



MIDDLETOWN AREA YMCA STREET STRIDERS CLUB



The YMCA Middletown Street Striders Club organizes and promotes all aspects of running and walking, including the education of the public to the benefits of running and walking which include improving and maintaining good health.

The club is headquartered at the Middletown Area Family YMCA Branch of the Great Miami Valley YMCA. Membership to the club is open to everyone, but is not necessary to participate in club-sponsored events. Membership dues are \$10 for a one-year single or family membership, and \$5 for a youth (under 18).

Some of the many benefits of membership are:



- ** A Quarterly Newsletter
- ** Summer Series (2.5 mile races in Smith Park)
\$2 for members and students/\$4 for nonmembers/\$1 ages 60+
- ** Educational Programs
- ** Organize Annual "Sweetheart Shuffle" 5K
- ** Annual Christmas Social
- ** Monthly Business Meetings Open to All Members
- ** Competitive Race Team in Corporate Series

Date _____ New Membership Renewal Change of Address/Name

Name _____ Birthday (MM/DD/YYYY) _____

Address _____ City _____ State _____ Zip _____

Phone: (H) _____ (W) _____ email: _____

Other members of family who run/walk/volunteer (spouse and children **under** 18):

NAME	BIRTHDATE	NAME	BIRTHDATE
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Yearly Dues (single or family): \$10.00
Youth **under** 18 (unless part of family membership): \$5.00

Return to: Gail Alford, YMCA Street Striders Membership Chair, PO Box 1703, Middletown, OH 45042 or drop off to the Street Striders mail bin at the Middletown YMCA, 1020 Manchester Ave., Middletown, OH 45042. Make checks payable to Middletown YMCA Street Striders.

Questions? Call Gail Alford at 513-539-6918 or Glenn Hicks 513-420-1918

home page: www.geocities.com/middletownstreetstriders/mss

email: middletownstreetstriders@yahoo.com