



MÉDICOS DEL MUNDO INTERNATIONAL CONFERENCE IN NAMIBIA

Programme of Médicos del Mundo International Conference
Safari Hotel, Windhoek, 21st to 25th November 2005

Monday 21st November

- 9:00 Official Opening

- Honourable Dr. Richard Kamwi, Minister for Health and Social Services in Namibia.
General situation of HIV/AIDS in Namibia and commitments of the Namibian government in the fight against HIV/AIDS
- Her excellency Mrs. María Victoria Scola Pliego, Spanish Ambassador to Namibia.
The support and commitments of the Official Spanish Cooperation in Africa in the fight against HIV/AIDS. The support to Médicos del Mundo
- Mrs. María Ángeles Rodríguez, Member of the Executive Board of Médicos del Mundo.
The strategy of Médicos del Mundo in the fight against HIV/AIDS. Commitments adopted in the last years. Challenges in the medium and long term.
- Dr. Custodia Mandlhate, WHO Representative in Namibia.
Epidemiological situation of HIV/AIDS in Africa and the UN response to the disease: commitments for the future.

- 10:00 Tea break

- 10:30 Open discussion on AIDS in Africa

Moderator: Fernando Valdés, MdM – Rapporteur: Barbara Franchini, MdM.

- 25 years of fight against AIDS, critical analysis of more than two decades of action in Sub-Saharan Africa. *Ms. Nuzhat Ehsan, UNFPA Representative in Namibia.*
- HIV/AIDS and civil society in Africa: critical analysis of the current situation and strategies in place. *Ms. Clara Antunes, Representative of RENSIDA, People Living With HIV/AIDS Network in Mozambique.*
- Future challenges in the fight against HIV/AIDS in Africa. *Sarah Mwilima, HIV/AIDS Technical Advisor, John Hopkins University.*
- Questions, clarifications and debate.

- 13:00 Lunch break

- 14:30 Open discussion on the Prevention of Sexual Transmission of HIV through Syndrome Approach of STD

Moderator: Odón Sánchez, MdM – Rapporteur: Ferrán González, MdM.

- Data collection methods of STD cases and data collection of sexual contacts of patients with STD (Preservation of identity versus active search) *Cefisia Camilo y Aline Monteiro, Médicos del Mundo in Angola.*
- STD in pregnant women: Recollection of data, screening and control. *José Agostinho da Silva Mendes – STI Technician (CATV Benguela).*
- Success in STD Prevention: Information Programme, Education and Communication (IEC) and promotion of the use of condoms. *Odón Sánchez, Coordinator of the HIV/AIDS Program of Médicos del Mundo in Benguela, Angola.*



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- Questions, clarifications and debate.
- 17:00 Tea break
- 17:15 Open discussion on the **Extension of Voluntary and Anonymous Counselling and Diagnosis Services (VACDS) on HIV in a National Strategy in the fight against AIDS, obstacles and challenges.**
Moderator: David Masson, MdM - Rapporteur: Constanza Fernández de Gamboa, MdM.
- VACDS as a tool in the prevention policy for HIV/AIDS. The extension of VACD services according to the profile of the epidemic: (high, low or concentrated prevalence). Target groups. *Paul Sagna, HIV/AIDS expert in Senegal.*
 - VACD and ethics. Direct and indirect benefits for the people with a sero-positive diagnosis. Good practices. Interest of the socio-medical care networks for People living with AIDS. Access to medicaments and to biological examinations. *Dr. Mbaye, Medical Region of Saint Louis, Senegal.*
 - Decentralisation of the VACD services. Sustainability versus quality. *David Masson, AIDS Programme Coordinator of Médicos del Mundo in Saint Louis, Senegal.*
 - Questions, clarifications and debate
- 19:15 End of session
- Meeting with the four Médicos del Mundo teams in order to discuss and decide on the distribution of the working groups and methodology to be used

Tuesday 22nd November

- 8:30 Open discussion on **Reduction of the Vertical Transmission of HIV/AIDS**
Moderator: Pablo Díez Camacho, MdM – Rapporteur: Eduardo Celades Blanco, MdM
- Improved prevention programmes on the vertical transmission of HIV/AIDS. Pros and cons of offering tri-therapy or artificial breastfeeding in Sub-Saharan Africa. *Dr. Mugala-Mukungu Flavia, Specialist Physician and Chairperson of HIV/AIDS Clinicians Association in Namibia.*
 - National protocols. Analysis of the cost-benefit of the different treatments offered. *Jeffrey Stringer, PMTCT expert at the Centre for Infectious Disease Research in Zambia (CIDRZ), University of Alabama.*
 - Bringing PVT out of the Sanitary Units. Working with the traditional midwives: experiences, limits of intervention and real possibilities for success. *Pablo Díez, HIV/AIDS Programme Coordinator of Médicos del Mundo in Maputo, Mozambique.*
 - Questions, clarifications and debate.
- 11:00 Tea break.
- 11:15 Open discussion on **Awareness on Risk Behavioural Patterns, Channels for HIV Transmission and Stigmatization of the Beneficiary Population.**
Moderator: Amaia Unzueta Sesumaga, MdM – Rapporteur: Rachel Susan Basirika, MdM.
- Successful experiences of raising awareness in Africa. Prevention as the objective of the action. *Patience Maengamhuru Muyambo, Action Aid Network, Zimbabwe.*
 - Messages and contents of the awareness-raising campaigns. How to identify a good message. Prevention, cultural habits, misconceptions of AIDS etc. *Ms. Rianne Selle, Vice-Chairperson of Take Control Campaign, Namibia.*



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- Community perceptions of the male and female traditional roles: the challenge of changing. Which are the most appropriate sensitization and prevention strategies?. *Mr. Friedel Dausab, IBIS Regional HIV/AIDS Programme, Project Officer.*
- Questions, clarifications and debate.

- 13:45 Lunch break

- 15:00 Open discussion on **Assistance to People Living with AIDS**

Moderator: Fernando Agüero, MdM – Rapporteur: Marta Acero, MdM.

- Retroviral treatment in international co-operation programmes, scaling up and sustainability of the therapy. *Francesca Mitjavila, HIV/AIDS advisor, MSF Spain.*
- Non universal treatment. Selection criteria of the people to receive ARVT. *Fernando Agüero HIV/AIDS Programme Coordinator of Médicos del Mundo in Maputo, Mozambique.*
- Rational use of the anti-retroviral medicaments. How to guarantee the adherence to the treatments in Africa. *Albert Figueras, Pharmacology Institute of Cataluña (Spain).*
- Questions, clarifications and debate.

- 17:30 Tea break.

- 17:45 Presentation and explanation of the objectives and organisation of the work for the next three days. *Fernando Valdés, Desk Africa*

- 18:00 Presentation of the manual on "Management of HIV/AIDS projects of Médicos del Mundo" by the HIV/AIDS group of Médicos del Mundo Spain. *Tomás Hernández, Epidemiologist in the Public Health System of Madrid and member of the HIV/AIDS group.*

- 19:00 End of session

Wednesday 23rd November

- 8:30 Open discussion on **AIDS in the contexts where Médicos del Mundo operates, problems, answers and challenges.**

- Abdoulaye Wade, Head of Division HIV/AIDS, Ministry of Health, Senegal.
- Gloria Deilhot, In charge of PNLS, Municipality of Benguela, Angola.
- Charles Uarije, Regional HIV/AIDS Coordinator, Kunene Region, Namibia.
- Dr. T.S. K. Tshiteta, Chief Medical Officer, Erongo Region, Namibia.
- Dr. Maria de Jesus Lopes de Araujo. District Health Officer, Matola, Mozambique.
- Dr. Cesáreo Suege, In Charge of Day Hospital of Pemba, Cabo Delgado Province, Mozambique.
- Questions, clarifications and debate.

- 11:00 Tea break

- 11:15 Open discussion on the **Prevention Programme for HIV Transmission and Attention to the population affected in four countries of Sub-Saharan Africa**

Moderator: Fernando Valdés, MdM – Rapporteur: Donato Capozzi, MdM

- AIDS Programme Coordinator of Médicos del Mundo in the Saint Louis Region, Senegal.
- AIDS Programme Coordinator of Médicos del Mundo in the Benguela Province, Angola.



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- AIDS Programme Coordinators of Médicos del Mundo in the Erongo and Kunene Regions, Namibia.
- AIDS Programme Coordinator of Médicos del Mundo in the Maputo Province, Mozambique.
- AIDS Programme Coordinator of Médicos del Mundo in Cabo Delgado Province, Mozambique.
- Questions, clarifications and debate.

- 13:30 Lunch break.

- 15:00 Working groups on:

✓ 15:30 – 16:30 “Strategies for the control and prevention of the transmission of STD’s as a risk factor in the HIV infection.

Moderator: Odón Sánchez, MdM – Rapporteur: Ferrán González, MdM

- National protocols for treatment, syndromic approach and laboratory control
- Diagnosis and treatment of STD among the population practising sexual risk behaviours: the case of the sex workers
- Screening for asymptomatic patients.

- 16:30 Tea break

✓ 17:00 -18:00 “Counselling and Voluntary HIV Diagnosis Services in Sub-Saharan Africa”.

Moderator: David Masson, MdM – Rapporteur: Constanza Fernández de Gamboa, MdM.

- The VACDS in prevention strategies: experience of each project in supporting the VACDS in the primary and secondary prevention of HIV/AIDS .
- Obstacles for the use of VACDS services, and responses attempted in each project.
- The VACDS as a first approach for medical, psychological and social attention for infected people. What does exist after the diagnosis?

- 18:00 Information sharing and report of the working groups. *Chairpersons. Odón Sánchez and David Masson, MdM*

- 19:30 End of session

Thursday, 24th of November

Working groups on:

08:30 – 18:30 Working Group on the Finance Management Programme. Programme of the working group:

- 1.- Management of the AECI AIDS Program
- 2.- Administrative procedures
- 3.- Reformulations



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- 4.- AECI regulations, follow-up and economic justification and report of the AIDS Program
- 5.- Questions and clarifications

08:30 – 10:00 “Reduction of the vertical transmission of HIV/AIDS”.

Moderator and Rapporteur: Pablo Díez Camacho, MdM

- Expansion strategies of PMTCT services.
- Analysis of the PMTCT protocols. New protocols and possibilities of VTP treatment for pregnant women.
- Enrolment of pregnant women and newborns: post-partum follow-up of mother and child. Successful strategies.

- 10:00 Tea break

✓ 10:15 – 11:45 “Strategies to raise awareness to reduce the risk and vulnerability behaviour of the population confronting AIDS”.

Moderator: Amaia Unzueta Sesumaga, MdM – Rapporteur: Rachel Susan Basirika.

- How to design a good and successful sensitisation strategy?: Methods and ways.
- Evaluation and monitoring tools for the behavioural changes achieved through sensitisation.
- The gender perspective in the sensitisation strategies: women empowerment versus loss of men traditional power.

- 11:45 Sharing of information and reporting from all groups.

Chairpersons: Pablo Díez Camacho, MdM and Amaia Unzueta Sesumaga, MdM

- 13:30 Lunch break.

✓ 15:00 – 16:30 “Assistance to people living with HIV/AIDS (PLWHA)”. *Moderator: Fernando Agüero, MdM – Rapporteur: Barbara Franchini, MdM.*

- “Setting precedents for future actions”: *Home-based care*, Model of a direct action; community-based model versus a professional home-based care model.
- Other assistance strategies for PLWHA: *Day Hospital, Extension of Treatment and Prophylaxis Services for Opportunistic Infections* (Functioning methods, difficulties, solutions, etc.).
- Program for *food support to PLWHA*: Required criteria. Impact assessment. Difficulties.

- 16:30 Tea break.

- 16:45 Sharing of information and reporting from all groups.

Chairperson: Fernando Agüero, MdM.



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- 18:30 Presentation: Médicos del Mundo and its political impact on the response against HIV/AIDS. Social mobilization in Spain. *María Cebrián, Médicos del Mundo Headquarters Communication Department, Madrid, Spain.*

- 19:30 End of session.

Friday, 25th of November

- 8:30 Open discussion on **Good practice in the actions of Médicos del Mundo.**

Moderator: Donato Capozzi, MdM – Rapporteur: Fernando Valdés, MdM.

- Local representative from Médicos del Mundo AIDS Program in the Saint Louis Region, Senegal.
- Local representative from Médicos del Mundo AIDS Program in Benguela Province, Angola.
- Local representative from Médicos del Mundo AIDS Program in the Erongo Region, Namibia.
- Local representative from Médicos del Mundo AIDS Program in Maputo Province, Mozambique.
- Local representative from Médicos del Mundo AIDS Programme in Cabo Delgado Province, Mozambique.
- Questions clarifications and debate.

- 10:30 Tea break.

- 11:00 **Conclusions and recommendations. Identification of any shared initiative for the program for the next year.**

- Fernando Valdés
- David Masson
- Odón Sánchez
- Amaia Unzueta
- Pablo Díez
- Fernando Agüero

- 13:00 Closing Ceremony.

- 13:30 **Exchange of documents and literature among the five actions and the different representatives of the local counterparts.**

- 14:30 Farewell lunch.