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## **Aleina Spigelman, B.A., M.Sc. (in progress)**

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### **Skills and Abilities**

- < Very extensive experience in dealing with the public.
- < Excellent communications skills, both verbal and written.
- < Fluent in French and English and have basic knowledge of American Sign Language.
- < Proficient with many computer systems and software programs.

### **Education and Professional Development**

- < *University of British Columbia*: M.Sc., Health Care and Epidemiology (Faculty of Medicine). Expected graduation May 2001. First Class Standing.
- < *University of British Columbia*: B.A., Women's Studies. Graduated May 1996, First Class Standing. Recipient of a UBC Outstanding Student entrance scholarship 1992.
- < *BC Women's Hospital and Health Centre*: Workshops including *Preparing Effective Proposals and Reports* and *Giving Presentations*.
- < *Kol Isha*: An international one-month women's leadership training seminar held in Israel.
- < *Campbell Collegiate*: Graduated with Honours from the French immersion program 1991.
- < *Regina Multicultural Association Oratory Contest*: First place. The contest focused on the elimination of racism and discrimination. May 1991.

### **Professional Experience**

#### **Research Assistant and Staff Support**

**Vancouver/Richmond Health Board, Women's Health Planning Process,  
Vancouver**

**May 1998 to February 1999**

- < Helped organize, provided support for and provided research and writing services for the Women's Health Planning Process. In this role, I was part of the Steering Committee and the Project Management Committee.

#### **Research Coordinator**

**Breast Implant Centre, Children's and Women's Health Centre of BC, Vancouver**  
**May 1996 to August 1998**

- < Organized, coordinated and/or conducted research into a variety of breast implants issues, including: testing and treatment options for women suffering from breast implant related illness; current research; Health Canada, FDA and manufacturer policies; composition of breast implants; and alternatives for women who want reconstruction or who want to replace their current implants.

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- < Initiated and designed two research projects which are now receiving funding from the BC Centre of Excellence for Women's Health.
  - < Helped organize and presented the keynote address at the Breast Implant Conference in June, 1997.
  - < Designed the framework for and am now establishing a registry for women with breast implants.
  - < Prepared a report for Dr. Penny Ballem, Vice-President, Women's Health, Children's and Women's Health Centre of BC and the Breast Implant Centre on the past, present and future of breast implants and the Breast Implant Centre's role.
  - < Provided clients with information about all aspects of breast implant issues.
  - < Helped organize the Breast Implant Centre office and library.

## **Research Assistant**

### **Martin Spigelman Research Associates Ltd., Victoria**

#### **June 1995 to Present**

- < *Managing Volunteerism in the Immigrant Settlement and Integration Sector.* Assistant Project Manager. This project is being undertaken for the Ministry of Multiculturalism and Immigration. With the research team leader, I developed the project overview, contact letters, survey instruments and key informant interview guides. I was responsible for administering those surveys and analyzing the results and for conducting key informant interviews. This project will culminate in a final report that will include a policy framework for MMI and supplemental reports based on the survey results.
- < *Opening Opportunities: Applying the STIC Model in BC.* Assistant Project Manager. Undertaken for MOSAIC and the Ministry of Multiculturalism and Immigration, this project examined the Ontario Sector-Specific Orientation, Terminology Training, Information and Counselling (STIC) program and evaluated the viability of such a project in BC. I had primary responsibility for most of the work of this project, including participating in all meetings, developing a project overview and key informant interview guide, conducting key informant interviews, collecting analyzing data and writing the final report.
- < *On Track: Building on the Past for the Future. An Evaluation of the Creative Employment Options Program.* I reviewed surveys and conducted key informant interviews with managers, staff and participants of Neil Squire Foundation's CEO program for people with disabilities. I participated in all meetings and had primary responsibility for the final report.
- < *Looking Ahead: Planning for the Labour Market Integration of Immigrants in the Lower Mainland and Fraser Valley Regions of BC (1999).* Assistant Project Manager. I organized and conducted interviews and focus group meetings and contributed to the project's working papers, environmental scan and final report.
- < *Unfulfilled Expectations, Missed Opportunities: Poverty among Immigrants and Refugees in British Columbia (1998).* I conducted interviews with immigrants and organizations regarding the situation and needs of immigrants in BC. I also helped prepare, administer and analyze a survey of immigrants and refugees and contributed to the final report.
- < *Making Welfare Work: Social Assistance in First Nations Communities (1998).* For this project, I did a literature review and helped write the final report.
- < *Pulling it All Together: An Approach for Integrated Planning in First Nations Communities (1998).* I did a literature review and helped write the final report.
- < *Enhancing Opportunity: Meeting the Employment Training Needs of Recent Immigrants to British Columbia (1997).* I conducted interviews with various employers and organizations regarding the employment needs of recent immigrants to BC. I was also involved in writing the final report.
- < *Evaluation of the First Nations/Inuit Child Care Initiative (1997).* My work with this

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evaluation included organizing and conducting interviews with community members, parents and day care developers, planners, administrators and workers. I also assisted with administering and analyzing parent surveys.

**Research Assistant**

**Adrian Gibbons and Associates, Victoria**

**June 1997**

- < Conducted a series of key informant interviews for a project that examined the health care needs of First Nations people on reserve.

**Research Assistant**

**College of Midwives of British Columbia, Vancouver**

**Nov. 1996 to April 1999 (intermittent)**

- < Provided research and recommendations to the Interim Multidisciplinary Midwifery Registration Panel to aid with their development of a registration and evaluation process for the CMBC.
- < Conducted client interviews during the midwifery application process.
- < Conducted the check of application for registration as a midwife in British Columbia.
- < Provided help and information for the Interim Registration Committee of the CMBC and for the CMBC Board.

**Communications Assistant**

**Canadian Broadcasting Corporation, Regina and Vancouver**

**October 1991 to August 1992; Casual 1993 to 1996**

- < Prepared advance television and radio information for the general public and for newspapers, TV Guide and Radio Guide listings.
- < Received and distributed press releases to and from the Communications department.
- < AD-Base data entry.
- < Acted as a contact between the Engineering Department and the exterior (other CBC locations and the general public).
- < Responsible for responding to public inquiries concerning the CBC.
- < Helped organize the 60<sup>th</sup> Anniversary CBC Open House in July 1996.

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## References

**Dr. Penny Ballem, MD FRCP (C)**  
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