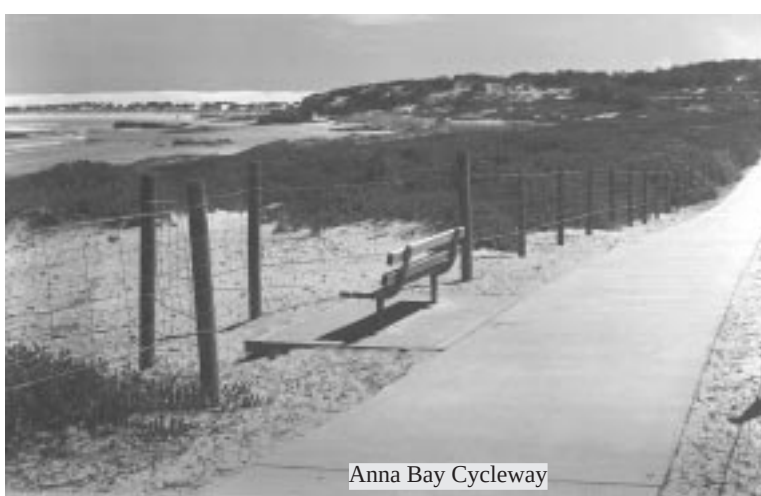




Anna Bay Cycleway

* Fine dining restaurant & casual brasserie
* Waterfront location Great views
* Lounge bar, TAB & bottle shop

SALAMANDER SHORES

147 Soldiers Point Road
Soldiers Point, 2317
Telephone: (02) 4982 7210
Fax: (02) 4982 7890

BAYS Holiday Park

Accommodation to suit everyone:
* Cabins with ensuite
* Bunkhouses
* Powered van & tent sites
* Bed & Breakfast rooms
* Full disabled access

Park amenities, modern bush kitchen, recreation room, BBQs, picnic areas, & pool all surrounded by natural bushland, resort style pool & spa.

Phone/Fax (02) 4982 1438
23 Port Stephens Drive Anna Bay
www.portstephens.org.au/holidaypark

John Hughes
Ph.C. M.P.S. J.P.

John Hughes Chemist

125 GAN GAN ROAD
ANNA BAY
(next to medical centre)

Ph. 4982 2490

PEPPERS

ANCHORAGE
PORT STEPHENS

Corlette Point Road
CORLETTE NSW 2315
Phone (02) 4984 2555
Fax (02) 4984 0300

Email porourke@peppers.com.au
Website www.peppers.com.au

HORIZON SAFARIS

Lets hop on & GO

The beauty of the bushland
Towering Sand Dunes
Scenic Lagoons
Sygna Shipwreck
World War II Defences
Aboriginal Sites
Tin City
Sandboarding
and many other activities

So you want an adventure?
Go with a local.

Phone 018 681 600
AH 49826 328

O'Carrollyn's at One Mile Beach

86 Eucalyptus Drive
One Mile Beach NSW 2816 Australia
Ph: 4982 2801 Fax: 4982 2802
Email: ocarrollyn@hunterlink.net.au

fully accessible cabins

Anna Bay
Anna Bay Village shops have wheelchair access, disabled toilet.

Anna Bay Medical Centre 4982 1540

Anna Bay Tavern good wheelchair access and parking

Whale Spotting. Humpback and southern right whales pass this region during the months of June and July travelling north, and October and November heading south. At these times they can sometimes be seen from Pacific St. Fishermans Bay, without having to leave the car.

Access to Beaches. Registered vehicles are allowed to drive down onto some beaches for the purpose of launching a boat. Four-wheel drive is necessary. It is easiest at low tide. If you have good reason to use a vehicle to gain access to the beach, ring Port Stephens Council on 4980 0255 to find out the regulations.

Boat Harbour
Vehicle access to beach is possible

Morna Point
Vehicle access to beach is possible

One Mile Beach

Soldiers Point

Soldiers Point Marina
Soldiers Point Medical Centre, 4982 7674

Cromarty Jetty. Fishing is a possibility, see notes on other side.

Pearson Park. A grassy, shady park with good views, birdlife and picnic facilities.

Soldiers Point Bowling Club good access, 4982 7173

Salamander Shores, 4982 7210

George Reserve. Excellent views across Port Stephens to the headlands of Yacaaba and Tomaree.

Path joining Conroy Park and The Anchorage

Pearson Park and Cromarty Jetty

Anna Bay Gardens Cafe
Time Out!

Home Cooked Meals in the Perfect Environment

223 Nelson Bay Road
Anna Bay
Phone / Fax: 4982 1218

NGIOKA CENTRE PORT STEPHENS

Corner Victoria Pde. and Dixon Dr. Little Beach. Phone/Fax 4984 3487

HORTICULTURE EDUCATION and THERAPY CENTRE

► Gardening and craft activities for everyone.
► Sensory and Native Flora trails.
► Visitors welcome.

hunter
so much...so close

SALAMANDER SHOPPING CENTRE

For convenient one stop shopping

The Fresh Food People
Salamander Way corner Bagnalls Beach Rd.

Tobogganing
Salamander Way Nelson Bay (next to the swimming pool)

Toboggan Hill Park

Salamander rides
Mini golf
Train ride
Mini-jeeps
Krazy Karz
Rock climbing
Plaster painting
& MORE

Beautiful bushland setting
Open 7 days
9am - 6pm summer holidays
10am - 4pm winter

Phone 4984 1022
Email toboggan@nelsonbay.com
Web Site www.nelsonbay.com/toboggan

Useful Contacts.
Para Quad Association, Newcastle, 4969 6388. Practical advice and help for persons who use a wheelchair for mobility.
Tomaree Neighbourhood Centre, 49846220, contacts.
Tomaree Carers Group, 4943 6077.
Home care service Nelson Bay, 4981 4991.
Home and Community Care, 4987 6843. Information on the services available for persons with a disability.
NSW Sports Council for the Disabled, 4929 1605. Enjoyable encounters and sporting activities for persons with a disability.
The Community Transport Group, 4981 2953. Use of a wheelchair-modified mini bus.
Community Health Centre, 4981 2222. Health services, support groups, wheelchair and walking aids hire.
Riding for the Disabled, 4982 1461, 4987 1402.
Nelson Bay Voluntary Carers Group, 4981 3592.
Ngioka Centre 4984 3487. Horticulture Therapy, Sensory Trail and useful contacts.
Port Stephens Respite Care, 4983 1786.
Tomaree Nursing Service, 4984 1327.

DISCLAIMER
This publication is designed to provide authoritative information with regard to the subject matters covered. Whilst every effort has been made to present all information accurately, the Publisher accepts no liability for the accuracy of any inclusions, or any advice given or for omissions from the publication.

PORT STEPHENS

Peppers Anchorage Resort. The public are allowed to walk around the perimeter of the harbour. Excellent water views.

Fishing is a possibility from the rock wall. See fishing notes.

Conroy Park. A level concrete path leads from here to the Anchorage Resort. Secluded and easy with impressive gardens and views.

Bagnalls Beach Reserve. A grassy, level track links the three picnic areas fronting Bagnalls Beach. An easy walk through an old forest with an understory of native bush.

Toboggan Hill Park. A gravel path links the car park to the Fun Shed which can be accessed by wheelchair with a little effort. Here, under cover, are radio-controlled boats, canoe rides, table and video games as well as plaster painting, 4984 1022. The Toboggan Run takes you on a ride through one kilometre of bushland.

Sandpiper Reserve, lots of ducks and waterbirds to interact with.

Symbols
- - - Wheelchair route
- - - Walking Path
- - - Disabled Parking
- - - Telephone designed for wheelchair users
- - - Easiest place for a wheelchair to gain access
- - - Toilet

Salamander Bay

Salamander Bay Shops. A good variety of shops, most with acceptable access.

Salamander Cycleway. Here a broad, level concrete path passes between the wetlands and the housing estate. There are lots of wildflowers, birds and frog calls. Koalas also live in this area.

Sandpiper Reserve, lots of ducks and waterbirds to interact with.

Tomaree Neighbourhood Centre community groups, activities and information, 49846220.

Port Stephens Medical Centre 4981 1733

Tomaree Aquatic Centre

Tomaree Sports Complex

Symbols
- - - Wheelchair route
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Easy Adventures



Mobility restriction?

This guide will help you find appropriate accommodation, shopping and medical facilities as well as suggestions for short easy walks, fishing, swimming, sight-seeing, lookouts and adventures.