

GAMES/ACTIVITIES FOR PROMOTING SOCIAL SKILLS

Activities to promote imitation

freeze dancing
Head, Shoulders, Knees and Toes
Simon Says
Indian Chief
Follow the Leader

Increasing eye contact and interpersonal connections

Peek-a-boo
holding hands
Ring Around the Rosy
Bubbles
Roly-Poly
Pass the beanbag
Snacktime interactions (handing out supplies, identifying classmates, conversation)
I Spy

Identifying and understanding Emotions/Body Language

Mirror play
Using pictures of faces (magazines, books) for identification and interpretation
Emotions Charades
Puppets
Role Playing

Increasing Cooperative Play

Forward/backward/sideways
Obstacle course
Group Projects - Art, Cooking, Dancing, Science Projects
Board Games

Increasing Social Problem-Solving Skills

Use of puppets to OR role-playing to create scenarios dealing with issues such as:

Conflict resolution

Teasing

Anger

Improving Conversation Skills

Show and Tell

Learning about “opinions” and ways to express them

Learning social greetings/niceties and when to use them

How and when to deliver Compliments and Criticisms