

MARK ERIK MEIJER, MD, FAAFP

web site: <http://www.geocities.com/mmeijermd/>

book: <http://diabetesbook.info>

ADDRESS

Chase City Primary Care, 200 East Fifth Street; Chase City, VA 23924
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EDUCATION

1984 Doctor of Medicine, Temple University School of Medicine, Philadelphia, PA
1980 Bachelor of Science (Biology), The Catholic University School of America, Washington, DC

INTERNSHIP/RESIDENCY

1984-87 UMDNJ-Robert Wood Johnson Medical School, Department of Family Medicine, New Brunswick, NJ

BOARD CERTIFICATION

Board Certified Family Practice, year 2005; Fellow conferred 1996

LICENSURE

Virginia State Medical License; North Carolina State Medical License; South Carolina State Medical License

WORK EXPERIENCE

7/02-6/03 Physician, Craven Army Health Clinic, Fort Monroe, VA
1/91 to 10/02 Medical Director, Aynor Family Practice, Aynor, SC
Staff Member, Conway Hospital, Conway, SC
7/89 to 12/90 Emergency Room and Urgent Care, Georgetown Memorial Hospital, Georgetown, SC
5/6/88 to 6/30/89 Emergency Room Physician, Pender Memorial Hospital, Burgaw, NC
4/11/88 to 4/29/88 Coastal Inc. (*Locum tenens*) Durham, NC
at: Emergency Room, Cape Fear Valley Center, Fayetteville, NC
11/23/87 to 4/1/88 Navcare, Jacksonville, NC
9/25/87 to 11/20/87 Medstart Inc. (*Locum tenens*), Durham, NC
at: (1) Prime Care Plus, Fayetteville, NC
(2) Kaiser Permanente, Durham, NC
(3) Hemingway Medical Facility, Hemingway, SC
8/1/87 to 9/19/87 Black River Health Services, Atkinson, NC

HONORS and AWARDS

BA Biology, *Summa cum Laude*, Academic Honors, Niels Stensen Award for the Outstanding Senior in Biology, *Phi Beta Kappa*, *Sigma Xi*

OTHER TRAINING

10/12/01 to 10/12/03 Advanced Cardiac Life Support
11/30/01 to 11/30/03 Pediatric Advanced Life Support
1994 to 2002 Medical Control Officer, Aynor Volunteer Rescue Squad

PERSONAL

Born Washington DC, 10/21/57. Married to a Special-Education teacher. Two children. Likes sailing, piddling, tools. Rural and city background. Likes to be straightforward. Professional expertise in "Diabetesity," patient education, and diet.

PUBLICATIONS and RESEARCH

TEN STEPS to Control Diabetes (Tampa, FL: MeMend Books, 2004). ISBN 0-9761572-0-9
"An unusual approach to achieving glycemic control," *Cortlandt Forum* (September 2004): 45-48.