

Aunt Tec's Roast

Ingredients:

1 medium to large crockpot
2-3 lb. of roast (beef)
1-2 packages of Lipton's Onion Soup

Unwrap and rinse roast (Roast does not have to be thawed). Place the 2-3 lb. roast in a crockpot and season it with 1-2 packages of Lipton's Onion Soup. Cover the roast and let it cook on low for 8-10 hours. Remove and season to taste. Serves 10-12 (Note: the roast makes its own gravy and you can use the gravy on side items such as rice and potatoes).