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# SECTION III: Appendices

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## APPENDIX III

### Guidelines for Coaching Tetrathlon

*Photocopy as needed. One copy should be given to the Coach;  
a signed copy should be retained by the Organizer.*

All teams and individuals **may** have Phase Coaches.

All coaches must be familiar with Pony Club and Tetrathlon, the riding phase rules and scoring, and may be asked to assist competitors in learning the rules prior to rally.

All coaches must wear identification provided by the Organizer during the rally times.

Communication between coaches and competitors is limited to:

1. Official briefings
2. Course walks
3. Warm-up
4. Schooling times provided during a multi-day rally
5. Horse matching sessions when a strange mount must be borrowed
6. Brief critique following the jumping phase

#### **Coaches must:**

1. Attend the official briefing
2. Attend the official course walk
3. Attend any other briefing or walk required

#### **Duties as pertained to the jumping phase:**

1. Observing, but not participating in, any pre-competitive soundness checks
2. Assist in matching if a borrowed mount must be used
3. Accompany competitors during the course inspection or at any other subsequent times the courses are open for walking, during which time coaches may give advice.
4. Assist competitors in the designated schooling/warm-up area.
5. Short debriefing of competitors after they exit the competition area, if desired by competitor
6. May, if needed, lead/assist getting the competitor's mount through the in-gate
7. May request an adjustment of tack. If granted the competitor must return to Horse Management for a safety check on the adjustment.

*The coach may not interfere with the immediate care of the mount under penalty of elimination of the competitor from that phase, in accordance with the rules of unauthorized assistance.*

#### **SPIRIT OF COACHING**

The role of a coach is to assist the competitor

1. In learning warm-up area techniques,
2. In the assessment of the running and riding courses and shooting range condition,
3. In learning how to deal with mistakes made.
4. In learning the rules of competition before competition begins.

The presence of a coach at a Tetrathlon rally is to promote safety, good sportsmanship during all phases and good horse-mastership in the warm-up area and during the riding phase.

A Pony Club coach is expected to help any Pony Club competitor who asks for help or who is present without a coach.

The coach is not present to give a riding lesson in the warm up area.

All phase coaches must sign that they have read this sheet:

*I \_\_\_\_\_ have read  
the USPC Tetrathlon rules and above guidelines for coaching.*