

Appendix A

Plant Remains from Medieval Dublin

Most of this comes from G.F Mitchell Archaeology & Environment in Early Dublin Medieval Dublin Excavations 1962-81 National Museum of Ireland Ser C Vol 1 (1987) Concerning the excavations at Wood Quay, Winetavern and Fishamble Streets.

A "P" means the find is from the excavations in the early 90's at Patrick, Nicholas and Winetavern Streets and recorded in the book by Claire Walsh.

Common Name	Scientific Name Dictionary.com	Occurrence in Dublin	Category From text	Notes from text	Notes for use
Hedge-parsley	Torilis sp.	P			
Garden Parsley	Petroselinum crispum	P			
Fool's Parsley	Aethusa cynapium L.	P			
Parsley-piert	Aphanes arvensis L.	P			
Thistle	Carduus/Cirsium spp.	P			
Blinks	Montia fontana L. subsp. chondrosperma	P			
Watercress	Nasturtium officinale R. Br.	P			
Grasses	Gramineae n : the grasses: chiefly herbaceous but some woody plants including cereals; bamboo; reeds; sugar cane [syn: Gramineae, family Gramineae, Graminaceae, family Graminaceae, Poaceae, family Poaceae, grass family]	30-40 P	Animal feed/litter		
Oat	Avena sp. \A*ve"na\, n. [L.] (Bot.) A genus of grasses, including the common oat (Avena sativa); the oat grasses.	10-20 P	Cereals		bread
	Cf. Scale sp.		Cereals		
Barley	Hordeum sp. n : annual to perennial grasses of temperate northern hemisphere and South America: barley		Cereals	Cereal grains not preserved unless carbonized	

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	[syn: Hordeum , genus Hordeum]				
Rye	Secale \Se*ca"le\, n. [L., a kind of grain.] (Bot.) A genus of cereal grasses including rye.		Cereals	Cereal grains not preserved unless carbonized	
Wheat	Triticum \Trit"i*cum\, n. [L., perhaps fr. tritus, p. p. of terere to grind.] (Bot.) A genus of grasses including the various species of wheat.	P	Cereals	Cereal grains not preserved unless carbonized	bread
Daisy	Bellis perennis n : low-growing Eurasian plant with yellow central disc flowers and pinkish-white outer ray flowers [syn: common daisy , English daisy , Bellis perennis]	5-10 P	flower		Decoration?
Scarlet pimpernel	Anagallis arvensis n : herb with scarlet or white or purple blossoms that close at approach of rainy weather [syn: scarlet pimpernel , red pimpernel , poor man's weatherglass , Anagallis arvensis]	10-20	Flower?		
Corn marigold	Chrysanthemum segetum n : European herb with bright yellow flowers; a common weed in grain fields [syn: corn marigold , field marigold , Chrysanthemum segetum]	10-20 P	Flower?	More common in 13 th c layers	Decoration
Long head poppy	Papaver dubium n : type genus of the Papaveraceae; chiefly bristly hairy herbs with usually showy flowers [syn: Papaver , genus Papaver]		Flower?		
Field poppy	Papaver rhoeas Redweed \Red"weed\' (r[e^]d"w[=e]d'), n. (Bot.) The red poppy (Papaver Rh[oe]as).	10-20 P	Flower?		
Hazel nuts	Corylus avellana Filbert \Fil"bert\, n. [Perh. fr. fill + bread, as filling	40-50 P	Fruits and nuts		Make milk like w/almond

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	the bread or husk; cf. <i>G. bartnuss</i> (lit., bread nut) filbert; or perh. named from a St. Philibert, whose day, Aug. 22, fell in the nutting season.] (Bot.) The fruit of the Corylus Avellana or hazel. It is an oval nut, containing a kernel that has a mild, farinaceous, oily taste, agreeable to the palate.				
hawthorn	<i>Crataegus monogyna</i> n : European hawthorn having deeply cleft leaves and bright red fruits; widely cultivated in many varieties and often grown as impenetrable hedges; established as an escape in eastern North America [syn: English hawthorn , Crataegus monogyna]	P	Fruits and nuts		
Fig	<i>Ficus carica</i> Fig \Fig\, n. [F. figue the fruit of the tree, Pr. figa, fr. L. ficus fig tree, fig. Cf. Fico .] 1. (Bot.) A small fruit tree (Ficus Carica) with large leaves, known from the remotest antiquity. It was probably native from Syria westward to the Canary Islands.	5-10 P	Fruits and nuts	Found in 1 13 th c drain	
strawberry	<i>Fragaria vesca</i> n : Europe [syn: wild strawberry , wood strawberry , Fragaria vesca]	10-20	Fruits and nuts		Smaller ones? How sweet were medieval ones?Lawn?
Walnut	<i>Juglans regia</i> n : Eurasian walnut valued for its large edible nut and its hard richly figured wood; widely cultivated [syn: English walnut , English walnut tree , Circassian walnut , Persian walnut , Juglans regia]	5-10	Fruits and nuts	Found in 1 13 th c drain	Ink! (wrong project)
apple	<i>Malus sylvestris</i> n : wild crab apple native to Europe; a chief ancestor of cultivated apples [syn: wild crab , Malus	10-20 P	Fruits and nuts		Variety?

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	sylvestris]				
Cherry	Prunus cerasus Cherry \Cher"ry\, n. [OE. chery, for cherys, fr. F. cerise (cf. AS. cyrs cherry), fr. LL. cerasia, fr. L. cerasus Cherry tree, Gr. ?, perh. fr. ? horn, from the hardness of the wood.] 1. (Bot.) A tree or shrub of the genus Prunus (Which also includes the plum) bearing a fleshy drupe with a bony stone; (a) The common garden cherry (Prunus Cerasus), of which several hundred varieties are cultivated for the fruit	2	Fruits and nuts	2 seeds found with some fruit still attached – associated with fruit processing	
Plums	Prunus domestica Plum \Plum\, n. [AS. pl[=u]me, fr. L. prunum; akin to Gr. ?, ?. Cf. Prune a dried plum.] 1. (Bot.) The edible drupaceous fruit of the Prunus domestica , and of several other species of Prunus ; also, the tree itself, usually called plum tree .	2	Fruits and nuts	Associated with fruit processing	
sloe	Prunus spinosa Sloe \Sloe\, n. [OE. slo, AS. sl[=a]; akin to D. slee, G. schlehe, OHG. sl\$ha, Dan. slaaen, Sw. sl?n, perhaps originally, that which blunts the teeth, or sets them on edge (cf. Slow); cf. Lith. sliwa a plum, Russ. sliva.] (Bot.) A small, bitter, wild European plum, the fruit of the blackthorn (Prunus spinosa); also, the tree itself.	10-20 P	Fruits and nuts		*
rose	Rosa sp. n : large genus of erect or climbing prickly shrubs including roses [syn: Rosa , genus Rosa]		Fruits and nuts		Decorate?
blackberry	Rubus fruticosus n : the true blackberry of Europe as well as any of numerous varieties or microspecies having sweet	40-50 P	Fruits and nuts	Appear in one mass with Chenopodium and Polygonum	*

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	edible black or dark purple berries [syn: true blackberry , Rubus fruticosus]				
raspberry	<i>Rubus idaeus</i> n : the common European raspberry; fruit red or orange [syn: wild raspberry , European raspberry , framboise , Rubus idaeus]	P	Fruits and nuts		
	<i>Rubus saxatilis</i> n : European trailing bramble with red berrylike fruits [syn: stone bramble , Rubus saxatilis]		Fruits and nuts		
Elderberry	<i>Sambucus nigra</i> n : common black-fruited shrub or small tree of Europe and Asia; fruit used for wines and jellies [syn: bourtrees , black elder , common elder , elderberry , European elder , Sambucus nigra]	10-20 P	Fruits and nuts	Used in cordials and wines	
Rowan	<i>Sorbus aucuparia</i> n : Eurasian tree with orange-red berrylike fruits [syn: rowan , rowan tree , European mountain ash , Sorbus aucuparia]	5-10 P	Fruits and nuts	“may have been used in cordials”	
Frochan	<i>Vaccinium Myrtillus</i> Bilberry \Bil"ber*ry\, n.; pl. Bilberries . [Cf. Dan. b["o]lleb[ae]r bilberry, where b["o]lle is perh. akin to E. ball.] 1. (Bot.) The European whortleberry (Vaccinium myrtillus); also, its edible bluish black fruit.	10-20 P	Fruits and nuts		
Grape	<i>Vitis vinifera</i> n : common European grape cultivated in many varieties; chief source of Old World wine and table grapes [syn: vinifera , vinifera grape , common grape vine , Vitis vinifera]	5-10 P	Fruits and nuts	Found in 1 13 th c drain	
Black	BRASSICEAE nigra	20-30	Herb		Leaves for salad?

Common Name	Scientific Name Dictionary.com	Occurrence in Dublin	Category From text	Notes from text	Notes for use
mustard	\Bras"si*ca\, n. [L., cabbage.] (Bot.) A genus of plants embracing several species and varieties differing much in appearance and qualities: such as the common cabbage (B. oleracea), broccoli, cauliflowers, etc.; the wild turnip (B. campestris); the common turnip (B. rapa); the rape or coleseed (B. napus), etc.	P			
Mallow	Malva sylvestris n : erect or decumbent Old World perennial with axillary clusters of rosy-purple flowers; introduced in United States [syn: tall mallow , high mallow , cheese , cheeseflower , Malva sylvestris]	10-20	Herb		Marshmallow! Whoo Hooo
Hemlock	Conium maculatum Hemlock \Hem"lock\, n. [OE. hemeluc, humloc, AS. hemlic, hymlic.] 1. (Bot.) The name of several poisonous umbelliferous herbs having finely cut leaves and small white flowers, as the Cicuta maculata , bulbifera , and virosa , and the Conium maculatum . See Conium .	10-2P	Herb!		
Celery-leaved buttercup	Ranunculus sceleratus n : annual herb growing in marshy places [syn: cursed crowfoot , celery-leaved buttercup , Ranunculus sceleratus]	50+ P	Herb?]	Eatable? Salad?
Flax, cultivated	Linum usitatissimum Linum \Li"num\ (l[imac]"n[u^]m), n. [L., flax.] (Bot.) A genus of herbaceous plants including the flax (Linum usitatissimum).	10-20 P	Linen	Occurs as ripe seeds and as immature capsules. Also fibers from linen	
Red goosefoot	Chenopodium rubrum Sowbane \Sow"bane\, n. (Bot.) The red goosefoot (Chenopodium rubrum), -- said to be fatal to swine.	30-40	Minor food grain?		

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Fat hen	<i>Atriplex patula</i> Atriplex n : orach; saltbush [syn: Atriplex , genus Atriplex]		Minor food-grains		
Lamb's-quarters	<i>Chenopodium album</i> Lamb's-quarters \Lamb's-quar"ters\, n. (Bot.) A name given to several plants of the Goosefoot family, sometimes used as pot herbs, as Chenopodium album and Atriplex patula .	50+ P	Minor food-grains	Cultivated as "food-grains to provide gruel or coarse bread for the poorer classes."	Related to Chard
	<i>P. lapathifolium/persicaria</i> Peach?		Minor food-grains		
Meld	<i>Polygonum aviculare</i> Knotgrass \Knot"grass\, n. (Bot.) (a) a common weed with jointed stems (Polygonum aviculare); knotweed. (b) The dog grass. See under Dog . Note: An infusion of Polygonum aviculare was once supposed to have the effect of stopping the growth of an animal, and hence it was called, as by Shakespeare, "hindering knotgrass."	40-50 P	Minor food-grains	Cultivated as "food-grains to provide gruel or coarse bread for the poorer classes."	Salad???
	<i>Polygonum convolvulus</i> Cornbind \Corn"bind\ (k?rn"b?nd'), n. (Bot.) A weed that binds stalks of corn, as Convolvulus arvensis , Polygonum Convolvulus . [Prov. Eng.]		Minor food-grains		
Pale pericaria	<i>Polygonum lapathifolium</i> Polygonum Polygonaceous \Pol'y*go*na"ceous\, a. [See Polygonum .] (Bot.) Of or pertaining to a natural order of apetalous plants (Polygonace[ae]), of which the knotweeds (species of Polygonum) are	30-40 P	Minor food-grains		

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	the type, and which includes also the docks (Rumex), the buckwheat, rhubarb, sea grape (Coccoloba), and several other genera.				
Pericaria	<i>Polygonum persicaria</i> Lady's thumb \La"dy's thumb" (Bot.) An annual weed (Polygonum Persicaria), having a lanceolate leaf with a dark spot in the middle.	30-40 P	Minor food-grains		
pea	<i>Pisum sativum</i> . n : plant producing peas usually eaten fresh rather than dried [syn: garden pea , garden pea plant , common pea , Pisum sativum]		Pulses	Found in testaments	
	<i>Vicia</i> or <i>Lathyrus</i> Vicia n : widely distributed genus of annual or perennial and often climbing herbs [syn: Vicia , genus Vicia] Lathyrus n : genus of climbing herbs of Old World and temperate North and South America: vetchling; wild pea [syn: Lathyrus , genus Lathyrus]		Pulses		
Opium poppy	<i>Papaver somniferum</i> Poppy \Pop"py\", n.; pl. Poppies . [OE. popy, AS. popig, L. papaver.] (Bot.) Any plant or species of the genus Papaver , herbs with showy polypetalous flowers and a milky juice. From one species (Papaver somniferum) opium is obtained, though all the species contain it to some extent; also, a flower of the plant.	10-20	Useful herb		
Wild celery	<i>Apium graveolens</i> Celery \Cel"er*y\", n. [F. c[e]leri, cf. Prov. It. seleno, seler; fr. Gr. ? parsley, in Lgr. & NGr.	P	Useful plants		salad

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	celery. Cf. Parsley .] (Bot.) A plant of the Parsley family (Apium graveolens), of which the blanched leafstalks are used as a salad.				
Fool's watercress	<i>Apium nodiflorum</i> <i>Apium</i> n : celery [syn: Apium , genus Apium]		Useful plants		Salad?
rape	BRASSICEAE campestris \ <i>Bras</i> "si*ca), n. [L., cabbage.] (Bot.) A genus of plants embracing several species and varieties differing much in appearance and qualities: such as the common cabbage (B. oleracea), broccoli, cauliflowers, etc.; the wild turnip (B. campestris); the common turnip (B. rapa); the rape or coleseed (B. napus), etc.	20-30 ?	Useful plants	Grown for oil containing seeds	Salad?
cannabis	<i>Cannabis sativa</i> n : a strong-smelling plant from whose dried leaves a number of euphoriant and hallucinogenic drugs are prepared [syn: marijuana , marihuana , ganja , pot , grass , dope , weed , gage , sess , sens , skunk , Mary-Jane , Cannabis sativa]	1 P	Useful plants	1 seed found, from rope	
Wild carrot	<i>Daucus carota</i> n : a widely naturalized Eurasian herb with finely cut foliage and white compound umbels of small white or yellowish flowers and thin yellowish roots [syn: wild carrot , Queen Anne's lace , Daucus carota]	P	Useful plants		
teasel	<i>Dipsacus fullonum</i> n : teasel with lilac flowers native to Old World but		Useful plants		

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	naturalized in North America; dried flower heads used to raise a nap on woolen cloth [syn: common teasel , Dipsacus fullonum]				
fennel	Foeniculum vulgare n : strongly aromatic with a smell of aniseed; leaves and seeds used for seasoning [syn: common fennel , Foeniculum vulgare]		Useful plants		Salad
Radish	Raphanus raphanistrum n : Eurasian weed having yellow or mauve or white flowers and podlike fruits [syn: jointed charlock , wild radish , wild rape , runch , Raphanus raphanistrum]		Useful plants		Salad
Mustard, Hedge	Sisymbrium officinale Mustard \Mus"tard\, n. [OF. moustarde, F. moutarde, fr. L. mustum must, -- mustard was prepared for use by being mixed with must. See Must , n.] 1. (Bot.) The name of several cruciferous plants of the genus Brassica (formerly Sinapis), as white mustard (B. alba), black mustard (B. Nigra), wild mustard or charlock (B. Sinapistrum). Note: There are also many herbs of the same family which are called mustard, and have more or less of the flavor of the true mustard; as, bowyer's mustard (Lepidium ruderale); hedge mustard (Sisymbrium officinale); Mithridate mustard (Thlaspi arvense); tower mustard (Arabis perfoliata); treacle mustard	3 seeds	Useful plants		Salad greens

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	(Erysimum cheiranthoides).				
Cabbage, turnip	BRASSICEAE (undif) \Bras"si*ca\, n. [L., cabbage.] (Bot.) A genus of plants embracing several species and varieties differing much in appearance and qualities: such as the common cabbage (B. oleracea), broccoli, cauliflowers, etc.; the wild turnip (B. campestris); the common turnip (B. rapa); the rape or coleseed (B. napus), etc.	20-30 P	Useful plants-vegetables	Undifferentiated includes cabbages, mustards, and turnips	Salad greens
Stinking camomile	Anthemis cotula n : widespread rank-smelling weed having white-rayed flower heads with yellow discs [syn: mayweed , dog fennel , stinking mayweed , stinking chamomile , Anthemis cotula]	50+ P	weed	Weed in plots where cereal grain grow	
Creeping buttercut	Ranunculus repens n : perennial European herb with long creeping stolons [syn: creeping buttercup , creeping crowfoot , Ranunculus repens]	40-50 P	weed		
dock	Rumex Polygonaceous \Pol'y*go*na"ceous\, a. [See Polygonum .] (Bot.) Of or pertaining to a natural order of apetalous plants (Polygonace[ae]), of which the knotweeds (species of Polygonum) are the type, and which includes also the docks (Rumex), the buckwheat, rhubarb, sea grape (Coccoloba), and several other genera.	50+	weed		Salad?
Common nettle	Urtica dioica n : perennial Eurasian nettle established in North	40-50 P	weed		

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	America having broad coarsely toothed leaves with copious stinging hairs [syn: stinging nettle , Urtica dioica]				

One fecal mass contained sloe, blackberry, and strawberry seeds
 Another had bits of several grains and pot herbs. .

Cainneann = leek ?

Appendix B

Animal remains from Medieval Dublin

Common Name	Scientific Name	Occurrence in Dublin	Category	Notes from text	Notes for my usage
Strom	<i>Nesovitreia hammonii</i>	1	Molluscan	shell	
Cod			Fish	Caught in spring of 10 year	I'd rather use salmon
Ling			Fish	11 yrs old	
Cockle	<i>Cardium</i> n : type genus of the family Cardiidae: cockles [syn: Cardium , genus Cardium]	Common	Marin Invertebrates		
Mussel	<i>Mytilus edulis</i> Mussel \Mus"sel\, n. [See Muscle , 3.] 1. (Zo["o]l.) Any one of many species of marine bivalve shells of the genus Mytilus , and related genera, of the family Mytid[ae] . The common mussel (Mytilus edulis ; see Illust. under Byssus), and the larger, or horse, mussel (Modiola modiolus), inhabiting the shores both of Europe and America, are edible. The former is extensively used as food in Europe.	Common	Marin Invertebrates		
Oyster	<i>Ostrea edulis</i>	Less common	Marin Invertebrates		
Scallop	<i>Pecten</i> sp	Less common	Marin Invertebrates		
Limpet	<i>Patella vulgaris</i>	Very rare	Marin Invertebrates	No rocky coast nearby	
Periwinkle	<i>Littorina littorea</i>	Very rare	Marin Invertebrates	No rocky coast nearby	

