

## ***RUNNING FOR THEIR LIVES***

is an event to raise awareness for the issue of domestic violence and to give supporters the opportunity to come together to demonstrate their commitment to ending violence for thousands of women and children in the St. Louis community.

## ***WE'VE GOT SOMETHING FOR EVERYONE!***

**Running for Their Lives** is for runners and walkers of all levels and ages – whether you run on two legs or four paws! Join in fun family activities and entertainment, including free food, raffles, the Wheel o' Fun, balloon animals, face painting, and a fly-ball dog

## ***LEGAL ADVOCATES FOR ABUSED WOMEN (LAAW)***

is dedicated to helping victims of abuse during times of crisis, working within the legal system, law enforcement, and the courts. LAAW is a local domestic violence organization in the greater St. Louis area that provides crisis intervention and support, legal information and advocacy, safety planning, and legal and social service referrals for victims of abuse (primarily low income women and their children) who have been battered, stalked or harassed.

*Legal Advocates for Abused Women is a registered 501(c)3 not-for-profit. Donations are tax deductible as allowed by law.*



Legal Advocates for Abused Women  
P.O. Box 15137  
St. Louis, MO 63110

# Running For Their Lives...



...a race to end domestic violence

**10K • 5K • 1 Mile Fun Run/Walk**

**Sunday • Sept. 23, 2007  
Creve Coeur Lake Memorial**



**Legal Advocates  
for Abused Women**

## Schedule: Sunday, September 23, Creve Coeur Park

## Registration Form

Please return registration forms and entry fees to Legal Advocates for Abused Women by September 16, 2007 or register online at [www.geocities.com/laawlac](http://www.geocities.com/laawlac).

## Address & Directions to the Park

- 7:00 a.m.**
  - Registration, check-in & T-shirt pick up
  - Turn in collected pledges
  - Purchase raffle tickets
  - Bagels, fruit & juice available
- 8:00 a.m.**
  - 10K & 5K Begin
- 9:30 a.m.**
  - Fun Run/Walk Begins
- 10:00 a.m.**
  - Award Ceremony
- 10 a. m.**
  - Fly-Ball Demonstration
  - Post-Race Stretching & Massages Available
  - Raffle Prizes
  - Wheel o'Fun
  - Face Painting & Balloons

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Email \_\_\_\_\_

Phone # \_\_\_\_\_

Gender M F

Age (circle one) 18-29 30-39 40-49 50-59 60+

Event 5K 10K Fun Run/Walk

T-Shirt Size Sm Med Large XL 2X 3X

\*All registrants receive a free Running for Their Lives t-shirt on the day of the event

By signing this release, I attest and verify that I am physically capable of participating in this event and that I have no medical conditions which prevent me from safely participating. I agree that I, my heirs, assignees, executors and administrators do waive and release any and all right and claim for damages, actions, and causes of action against Legal Advocates for Abused Women (or any employee/agent/volunteer of such) for any personal injury, property damage, or property loss incurred by me throughout my participation in this event, whether or not the damage was caused by the negligence or fault of Legal Advocates for Abused Women or any employee/agent/volunteer of such.

I grant permission for the use of my name/picture in publications by Legal Advocates for Abused Women promoting this event.

I attest that I am over the age of 18.

Signature of Participant OR Participant's Legal Guardian if under age 18

Date \_\_\_\_\_

2348 Creve Coeur Mill Road  
Tremayne Shelter

Take I-270 to Dorsett Road. Go West on Dorsett Road. Take a Right at Marine Avenue and follow it to the Sailboat Cove Entrance.

Timing Services Provided By:

**big river**  
**RUNNING**  
company

Special Thanks to Sponsors & Donors:

**Curtis, Hines,  
Garrett &  
O'Keefe, P.C.**

**Harrah's  
St. Louis Bread  
Company**

**REI - Recreational  
Equipment, Inc.**

**Martha Rounds  
Fitness**

**Starbucks**

**Anheuser Busch -  
180 Energy Drink**

**LunaBar**

**Whole Foods**

Have some extra pairs of old shoes your closet?

We want to help support **Save Our Soles!**

Please bring gently used pairs of athletic shoes to donate to those who cannot afford adequate running and athletic footwear.

## Registration Info

**Entry fee: \$20.00**

**Kids (12 and under) free!**

**T-shirts are included with entry fee!**

**Registration deadline: Sept. 16, 2007**

Note: Runner packets will be available at event check-in.