

Toastmasters recognition

Each time you present a prepared speech, you'll be honing your skills in specific areas ranging from using visual aids to creating impact with your voice and gestures. After presenting ten speeches you can apply for recognition as a *Competent Toastmaster*, then proceed into our advanced speaking program.



Harvey Mackay
Bestselling Author
"I've never met anyone who didn't think Toastmasters was super valuable to their career. We gain self-esteem, self-confidence, assertiveness. This makes us better salespeople, better managers, better leaders..."

Les Brown
Author— *Live Your Dreams*
"If you want your dreams to come true you must have confidence in yourself and your abilities. A Toastmasters Club can give you that confidence. Make your dreams a reality. Join a Toastmasters Club."

What's the next step?

If someone from a Toastmasters club gave this pamphlet to you, attend that club and apply for membership. If you want to find a club that meets at a different time or location, see the Find a Club section of our website at www.toastmasters.org. You can also call or write to:

TOASTMASTERS INTERNATIONAL
P.O. Box 9052
Mission Viejo, California 92690, USA
(949) 858-8255 Fax: (949) 858-1207
e-mail: tminfo@toastmasters.org

In North America you can call our voice mail system at 1-800-993-7732 to request additional information and a list of clubs in your area. The fastest way to obtain information is to see our complete list of clubs at www.toastmasters.org.

For More Information Contact:

Club

Time/Day

Location

Telephone



CATALOG NO. 99



Yes,
you need
Toastmasters

Don't be offended;



Tom Peters
Bestselling Author
In Search of Excellence
and *The Pursuit of Now*
"Join Toastmasters.
Oral communications
skills count. Height
and hair color may
be in the genes, but
public speaking isn't.
One good answer to
the public speaking
problem is Toast-
masters. They do a
fabulous job of help-
ing people shape up
their communication
skills."

everyone needs
Toastmasters.
Our face-to-face,
experiential
learning program

benefits skilled professionals and
beginning speakers alike. So,
whether you're speaking to your
staff, your co-workers, or your
kids, Toastmasters can help you
do it better.

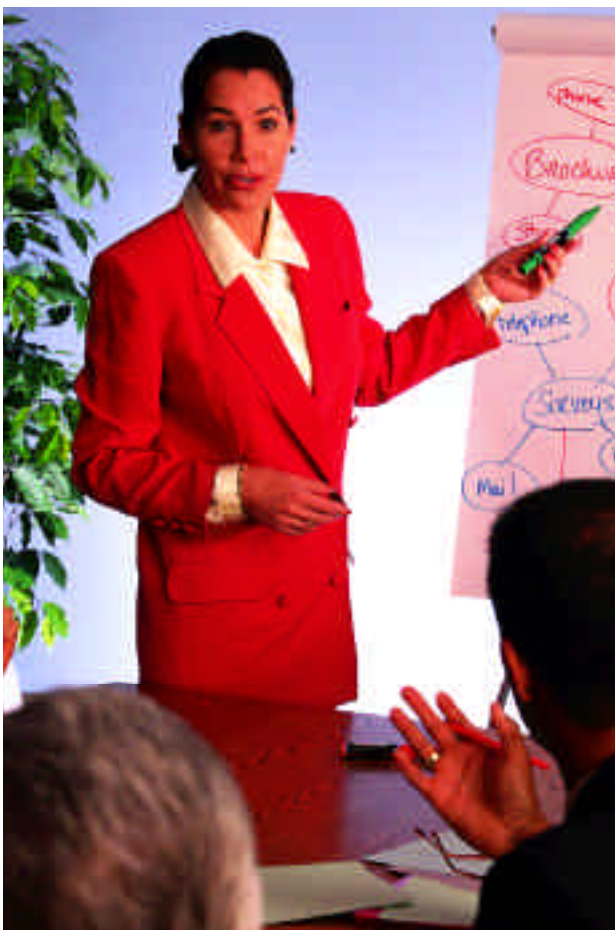
At Toastmasters you'll learn to
relax, plan, and present a terrific
speech, whether you have 10 days
to prepare — or just 10 seconds.
You'll learn and practice in a
friendly, comfortable environment
with people who are there for the
same reason you are — to become
better communicators.

Every body talks

At a Toastmasters meeting
everybody talks — that's why
you're there! You'll build "quick-
thinking" skills as you present a
one- to two-minute impromptu
speech during *Table Topics*. At a
later meeting you may be the one
asking the *Table Topics* questions!
Soon after, you'll introduce
speakers, give prepared speeches,
conduct the meeting, and perform
many other roles.

Yes, but how do I improve?

You'll improve just by speaking regularly.
But the key to the Toastmasters learn-by-
doing program is
constructive evalu-
ation. An assigned
evaluator will point
out your presenta-
tion's strengths and
offer suggestions for improving your next
speech. At first you'll be recognized for
your effort; later you'll be recognized for
your skills.



Did someone say leadership?

You can't learn to be a leader
in a day; it takes practice. In
Toastmasters you'll build
leadership skills by organizing
and conducting meetings and
motivating others to help you.
You can also build leadership
skills by working on a project
related to your personal or
professional life, or by serving
as a leader in Toastmasters.



*The mission of a Toastmasters
Club is to provide a mutually
supportive and positive learning
environment in which every
member has the opportunity to
develop communication and
leadership skills, which in turn
foster self-confidence and
personal growth.*

Anita Perez Ferguson
President—National
Women's Political Caucus
"Toastmasters gives
me the opportunity
to regularly organize
and present speeches.
The skills I have
learned and improved
help me make a
positive impression
every time I speak."



"'Table Topics' is
fine tuning my
ability to think on
my feet' and
express myself
without prepara-
tion— something
that is always
important in deal-
ing with clients."