



Iyengar Yoga Weekend Workshop with George Purvis

June 6, 7, and 8, 2003

Friday June 6, 6pm - 8pm / Saturday June 7, 9am-12noon and 2pm-4pm / Sunday June 8, 9am - 12noon

\$140.00

The Yoga Fitness Center is delighted to offer a weekend workshop with senior Iyengar Instructor George Purvis from Houston, Texas. George's teaching draws from an exceptional personal practice as well as his longtime study and association with B.K.S. Iyengar. He is known for his limitless sense of humor and precise instruction.

All levels welcome, your check holds your spot, space will be limited to no more than 25 students.

In demand for workshops all over the country, George instills the enthusiasm and insight you need to create a joyful, ongoing practice. This is an excellent opportunity for students of all levels to cultivate a practical, mindful technique. Join us for a weekend of vigorous asana work sure to awaken a sense of accomplishment and devotion in your yoga practice.



The YOGA Fitness Center

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