

AIDS Ride Update

Ride Information

Twin Cities AIDS Ride 5, July 10 - 15 St. Paul, MN to Chicago, IL, 497 miles

DAY 1 - Mon, July 10: St. Paul, MN to Wabasha, MN (94 miles)

FIRST DAY: The Opening ceremony is held at Concordia College (Hamline & I-94) at 6:00am. The ride travels south via the Cannon Valley Trail and Hwy 61 to Wabasha (MN), where the movie "Grumpy Old Men" was filmed.

DAY 2 - Tues, July 11: Wabasha, MN to Sparta, WI (94 miles)

RIVER DAY: We cross over to WI and travel south along the Mississippi River to Sparta (WI), the "Bicycle Capital of the World."

DAY 3 - Wed, July 12: Sparta, WI to Reedsburg, WI (59 miles)

TUNNEL DAY: We ride most of the day on the Sparta-Elroy Trail, a crushed limestone trail that has 3 tunnels. We stop for the night in Reedsburg (WI), the "Black Squirrel Capital of the World."

DAY 4 - Thurs, July 13: Reedsburg, WI to McFarland, WI (90 miles)

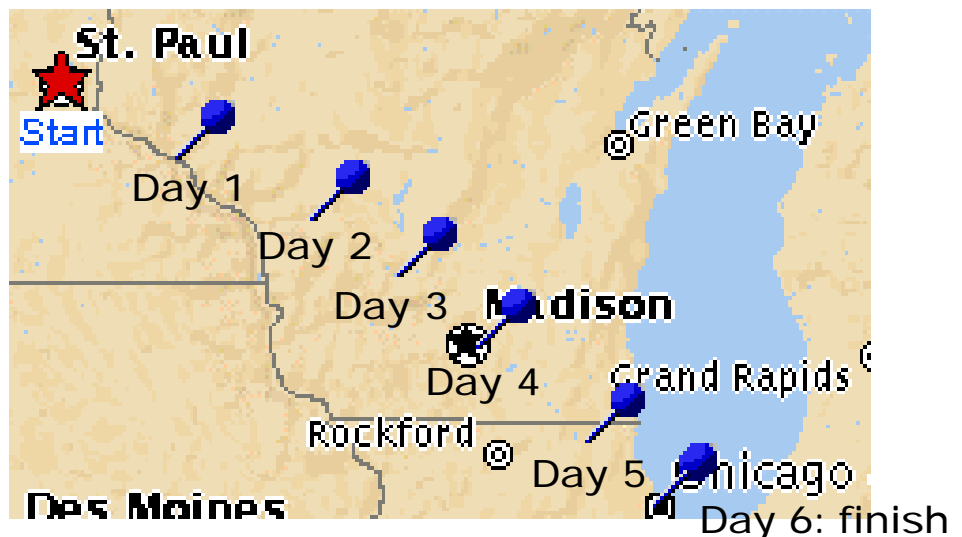
HILL DAY: Although road construction has diverted the ride away from some of the worst hills on the ride (one called "Lung-buster"), this day will be the hilliest day. We pass through Baraboo (WI), the "Clown Capital of the World," and Madison (WI), the capital of Wisconsin.

DAY 5 - Fri, July 14: McFarland, WI to McHenry, IL (90 miles)

CORN DAY: This is the second hilliest day and the scenery consists mainly of corn fields. Highlights include Stoughton (WI), the "Coffee Consumption Capital of the US," and Edgerton (WI), the "Tobacco Capital of the World."

DAY 6 - Sat, July 15: McHenry, IL to Chicago, IL (70 miles)

LAST DAY: We ride into Chicago via the northern Lakefront, passing by Northwestern University on route to the holding area. The entire group rides to the closing ceremony at Grant Park (Randolph & Michigan Ave) around 4:00pm.



AIDS Ride Update

Fundraising Information

Total Donations (as of June 15): \$3014.16
\$6.06/mile pedaled

THANK YOU!

I will have a laminated list of all donors affixed to my bike during the whole ride. In addition, I have randomly dedicated a day on the ride to each of you. I will have this "short list" on my bike each day, so even if it is rainy, hilly, hot, or I'm tired, I promise to remember who made the ride possible...

DAY 1 - Mon, July 10: St. Paul, MN to Wabasha, MN (103 miles)

- Jeff Alberts • Anonymous • Susan & Byron Danielson • Scott Hillman •
- Maureen Maslinski • Nancy & Butch Nix • Kent Peterson • Ron Schwenn •
- Bob & Norma Taylor • Isabelle Wiske •

DAY 2 - Tues, July 11: Wabasha, MN to Sparta, WI (95 miles)

- Bess Brockington • Keith & Amber Butcher • Mark & Mary Hartwig •
- Leslie Hillman • Mike Koch-Weser • Lisa & Ron Muller • Karen Padden •
- Bill Ries • Howard Swafford • Katy Walker •

DAY 3 - Wed, July 12: Sparta, WI to Reedsburg, WI (59 miles)

- Kay & Gary Gansemer • Rachel Leatham • Sarah Lynch • Ben Murray •
- Marilee Reu • Julie O'Sullivan • Becky Ries • Janet Streff • Susan Taylor •
- Karlotta & Michael Wolfram •

DAY 4 - Thurs, July 13: Reedsburg, WI to McFarland, WI (76 miles)

- Ron & Shelley Cacka • Tarik Nuhodzic & Becky Dennison •
- Shawn & Lisa Hegard • Kevin & Paige Manger-Kahle • Tricia O'Sullivan •
- Pam Seay • Barbara & Bill Swafford • Rebekah Taylor • Michelle Tito • Liz Wiske

DAY 5 - Fri, July 14: McFarland, WI to McHenry, IL (91 miles)

- Nancy Edstrom • Amy Kerber • Denise McCabe • Patty & Bud Merrick •
- Susan Patterson • Jennifer Ringold • Paul & Helen Swafford •
- Paul & Monica Zobitz • Gia Pionek • Jennifer Ward & Damon Dubord •

DAY 6 - Sat, July 15: McHenry, IL to Chicago, IL (71 miles)

- EVERYONE!!! •

AIDSRide Update

Beneficiary Information

Agape Homes (2 homes), Clare Housing (2), Grace House, Hope House (2)

Each adult foster care home accommodates residents living with HIV/AIDS by providing housing and supportive services such as meals, housekeeping, medication administration, and coordination of care. The staff and volunteers also extend support and comfort to family and friends of the residents.

Archdiocesan AIDS Ministry

Archdiocesan AIDS Ministry is sponsored by the Catholic Archdiocese of St. Paul/Minneapolis and offers an array of services regardless of faith, with three goals in mind: education, support of people with AIDS, and networking with other ASO's.

Open Arms of Minnesota

Open Arms of Minnesota relies on volunteers to prepare and deliver nutritious meals to people living with HIV/AIDS in the Twin Cities area. Last year, over 70,000 meals were delivered free of charge. Meals are also provided to children, partners, and caregivers "affected " by HIV/AIDS.

Samaritan HIV/AIDS Services, Inc.

Samaritan HIV/AIDS Services, Inc. is an outreach ministry of the Franciscan Brothers of Peace. The Brothers and volunteers are dedicated to providing financial or material assistance, such as funds for housing, transportation, food and/or emotional or spiritual needs, to HIV/AIDS service organizations or individuals with HIV/AIDS.



*Agape Homes • Clare Housing
Grace House • Hope House*

AIDS Ride Update

More
Information



Bailey, the biker cat...

People

- 1,700 riders
- 400 crew members
- 50 donors

Things

- 47,800 pounds of ice
- 23,137 gallons of water
- 23,000 energy bars
- 1,778 folding chairs
- 1,013 route signs
- 900 pounds of coffee
- 830 portable toilets
- 248 folding tables
- 140 vehicles
- 29 pit stops
- 5 campsites

Donations

Donations can still be accepted after the ride (if you are so inspired). The same procedure applies. Contact me if you have any questions.

Post-ride newsletter

I will be publishing a post-ride newsletter filled with stories, pictures, and anecdotes after the ride is over. Very exciting...watch for it!



100-mile Ironman Ride