

# BASIC RULES

Rules are important but, even more important, is understanding why they should be followed. Don't just post a list of rules to follow, have a discussion about them. And don't break the rules yourself!

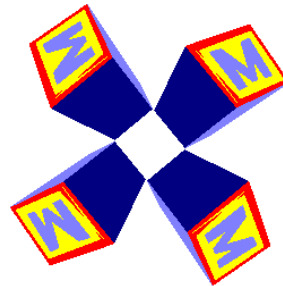
- Never give out your password to anyone.
- Never give out your real name or one of anyone in your family, where you live, your telephone number, or where you go to school.
- Never send pictures of yourself or family online.
- Never continue conversations that that you are unsure of. Tell your parents if something questionable happens.
- Never agree to meet someone.
- Never accept any product offers without your parents' approval.

main resources.

<http://www.safechild.org/internet.htm>

<http://www.fbi.gov/publications/pguide/pguidee.htm>

<http://www.webmonkey.com/kids/planning/safety.html>



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***STOP,  
LOOK,  
AND  
LISTEN!***



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**YOUR CHILD'S SAFETY ON  
THE INTERNET CAN BE  
THAT SIMPLE!**

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# IT'S SIMPLE PARENTING!

One of the best ways to protect your children is also the simplest: Spend time with them online!

- **STOP** what you're doing to spend time with your children online. The computer is exciting by yourself but much more fun with somebody else.
- **LOOK** at the sites your children are visiting. Watch how your children are navigating within your browser.
- **LISTEN** to what your children talk about with their friends about the internet. Ask your children questions and pay attention to their technology lessons!

# THE INTERNET BABY-SITTER

Parental Controls are everywhere these days, video games, tv programs, and the internet too. Check out the options available to you from your internet service provider and on your browser.

- Block sites that could expose your children to inappropriate material, chat rooms, instant messaging.
- Set filters to the highest possible level.
- Regularly use the history on your computer to check out sites that your children visit.
- Set a maximum time of 30 minutes for the internet to maintain its connection.
- Don't give your children the password to connect to the internet.

# SIMPLE PROTECTION. NO TECH KNOWLEDGE NEEDED!

If you're not as tech savvy as you'd like to be then try these easy and effective tips.

- Only allow internet access to your children on a family computer in a common area.
- Do not allow headphones to be used to listen to the computer.
- Periodically look over your children's shoulders to see what they're looking at or listening to.
- Only allow access to the internet when an adult is present.