



Daisy Troop Start-up Kit

This booklet is a resource designed for a new leader to help make it through those first couple of troop meetings before a Basic Leadership and a Daisy Program Age Level Training is completed.



Welcome to Girl Scouts!

Thank you for volunteering your time to invest in a group of girls! Hopefully this kit will help you get through the first couple of meetings and give you an example of how to plan future ones. This resource will help you start meeting with the girls even if you have not yet completed all of the required Basic Leadership Training and secured the Guide for Daisy Girl Scout Leaders and Daisy Girl Scout Leaders Activity Book. We hope that your Girl Scout experience will be a positive one as you help girls grow strong! If you have any questions or need any help please contact _____.

Tips for getting your troop started:

- For safety reasons, there must be 2 adults at every meeting. Have a co-leader, assistant leader or another registered adult helper at every meeting.
- Create a “Troop Box” of materials that will be used at every meeting.
- Recite the Promise at every meeting to help the girls learn it and live by it.
- Show the girls examples of the uniform they might wear and the petals they will be earning.
- Tell the girls what they are going to do at the next meeting so that they will be excited to come back.
- To prevent you from being overwhelmed, get help from the girls’ parents to serve in different troop committee positions.

Girl Scout Promise:

On my honor, I will try:
To serve God and my country
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law:

I will do my best to be:
Honest and fair
Friendly and helpful,
Considerate and caring,
Courageous and strong, and
Responsible for what I say and do,
And to,
Respect myself and others,
Respect authority,
Use resources wisely,
Make the world a better place,
And be a sister to every Girl Scout



Girl Scout Glossary:

Girl Scout sign: Hold the middle three fingers up by putting your pinky and your thumb together.

Girl Scout handshake: Shake hands with your left hand while making the Girl Scout sign with your right hand.

Friendship circle: This stands for an unbroken chain of friendship with Girl Scouts and Girl Guides all around the world. Everyone stands in a circle and places their right arm over her left and holds hands. Everyone makes a silent wish as a friendship squeeze is passed from hand to hand.

Friendship squeeze: After someone shares something in the circle, she squeezes the hand of the person standing next to her, who shares something and the squeeze passes on around the circle.

Quiet sign: Hold up your right hand. As people in the group see the quiet sign, they stop talking and also raise their hands. Once everyone is silent, the meeting continues.

Girl Scout motto: “Be prepared!”

Girl Scout slogan: “Do a good turn daily!”

Daisy Girl Scout Circle: A circle that the girls can sit in to share ideas.

Earned recognition: Daisy Petals, the Promise Center symbolizes the learning of the GS Promise and each petal earned is for a part of the GS Law each Daisy understands.

Girl Scout Songs:

We Are Daisy Girl Scouts (to the tune of “I’m a Little Teapot”)

We are Daisy Girl Scouts,
and we are neat.
Here are our hands and here are our feet.
When we get together, we all say
Let’s have fun the Girl Scout Way!

We are Daisy Girl Scouts
dressed in blue.
I am a Girl Scout, you are too
When I go to meetings, I sing and shout!
I love being a Daisy Girl Scout!

Daisy Smile Song

I’ve something in my pocket (put hands in pocket);
that belongs across my face (point to your face).
I keep it very close at hand (put both hands over your heart)
in a most convenient place.

I’m sure you couldn’t guess it (put your arms out like your asking “what?”)
If you guessed a long, long while.
So I’ll take it out and put it on –(take it out of your pocket and put smile on mouth)
It’s a great big Daisy Smile (smile)!





Introduction to Girl Scouts

Materials Needed:

- Colored foam sheets
- 1 safety pin/girl
- 1 “Who am I?” worksheet/girl

Advanced Preparation:

- Cut foam into shapes such as flowers, butterflies, hearts etc.
- Think of motions to go along with the “We Are Daisy Girl Scouts” song.

Meeting:

Pre-Meeting Activity

1. As the girls come in have them make a name tag.

Opening

1. Have the girls sit in a circle. Introduce the leaders and then have each girl introduce herself.
1. Sing the “We are Daisy Girl Scouts” song to the tune of “I’m a Little Teapot”. Make motions to go along with the song.

Business

1. Explain that you are all Girl Scout sisters and will be getting to know one another better.

Activity

1. Have them begin to work on the worksheet from the Daisy Activity Book, “Who am I? I’m a Daisy Girl Scout!”
2. Encourage each girl to share something about themselves from their worksheet.
3. After sharing, play “Daisy to Daisy”. Have the girls pair off into twos, with one person as the “caller”. The caller shouts out different body parts that the partners must match by touching. They hold this position until the next call. For example, the caller shouts, “elbow to elbow”. The partners would touch each other’s elbows. The caller might then shout out, “ear to ear,” at which time each girl will drop her elbow and touch an ear to her partner’s ear. When the caller shouts, “daisy to daisy”, everyone runs to find another partner, and the calls start again. You may want to let the caller run also, so that a new caller can be chosen.

Closing

1. Explain that a Girl Scout always leaves a place cleaner than it was. So everyone should pitch in to help clean up!
2. Form a Friendship Circle and share a thought about what each girl learned today

Back pocket activity

1. If the girls finish their worksheet, have them draw a picture of themselves on the back.



Who's a Daisy Girl Scout?

Materials Needed:

Name tags	Gauze
Container for first aid kit	Safety pins
Plastic Gloves	Band-aids
Emergency # cards	Alcohol swabs
Cotton swabs	"Who's a Daisy Girl Scout" story
Little Ziploc bag	Coloring pages

Advanced Preparation:

Review the Girl Scout Ways from the glossary in the introduction.

Meeting:

Pre-Meeting Activity

1. Have the girls color a picture. The following is a link to some Girl Scout coloring pages: <http://north4cluster.org/resources/downloads/coloringbook/index.html>.

Opening

1. Have the girls form a circle. Play an ice breaker/get acquainted game.

Business

1. Share with the girls that they will be learning about Juliette Low and making first aid kits today.

Activity

1. Introduce the girls to some Girl Scout ways listed in the glossary.
2. Ask them how they can be prepared for certain situations. For example, if we know it will rain, how can we prepared to go outside? Explain that sometimes while playing you can get hurt. Ask them how they can be prepared, ready for any situation.
3. Make a troop first aid kit to be prepared for any small injuries that might happen. Let each girl add an item and tell why the item is needed or what it might be used for.
4. Read about Juliette Gordon Low to learn more about Girl Scouts and the founder of Girl Scouts of the USA.

Closing

1. Everyone should pitch in to help clean up!
2. Get together in a Friendship Circle. Go around the circle and have everyone share one thing they've learned about Girl Scouts and then squeeze the next girls hand until everyone has had a turn to share. Afterwards turn around in the circle while holding hands.
3. Remind them that they will be making puppets next week.

Back pocket activity

1. Play a band-aid relay game. Have girls divide up into two equal lines. Each girl is given a band-aid. The girl at the front of the line takes about 10 large steps forward and turns around to face the others in the line, she is the "starter". The leader (or extra girl) can be the "caller". She says "Go!" and then names a body part. When "Go - Arm!" is said, the first girl in line runs up to the starter, hold out her arm and gets a band-aid put on it. She then becomes the starter, and the first starter goes to the end of the line. Relay continues until all girls have a band-aid stuck on them.



Girl Scout Promise and Law

Materials Needed:

- Name tags
- 1 popsicle stick/girl
- 1 puppet cut-out/girl
- Scissors
- Crayons
- Tape or glue
- Any other materials you want to use for the puppets
- Decorations for the stage

Advanced Preparation:

Set up some type of stage area where the girls can use their puppets to put on a puppet show. For example, a table turned on it's side with a bed sheet in front of it.

Meeting:

Pre-Meeting Activity

1. Have some scenery type decorations available for the girls to color.

Opening

1. Introduce the girls to the Girl Scout Promise and Law. Say the Girl Scout Promise and Law while the girls repeat after you. Keep practicing the Girl Scout Promise so that when they have learned it they can earn their Daisy Promise center.

Business

1. Ask them what it means to be "honest and fair", "friendly and helpful" etc. Explain that throughout the year they will be earning Daisy Petals as they learn what each part of the law means.

Activity

1. Make Popsicle Puppets. Have the girls cut out a person and then glue it onto a popsicle stick. They can decorate it however they wish and with whatever materials you have available.
2. Make a puppet play. After they have decorated their puppets, have the girls act out what it means to be a Daisy Girl Scout and to follow the Girl Scout Promise and Law. For example, one puppet falls down and another puppet helps her up. She is demonstrating how to be "friendly and helpful."

Closing

1. Everyone should pitch in to help clean up!
2. Form Friendship Circle and share a thought about what each girl learned today.

Back pocket activity

1. Sing "We are Daisy Girl Scouts" or have them color a coloring page.





Be Prepared!

Materials Needed:

- Crayons
- Puzzle papers
- Ziploc bags
- Investiture invitations

Advanced Preparation:

Prepare investiture invitations to invite the parents to the ceremony.

Meeting:

Pre-Meeting Activity

1. Have the girls color a puzzle. Make sure they color on the side without lines. Cut it out and then have them put it back together again. Then they can switch with another girl. Have the girls keep their puzzle pieces together in a bag so that they don't get mixed up with others.

Opening

1. Practice the Girl Scout Promise.

Business

1. Tell them that the next meeting will be a ceremony welcoming them to Girl Scouts and that their parents are invited to come to it. Ask them how we can be prepared. Tell them that we need to practice and make invitations to give to their parents.

Activity

1. Practice the ceremony. There is a sample investiture ceremony on the next page.
2. Have the girls color their invitations to give to their parents.

Closing

1. Clean up!
2. Form a Friendship Circle and remind them that the ceremony will be next week and that their parents will be visiting and so they need to be on their best behavior.

Back pocket activity

1. Play with their puzzles.



Sample Investiture Ceremony

Girl 1: "Please Stand".

Girl 2: "Please say the Girl Scout Promise".

All: Recite the Girl Scout Promise.

Leader: "Where are the girls who want to be Daisy Girl Scouts?"

All: "Here we are!"

Leader: "You have all agreed that you are ready to make the Girl Scout Promise and receive your pin as Daisy Girl Scouts. Daisy Girl Scouts are named after the founder of Girl Scouting in the USA. Do you remember who she is? Her name is Juliette Gordon Low and her nickname was Daisy. Girls throughout the world make the same promise in their own language and give the same handshake. Now you are a Daisy Girl Scout."

Assistant: "_____ as a Daisy Girl Scout would you come forward?"

Leader: "Welcome _____. Here is your Daisy Girl Scout pin." She pins girl, gives Girl Scout handshake, "And here is your certificate." Repeat this for each girl.

Leader: Tonight we welcome you and your daughters to the world of Girl Scouting. We will close with a song and the Girl Scout Friendship Circle.

Leader: "Now lets stand up and sing our Daisy Girl Scout song".

All: Sing "We are Daisy Girl Scouts".

Leader: "Let's all (including the parents) make a Friendship Circle by putting your right hand over your left." All turn around.

Leader: Thank the parents for attending and tell them they can talk to you if they have any questions. Invite them to join you for refreshments.





Investiture Ceremony

Materials Needed:

- Girl Scout Daisy Pins
- Daisy Beginning Certificate (can be purchased in the GS shop or created by you)
- Refreshments
- Table cloth
- Name tags

Advanced Preparation:

- Remind the parents about the ceremony.
- Write the girls' names on the certificates.
- Set up a table with refreshments.

Meeting:

Pre-Meeting Activity

1. Have everyone write their name on a nametag.

Opening

1. Welcome the parents and introduce the leaders.

Business

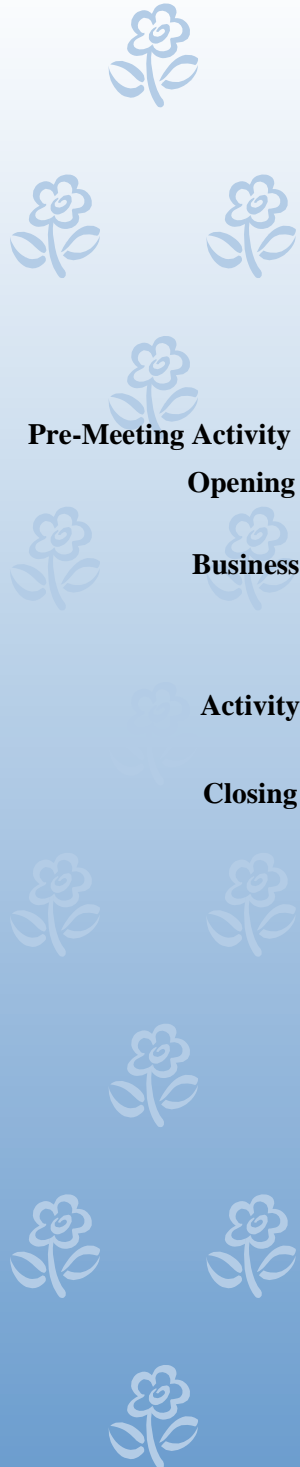
1. Explain that today the troop is having an investiture ceremony to welcome the girls into Girl Scouts.
2. Share what the troop will be doing over the next year.

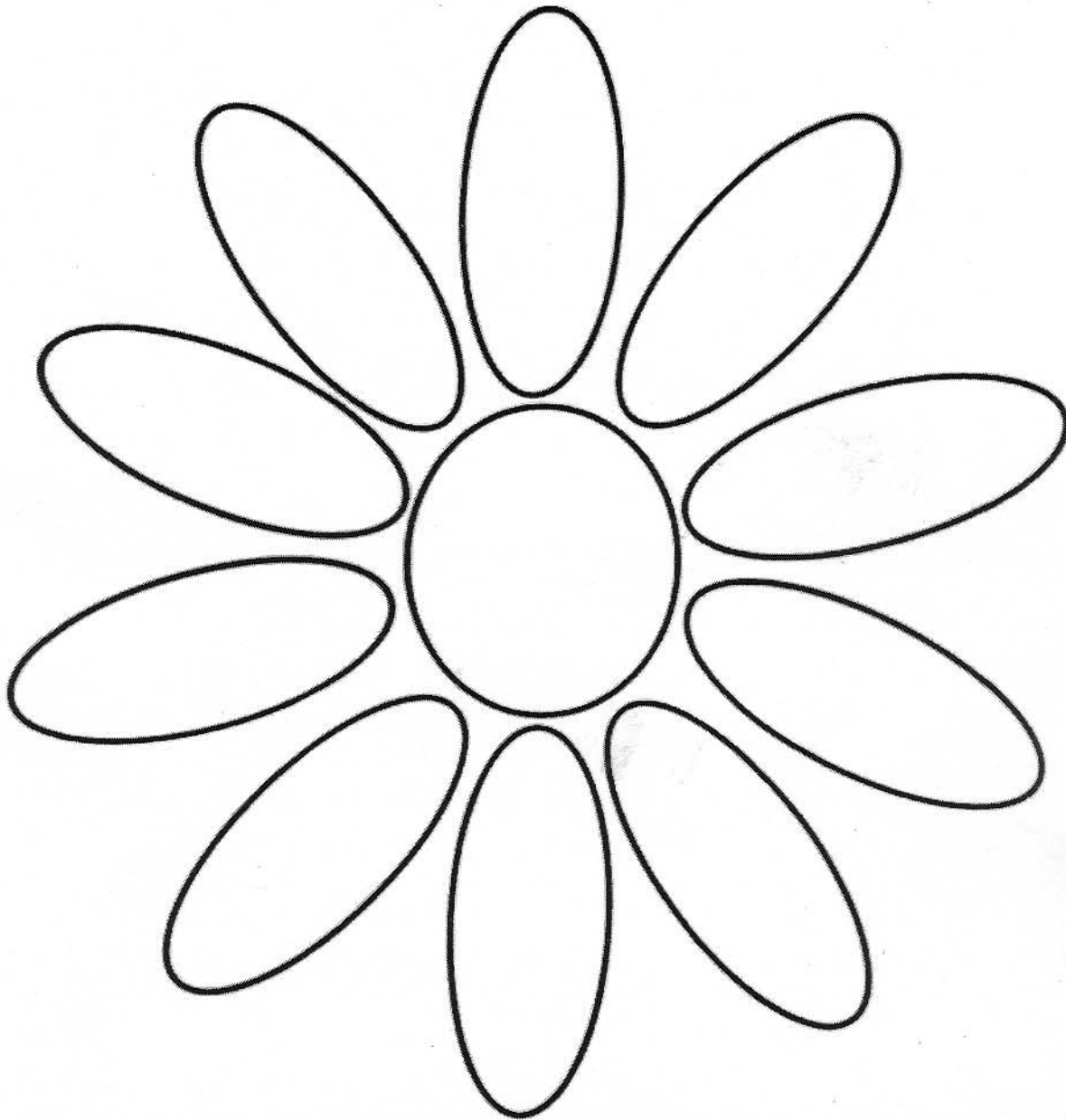
Activity

1. Investiture ceremony.
2. Invite them to join you for refreshments.

Closing

1. Clean up.
2. Sing "We are Daisy Girl Scouts".
3. Form Friendship Circle, invite the parents to join in.
4. Thank the parents for attending and tell them they can talk to you if they have any questions.





DAISY PETALS

___ Promise Center - Daisy Blue

- | | |
|---|--|
| ___ 1. Lt. Blue - Honest and Fair | ___ 6. Purple - Respect Myself & Others |
| ___ 2. Yellow - Friendly and Helpful | ___ 7. Magenta - Respect Authority |
| ___ 3. Lt. Green - Considerate & Caring | ___ 8. Green - Use Resources Wisely |
| ___ 4. Red - Courageous & Strong | ___ 9. Rose - Make the World a Better Place |
| ___ 5. Orange - Responsible for What I Say & do | ___ 10. Violet - Be a Sister to Every Girl Scout |



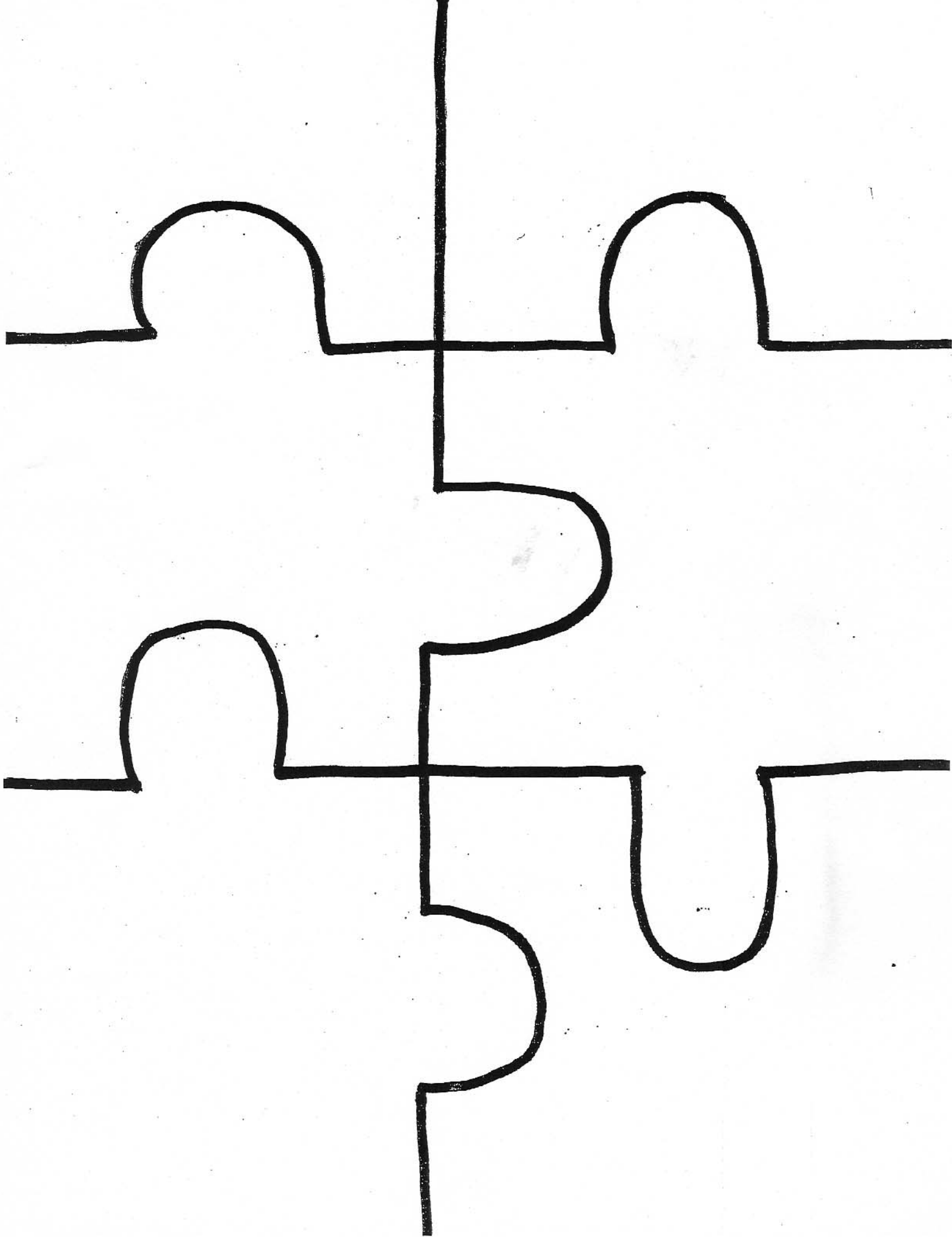
Juliette Magill Kinzie Gordon Low was the founder of Girl Scouting in the U.S.A. She was born on October 31, 1860 in Savannah, Georgia to a very prominent family -just a few months before the Civil War began. She was named for her grandmother, but was given the nickname "Daisy" soon after she was born. As a child she was very fond of animals, she loved drawing, and other artistic subjects, but she had trouble with mathematics and spelling.

On December 21, 1886, when she was 26 years old, Daisy Gordon married Willy Low. He was charming and handsome and from a very prominent family. At the time, she had already lost some of her hearing in one ear, and as she was leaving the ceremony, a grain of rice landed in her good ear and the doctor who removed it punctured her eardrum. Eventually, she became almost totally deaf. After a few months, she went to live in England with her husband. Their happiness together did not last and Daisy and Willy had agreed to divorce. Before proceedings were finalized, Willy became very ill and died in 1905.

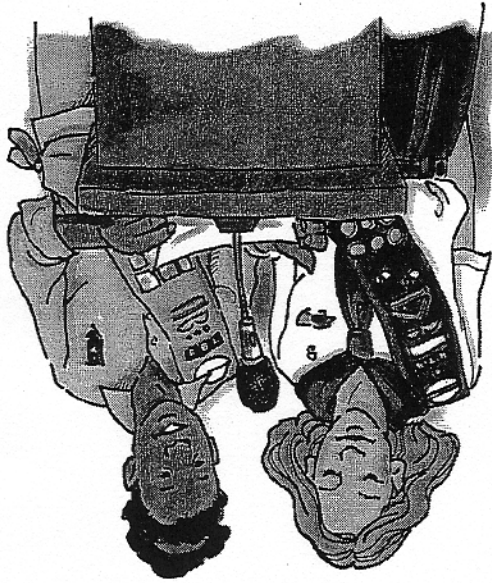
Daisy met General Sir Robert Baden-Powell in 1910. He had founded the Boy Scouts and was a British military hero. Daisy looked to Sir Robert as an inspiration. She decided to help with the Girl Guides that his sister Miss Agnes Baden-Powell was forming of the nearly 6 thousand girls who registered when Sir Robert formed the Boy Scouts.

Daisy was 50 years old when she moved back to the U.S. to start Girl Scouts. Her niece, who was also named Daisy Gordon, was the first Girl Scout in the United States. She assembled 18 girls from Savannah, Georgia, on March 12, 1912, for a local Girl Scout meeting. She believed that all girls should be given the opportunity to develop physically, mentally, and spiritually. With the goal of bringing girls out of isolated home environments and into community service and the open air, Girl Scouts hiked, played basketball, went on camping trips, learned how to tell time by the stars, and studied first aid. She found a joy and a purpose in life in the organization of Girl Scouts and worked relentlessly for many years establishing a solid foundation for the movement. She personally donated, secured, and financed much of the Girl Scouting program needs in the United States for the first few years and her generosity was also felt overseas. She spent time at camps and knew many of the girls well. Although she never had any children of her own, many all over the world loved her.

Daisy Low died on January 18, 1927 at home in Savannah after a long illness with cancer. She was buried in her Girl Scout uniform beside her parents in Laurel Grove Cemetery. In the breast pocket of her uniform was a folded telegram she received while she was ill that read "You are not only the first Girl Scout, you are the best Girl Scout of them all."



You're invited to our Investiture Ceremony!



Made especially for you by:

Girl Scouts.



The Girl Scouts of troop
would like to invite you to
attend our Investiture
Ceremony!

When? _____

Where? _____

Refreshments will be served. Please make
sure the girls are on time! See you there!



Linda Lemon

How to play: Girls make a circle. Tell the girls they are going to the market to purchase something they like, but it must begin with the same letter as their first name. The first girl might say, "My name is Linda, and I am going to the store to buy a lemon." The next girl might say, "My name is Malia, and I am going to the store to get a mango *and* a lemon." Player three might say, "My name is Naomi, and I am going to the store to buy a nightshirt *and* a mango *and* a lemon." The last girl gets to name everything!

Variation: Play shopping bag upset. Have the girls change places and repeat the process from any place in the circle.



My Name Is

How to play: Girls sit in a circle or a number of small circles, depending upon the size of the group. One girl is asked to tell the group her name. She says, "My name is Kelly Green." The girl on her left then says, "Her name is Kelly Green and my name is Maria Lopez." The next girl then says, "Her name is Kelly Green, her name is Maria Lopez, and my name is Shanna Smith." This continues until the last girl in the circle tries to name all the girls in the group. If a girl cannot recall a name, others in the circle may help her.



Thumbnail Sketch

How to play: Each girl chooses a partner. During a three-minute period, they try to learn five things about each other by asking and answering questions such as these: "Where are you from?" "What is your interest in Girl Scouting?" "Do you have pets?" "What is the most fun thing you have ever done?" "What is your name?" Each girl then presents a thumbnail sketch of the girl she has just met.



Toss the String

You need: A ball of string or yarn. Groups of 15 or less.

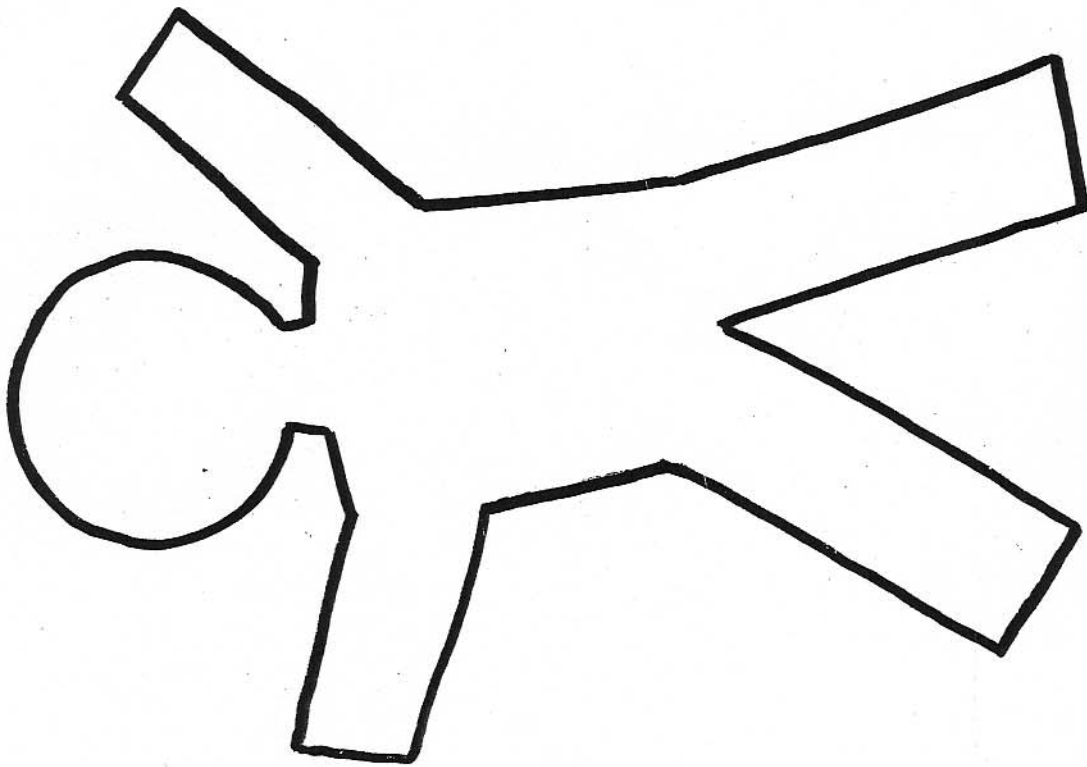
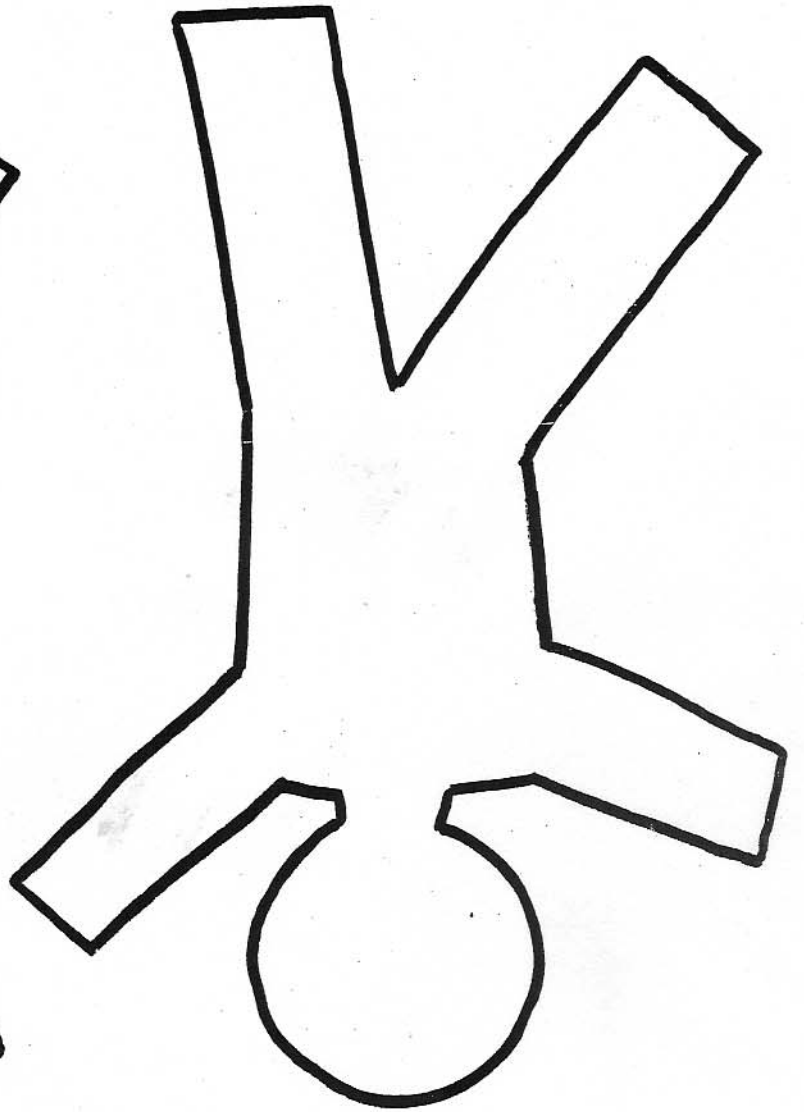
How to play: Have the group form one or more circles. The girl with the ball of yarn starts by calling out a girl's name and tossing the yarn to her, being sure to hold onto the end of the string. The girl who catches the ball must call out another girl's name and toss the ball to her. The object is to include everyone and create a spiderweb with the string. The leader can then ask one girl to pull on her string while everyone else holds on. How many girls can feel the string being pulled? Use this as a starting point for a discussion on the importance of group cooperation and an individual's contribution to the group.

**I will do my best
to be**

By _____



Honest and fair



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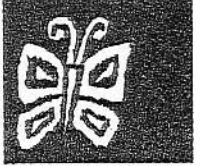
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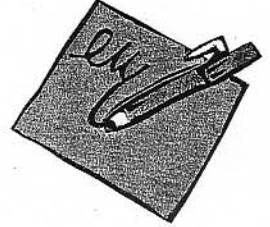
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Who am I? I am a Daisy Girl Scout!

My name is:

My birthday is:



These are a few of my favorite things:

colors

foods

hobbies

songs

stories