

Navigating the Web for Cross Country Running Information

The following list will help you find all of the tournament information & forms for the 2008 State Cross Country Running tournament:

MSHSL Home Page – www.mshsl.org

Resources

Publications

General

Publications heading

Media Policy Manual

Athletic Rules & Policies Manual

General Section

A.D.'s Checklist

Coaches Responsibility: Student Eligibility Checklist

Revenue Sharing Plan

Substitution in League Tournaments

Cross Country / Boys & Girls'

Official Squads

State Tournament Program Information Deadlines

Responsibility for Spectator Conduct

Student Conduct

Awards

Tournaments

Fall

Cross Country, Boys / Girls

Other Info

State Tournaments 2008-2009

State Meet Schedule & Lane Assignments

Team Entry Form

Advance News Release

MSHSL Home Page

Administration tab– Log-in using school ID and password

League News

Team Medals Order Form

Tournament News

Boys Cross Country Running Meet

Girls Cross Country Running Meet

Tournament Info

Course Maps

Guidelines for Participating Schools

State Meet Schedule & Lane Assignments

Skoglund Field House Map

Finish Line Procedures

Uniform Verification Form