



Latah County Chapter Newsletter

Latah County Chapter #678

September 2008

AARP Meeting
University Inn Best Western
Friday
September 19, 2008
11:30 a.m.



Meal

Spring Chicken Salad:
Spring mixed greens, Granny Smith apples,
Gorgonzola cheese, dried cranberries and
walnuts, and thin slices of chicken breast tossed
with a citrus shallot dressing
Rolls and butter
Coffee/Tea
Dessert: Northwest Fruit Crisp
Price: \$9.50



Program: Gatekeeper Training

Everyone in attendance at this meeting will receive a certificate of completion for Gatekeeper Training. The Gatekeeper program bridges the gap between seniors and social service agencies by training community members to identify warning signs, much like that of the Neighborhood Watch program. Daquarii Rock, Project Access Grant Manager, will present the program.

Become a gatekeeper!



AARP Latah County Fair Booth

Laura Miller is chairing a local AARP booth at the Latah County Fair Sept. 11th through the 14th and is looking for volunteers to help with the booth. We will be giving away “tons” of AARP gifts to fair goers; plus there will be a valuable door prize.

If you can help out by giving 2-4 hours working the booth Thursday, Friday, Saturday or Sunday give Laura a call at (882-4047)!



Remember to “take the pledge”



The *Divided We Fail* campaign is ongoing. We believe access to health care and long-term financial security are basic needs all Americans share. We're asking Members of Congress to commit to working in a bipartisan way to provide Americans with actions and answers on health and lifetime financial security. The best way to keep up on *Divided We Fail* campaign news is to sign up to become part of the campaign. You can take the pledge on line at: **DividedWeFail.org**



AARP Safe Driving Classes

AARP Safe Driving Classes are scheduled for fall. The cost is \$10. Dick Bull, Elaine Broyles and Claudine Planck are the instructors for these classes. Please contact them if you have questions.

Safe Driving Class Schedule

September 24-25: 8:30 to 12:30 (Call Gritman Education Department, 883-2232 or Dick Bull, 882-2420 for reservations)

October 21-22: 8:30 to 12:30 (Call Gritman Education Department, 883-2232 or Elaine Broyles, 883-8612 for reservations)

November 18-19: 8:30 to 12:30 (Call Gritman Education Department, 883-2232 or Claudine Planck, 882-2098 for reservations)

All of the class sessions are held in the Gritman Memorial Hospital Conference Room



Remember! – you must attend both sessions
A Total of 8 Hours!



The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. The course is designed to help you tune up your driving skills and update your knowledge of the rules of the road, learn about normal age-related physical changes, and how to adjust your driving to allow for these changes and reduce your traffic violations, crashes, and chances for injuries.

Don't want to take the course with a group? No problem. You can take the course on-line at your desktop or laptop computer terminal! Check it out at the AARP web site – www.aarp.org.

No matter which “course” you choose – take a “test drive” to examine your driving knowledge. Go to the AARP main page and click on “*test your driving IQ.*”



Long-Term Care Seminar

AARP and Latah County Extension will offer an Independence and Long-Term Care Seminar in Moscow on **September 27, at University Inn-Best Western, from 8:30 to 11:30, in the Silver Room.** Karen Richel at Latah County Extension is asking for **registrations by September 20** to be sure seating is adequate. Please **call** and leave your name at **883-2267** if you would like to attend.



Free Meals

The Lutheran Church in Troy is the location for a free dinner the first Monday of each month that school is in session. This program is sponsored by the Area Office on Aging.

On another “meal” note – it was reported to the AARP Board by Sue Hovey that Title I designation for public schools is increasing. The criteria for Title I designation is 50% or more students on the free or reduced lunch program.



Telemarketing Calls

Make sure your phone number – including cell phone – is on the Do Not Call List.

Call: 1-888-382-1222

The National Do Not Call Registry gives you a choice about whether to receive telemarketing calls at home. Most telemarketers should not call your number once it has been on the registry for 31 days. If they do, you can file a complaint. You can register your home or mobile phone for free.



State of Idaho AARP Activities

Linda Pike reported to the board about recent AARP Idaho activities:

Keep Medicare Fair: All Idaho Congressmen voted against the bill except Mike Simpson. AARP members nationwide sent 1.2 million messages regarding this legislation. The legislation passed, was then vetoed by the president, and finally the veto overridden by the House and Senate.

The state AARP office will continue to report to its members the **voting records** of our legislators on key AARP issues.

The Idaho AARP will participate in:

- ❖ A Predatory Lending Workshop
- ❖ Sponsoring a free Health Clinic
- ❖ The Oregon/California Trail Association Program
- ❖ Independence and Long-Term Care Program in Lewiston on October 11th
- ❖ Estate Planning Seminars for Seniors in October
- ❖ Congressional Debates – if the parties agree to participate.



Next Meetings – Mark The Dates

Our next luncheon meetings will be on **Friday, October 17th** featuring Latah County legislative candidates and **Friday December 12th** featuring a Christmas program by one of the Latah County public schools.

*The AARP Newsletter is published by
Latah County Chapter 678
Moscow, ID 83843*

*Peter Haggart, Writer/Editor
(haggart@moscow.com)*

*Co-Presidents: Susan Roberts and Alice Nau
Vice President: Roger Falen
Secretary: Judy Reisenauer
Treasurer: Bob Carver*