptions must be petitioned to the NSSWPL Coordinators.

PLAYING RULES:

We will follow all current USWP rules (see [www.usawaterpolo.com](http://www.usawaterpolo.com)) with the following exceptions:

- a. U14 Quarters will be 5 minutes in length (stop/start).
- b. U11 Quarters will be 5 min. running time with stop/start in the last minute of each quarter.
- c. Each team will be allowed two (2) timeout per game. One (1) in overtime.
- d. No goggles or jewelry / bands will be allowed during competitions
- e. Overtime will be used only during Championship games. 2 x 2 minute periods, followed by a sudden-victory period (a coin flip to be "called" by the visiting team shall determine defensive zones).
- f. Forfeits will result if ineligible players are used.
- g. Any Brutality or Unsportsmanlike foul is cause for expulsion from League play and the Championship series.
- h. All scores are final. The referee authority in each game is final.

LEAGUE RULES:

1. Each Team will play a minimum of five (5) Conference Games against different Teams in the League to secure seeding in Championship series. If more than one game is scheduled against a Team, the coaches must decide which game counts as the Conference qualifier. Teams can schedule games at a site as mutually agreed. Team games schedules and game results should be forwarded to League Coordinator when available. Game results will be posted on web site.
2. The League will attempt to secure additional pool time at the area high schools and/or Centennial Beach. Dates will be made available via web site and equitably shared amongst the programs. Priority will be given to Conference game qualifiers and start-up programs lacking pool time. The home team (blue caps and listed second in the schedule) is required to report the results of the contest within two days to the League Coordinator. Once posted on web site, results become final one week thereafter.
3. The 7<sup>th</sup> Annual "Naperville City" Championship series will be held during July and coordinated by the NSSWPL and elected host Team. For 2005, the 14U Cup (hosted by Hobson West) will take place during the week of July 20 at NCHS from 6 – 10 pm. The 11U Cup (hosted by Cress Creek) will be held Sunday, July 19th at Cress Creek Country Club. A decision regarding a championship series for the 2005 girls division will be made during June 2005, but would be during the same week as the U14 Coed tournament. Teams will be seeded according to their Conference records. Awards for the top three places for the U14 and U11 divisions shall be provided. Single or double elimination will be determined based upon number of teams and pool availability. Coaches shall select an All-League Team at the conclusion of both Championships. Championship entry fees and tournament budgets shall be determined by the Tournament Directors with approval by the League Coordinators at a pre-Championship coaches meeting held on the Thursday night before the U11 tournament.
4. During tournament play, no individual player will be eligible to play for more than one team, regardless of division.

5. Teams are responsible for their own practice balls and game caps. The home pool is responsible for the game balls and running the table. All U14 and U11 Conference games shall have two referees per contest. Each team will supply one referee for four quarters. The teams must mutually agree on the services of two objective Referees (parents, administrators, or assistant coaches). Absent mutual consent, the teams must select a Referee from a list of eligible officials that have been certified by the League and posted on the web site. Any Referee fees shall be predetermined and paid by the participating teams. The League will secure the services of IHSA officials during the "Naperville City Championships".
6. Each team shall be required to pay an insurance premium for each athlete in advance of its first event. The fee for each player participating in League play in the 14&U division is \$5.85. The fee for each player in the 11&U division is \$5.50. A check made payable to: Francis Dean & Associates (ph 630-665-7011), shall be submitted to the League Coordinator within two weeks of the initial May coaches meeting. In order to participate, all parents or guardians of athletes must sign the waiver form as depicted in Exhibit D. Copies of the original forms should be forwarded to League Coordinator prior to competing in their Teams' first Conference game. Valid Waiver forms shall determine eligibility for Conference play and the Championship tournaments.
7. The success of the League requires the mutual respect amongst all the participants, including coaches, parents, administrators and Board members. Each team will be held responsible for its actions and the actions of its parents/fans at all League venues. Failure to respect property and person may result in the exclusion from future League participation as determined by the Executive Committee.
8. Further League Information and Updates can be found via web site: [www.napervillewaterpolo.com](http://www.napervillewaterpolo.com)