

Nature's Balance Cream

Women's formula with wild yam extract and other herbs.

Women experience many unique health challenges, due, in part, to the cyclical nature of their hormones and the resulting complexities. On a monthly basis, from approximately age 12 through 50, the hormones estrogen and progesterone rise and fall in response to various complex stimuli. When one or both dominant hormones are out of sync, a variety of symptoms or complaints can occur, including bloating, premenstrual moodiness, fatigue and menstrual cramps. Women in their 20s and 30s are increasingly seeking non-pharmacological alternatives for these premenstrual complaints.

By around age 40, many women are entering the transitional phase called perimenopause. Again, because of decreasing hormone levels and their relative balance of progesterone and estrogen, women may experience hot flashes, mood swings, sleep disturbance and changes in sexual interest.

Herbalife offers a homeopathic alternative that is formulated with the goodness of wild yam and other highly beneficial herbs. Nature's Balance Cream contains premium wild yam root, along with black cohosh, to help women maintain hormonal balance. It's specially formulated to easily absorb into the skin, and it contains no fragrances or colors, so you don't have to worry about stains. This product has been designed especially for the needs of women and is a naturally effective approach to the changes that occur during perimenopause.

Discussion Points

- **Homeopathic herbs:** Nature's Balance Cream contains wild yam root and black cohosh. Homeopathic ingredients can help maintain a hormonal balance in women.
- **Natural changes:** Perimenopause brings a variety of changes for women as they reach mid-life. This can last five to 15 years, bringing with it changing menses, hot flashes, mood swings, changes in sexual interest and disturbed sleep.
- **Nutrition counts:** Good nutrition, along with the use of balancing herbal preparations such as Nature's Balance Cream, can assist women in feeling their best during perimenopause and menopause.
- **Added benefits:** Natural progesterone has a long history of homeopathic usage in promoting hormone balance.

Fast Facts

- Contains specially selected whole wild yam root, a homeopathic ingredient which has been used for decades to help normalize the estrogen-progesterone ratios in women.
- Includes Progesterone USP, a naturally derived progesterone that can help women feel a sense of balance all month long.
- Rich in black cohosh, a North American herb that has been useful in promoting a healthy balance in hormonal levels.
- Easily absorbs into the skin.
- Contains no fragrance or colors and will not stain clothing.
- Use in conjunction with other Herbalife nutritional and targeted women's health products, including Woman's Choice, Tang Kuei Plus, Xtra-Cal and Woman's Advantage with DHEA.



PRODUCT FACTS

Nature's Balance Cream
net wt 2 oz / 56g

Our Nature's Balance Cream is a topical homeopathic preparation containing standardized extracts of Wild Yam, Black Cohosh and 2% natural progesterone. It is recommended for use by women to assist in achieving a sense of balance and well-being.

DIRECTIONS:

To achieve a sense of balance all month long, apply 1/2 inch of Nature's Balance Cream (as shown on measurement guide on side of tube) to the torso area once or twice daily for three weeks, then discontinue for one week.

ACTIVE INGREDIENTS:

Progesterone 1X, Wild Yam (*Dioscorea Villosa* Extract) 1X, Black Cohosh (*Cimicifuga Racemosa*) 1X.

INGREDIENTS:

Water, Ethanol, Isopropyl myristate, Propylene glycol, Steareth-2, Steareth-21, Caprylic/Capric Triglyceride, Cetyl alcohol, Hydrogenated palm kernel oil, Alpha Tocopheryl Acetate, Sodium Hydroxide, Carbomer, Imidazolidinyl Urea, Methylparaben, Propylparaben.

For external use only. Consult a physician before using during pregnancy or if you have a serious medical condition. Keep out of reach of children.



Ordering Details:

#1516 (case of 12)

#0251 (HAP or unit) \$21.95