

Longetics® Adult Chewable Multivitamin with Minerals

Concentrated nutrition for older adults.

Recent studies have shown that as we grow older, we are more vulnerable to nutritional deficiencies. Why? There are many reasons, but one of the most obvious is that many mature adults don't eat as much as they did when they were younger and therefore are not ingesting the same amount of calories, vitamins, minerals or nutrients. And what they do eat may not be nutritionally balanced or include high amounts of nutrients, fiber and other health-enhancing ingredients.

A daily multivitamin supplement is one of the best and the easiest ways to ensure proper nutrition requirements are met.* Herbalife understands the needs of mature adults are very different than the requirements of younger segments of the population. With that in mind, we've developed Longetics® Adult Chewable Multivitamin with Minerals, designed to help meet the special needs of older adults.

Discussion Points

- **Chewable tablets:** Forget trying to swallow a monster pill! Longetics® offers a delicious chewable tablet that's easy to swallow and just as easy to digest.
- **Immune protection:** Studies show zinc can play a major role in diminishing common cold symptoms by boosting the body's immune response. These tablets include zinc for a healthy immune system.*
- **Antioxidant support:** Beta-carotene is an important antioxidant found in fruits and vegetables and is included to provide additional support for the immune system.*
- **A three-part system:** Longetics® Adult Chewable Multivitamin with Minerals is designed to be used in conjunction with the complete Longetics® Program.

Did You Know?

Beta-carotene is considered a safe form of vitamin A. We know that it is present in many fruits and vegetables, yet the average American diet contains less than 2 mg of beta-carotene! Mild deficiencies of vitamin A may lead to decreased immune function and a lesser resistance to disease.*

Fast Facts

- Contains an exclusive formulation of 21 essential vitamins and minerals plus an herbal blend of premium-quality herbs for long-term good health.*
- Includes zinc for a healthy immune system.*
- Tablets are designed to easily absorb into your system so you get the maximum benefit of the product.



SUPPLEMENT FACTS

Serving Size: One (1) tablet

Servings per container: 60

	Amount per Serving	% Daily Value**
Total Carbohydrates	1 g	<1%
Vitamin A (50% as beta carotene and 50% as retinyl acetate)	2500 IU	50%
Vitamin C (as ascorbic acid)	30 mg	50%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as dl-alpha tocopheryl)	15 IU	50%
Thiamin (as thiamin mononitrate)	0.75 mg	50%
Riboflavin	0.9 mg	53%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	1 mg	50%
Folate (as folic acid)	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	3mcg	50%
Biotin	30 mcg	10%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	50%
Calcium (as calcium gluconate and carbonate)	85 mg	8.5%
Iron (as ferrous fumarate)	5 mg	27%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium oxide and stearate)	15 mg	4%
Zinc (as zinc oxide)	5 mg	33%
Copper (as cupric oxide)	0.5 mg	25%
Manganese (as manganese citrate)	0.5 mg	25%
Chromium (as chromium nicotinate)	10 mcg	8%
Molybdenum (as sodium molybdate)	5 mcg	7%
Herbal Blend carrot and spinach powder	4 mg	†

**Percent Daily Values are based on a 2,000 calorie diet

† Daily value not established.

Other Ingredients:

Sorbitol, xylitol, polyethylene glycol, stearic acid, silican dioxide, citric acid, strawberry artificial flavor, ethylcellulose, natural flavor, hydrogenated cotton seed oil, guar gum, Red 40 and monoammonium glycyrrhizinate.

Suggested Serving: Take one tablet two times a day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Ordering Details:

#0014 – \$10.25