

# THE MUMMY'S WRAP

By Fledermaus & Lady Grape

Safety rating: **TG**—An Experienced Top's Guidance is Recommended

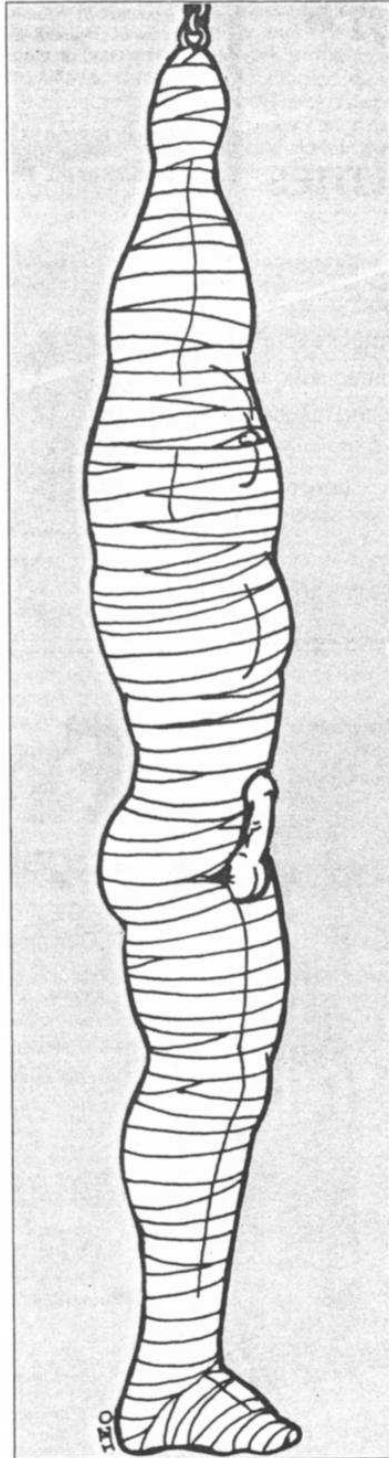
Tutmania is long past, but people all over the country saw the boy king's chairs and vases, cane and dagger, and his fantastic golden mask. Although few of us could duplicate the mask, we can certainly do a reasonable facsimile of his "underwear."

Mummification is a real turn-on to virtually anyone with an interest in bondage. And it can be done in a way to render the bottom totally immobile. Use elastic bandages. Any width will work but the narrower they are, the more you will need. We like 3" and 6" widths for most of the body. A dozen of each size is enough for the largest of men, and there are often some 3" ones left over. A few 2" or even 1" may be useful for men's genitals and some women's breasts, if you want to elevate and separate them.

Before you begin you will have to make a few basic decisions. Is the mummy to be standing or lying down? The standing position gives you greater access to the body, making the job of wrapping much easier. However, once wrapped, or even partially wrapped, the bottom cannot stand without support. You will need to attach hands to an overhead, or have an assistant to hold the bottom steady while you work. Even if you are going to lie the completed mummy down, the more wrapping you can do while it is standing the better off you'll be. If you want to hang the mummy in an upright position put the hands palm to palm, tie the wrists together with several loops of rope, preferably over a layer of tightly wrapped bandages, cinch the rope between the wrists and fasten to a secure overhead. See page 9 for information on hanging up a bottom.

You must also decide before you begin in which position you will place the arms. They can be either extended straight up over the head or down alongside the body. The latter position is the more traditional "mummy" look, and it is decidedly more comfortable for the bottom. The arms-up position is less comfortable for the bottom and more restrictive, particularly if the arms are attached, limiting elbow flex. Arms-up also takes fewer bandages and is simpler to do.

If your bottom is a woman, you can use your favorite breast bondage with any soft rope or similar material under a mummy wrap. Or to create a bandage



"bra," have her stand with her arms stretched out at shoulder level. Wrap a 1" or 2" (use 1" for small breasts, 2" for larger ones) bandage twice around her chest, just under the breasts, to secure. Then bring the bandage up under the breast it is moving toward, around the back and slightly over the other breast and across the last turn. Then wrap across the top of the first breast and under the bottom of the second one. (You're making figures-of-eight lying on their sides, or infinity signs). Repeat until the breasts have a shape you like.

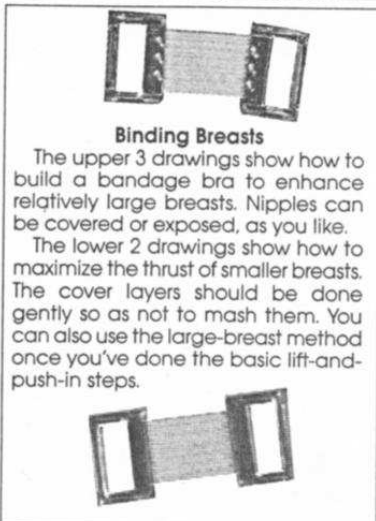
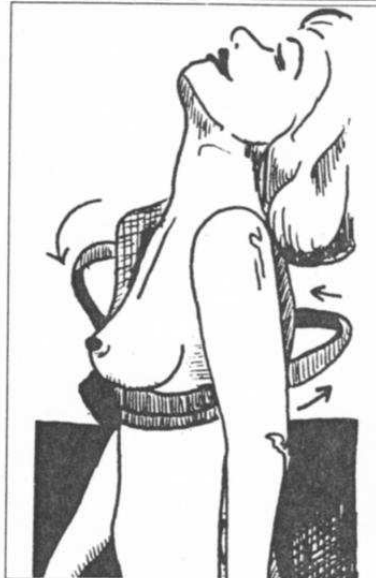
Or you can use a different breast support, particularly useful if her breasts are relatively small. Begin as above, with a 1 or 2" bandage twice around her chest. Bring the bandage roll up the outer side of one breast, behind her neck and down the outer side of the second breast. Wrap once around the chest and repeat. To cover, continue wrapping horizontally over both breasts, overlapping each round with the round above. Then proceed as below.

Have the bottom stand with arms raised above the head. Tie wrists together and attach to appropriate suspension hardware, or at least have the bottom grab a hanging rope or chain to keep the arms up in the air and to aid in balance. Even if you are going to do a hands-down wrap, start in this position and lower the arms later.

Wrap a wide bandage around the torso just under the armpits. With each turn, move lower. As each roll is finished, tuck the end into a completed turn. Tuck in the next roll and overlap the previous turn somewhat on the first go-round. (We recommend against becoming dependent on the clips that are supplied with the bandages. They tend to get lost and if they don't, they lose their capacity to grip. If you don't want to tuck the ends, use a small piece of duct (gaffer) or (cloth, not paper) adhesive tape, taping only to bandage, not to skin.) The tighter you pull the bandages as you wrap, the more the stretch will be felt and the tighter it will feel to the bottom. Continue wrapping the entire torso, down to crotch level.

If your bottom is male, let his cock and balls protrude from the wrapping. If you are going to leave him standing, or if you have help to lower him, keep on wrapping downward, wrapping the legs together. If you are going to have to lower him without help, stop wrapping at his upper thighs and help him get to the floor, bed, table, etc. and then continue wrapping.

Illustrations by Tripp



#### Binding Breasts

The upper 3 drawings show how to build a bandage bra to enhance relatively large breasts. Nipples can be covered or exposed, as you like.

The lower 2 drawings show how to maximize the thrust of smaller breasts. The cover layers should be done gently so as not to mash them. You can also use the large-breast method once you've done the basic lift-and-push-in steps.



If your bottom is female, proceed as above unless you want to keep access to her cunt. If this is the case you must wrap each leg separately.

If you wrap the legs without doing anything else, the bottom will be able to bend knees and move legs quite a bit. To prevent unwanted motion—and to add interest—insert a hollow, fanged dildo on the end of a length of dowel or broom handle at least 18" long. Insert the dildo(s) in the orifice(s) of your choice. To minimize risk of the dowel puncturing the dildo, drill a hole through near the end which will be outside the body and put a piece of soft rope through it. Tie the rope around the thigh(s). Wrap the dowel securely to one leg and then wrap the two legs together. Leg movements will be greatly restricted, and what movement is possible

will provide interesting internal sensations.

With or without the dowel, wrap the legs and feet completely, leaving no areas exposed. Wrap extra layers around the knees and ankles to keep them secure.

If you want the hands secured above the head, and have not already done so, wrap a narrow bandage around wrists with hands palm-to-palm. Make this wrap tight and secure. Then wrap hands together tightly and completely so that not even a finger can be twitched. Continue wrapping bandages around up stretched arms, keeping the head between the arms and wrapping it with them. Fill the mouth with an appropriate gag if you like, before wrapping the face. Remember to leave the nostrils unobstructed. (If the

bottom is prone to nasal congestion, leave the mouth uncovered as well.) Continue wrapping until the last bandage overlaps the top one on the torso. This last one will be most difficult to put on since it will be necessary to raise the lying-down bottom to get under the shoulders. In this position the bottom can move arms only minimally.

On a male bottom, use a narrow bandage to wrap a few turns around his scrotum in the fashion of a ball stretcher. Then wrap the rest of the bandage around his trapped balls, sealing them in completely. Remember the more you stretch the bandage as you wrap, the more pressure he'll feel on his trapped nuts. You may also wrap the cock, but leaving it naked makes it vulnerable to all sorts of nasty and entertaining things.

Now you have your mummy. In this position, it makes an excellent pillow to lean against while you read or watch TV, or you can use it as a footrest, depending on where you put it. Consider it an interesting centerpiece on the table as a few friends dine. Then you could unwrap it for after-dinner entertainment. Or combine the wrapping with one of the favorite diversions in the Tower of London—pressing with weights.

If you wish to wrap the bottom with arms down along the torso, wrap the body as described above down to crotch level. Then lower arms and have the bottom hold them out from the body. Alternating sides wrap up and over the shoulders to cover the tops, then lower arms to sides. Loosely wrap each hand, place it palm down against a thigh, and securely and tightly wrap the wrist to the thigh. When both wrists are secured again wrap the entire torso, this time including both arms. Make certain that the wrapping in the area of the elbows is particularly secure. This technique requires a lot more bandages than the one described above, but it is much more comfortable and the bottom will be able to tolerate it longer. You could wrap the arms down without first wrapping the torso, but then much of the feeling of isolation that mummification produces is lost by the feeling of arms against sides or by letting

the fingers press on the thighs.

Still another variation that Fledermaus has used quite successfully on a number of occasions is to mummify into a sling. Put the bottom in a sling with each arm/leg along one of the chains. Completely wrap the torso, including the sling, drawing the sling up around the sides of the body to become a part of the wrapping. Include the head in the basic wrapping. Wrap each arm and leg securely to a chain, completely encasing hands and feet. The ass and genitals may be wrapped or left exposed as you wish. When you are finished the visual image is of a mummy hanging suspended from four chains. This is a very comfortable position for the bottom and is convenient for the Top, particularly if ass and/or genital work is to be a part of the activities.

As variations, you can put clamps on nipples before you begin and let them protrude through the bandages. If you do this, be sure to cross the bandage over the chest between the clamps, or you will leave too much skin exposed. You could put a swimmer's nose clamp and a piss gag on before wrapping the face. Naturally the hose should be completely covered but the hole left open in the piss gag. You will then have relatively good control over breathing.

The length of time a bottom can stay totally mummified varies with the bot-

tom's and, to a lesser extent, the Top's, experience. If you're mummifying a novice or someone who is not often put in bondage, start unwrapping half an hour after you've finished wrapping. With a more experienced bottom or one whom you have regularly subjected to rigorous bondage, use your own experience with that bottom to determine how long to wait.

Although this form of mummification covers the bottom completely in multiple layers of fairly thick fabric, the bottom is apt to feel chilled due to the porosity of the bandages and the absolute lack of movement. Be alert for chills and have a blanket or other cover ready for extended scenes.

Unwrapping is easiest done in reverse sequence. Releasing the wrapping may distort a standing bottom's sense of balance and hot and cold. Have a chair and a blanket handy and be prepared for the possibility that the bottom may feel a trifle faint or dizzy. Sitting or lying down, covered, should take care of any problems.

We'll deal with mummification using other materials in future issues of *SGADJ*. One of our favorites is Saran Wrap, with or without duct tape. Saran Wrap produces a very different range of sensations for both Top and bottom, and has different safety precautions. Watch for it.

Meantime, happy wrapping! □