



# DRIBBLER

ISSUE 1 August 2005

U10/1 Girls – No report

*The under 10A (2) girls team has had a challenging start to the winter season with one win and five losses. They are all encouraged to play well individually and as a team no matter what the score line ends up being. Their enthusiasm, both at training and games is fantastic. All I would continue to ask is that if they listen more and try and remember simple instructions their team game should only get better!!!! Ian and Cassie*

U10/3 Girls – No report

**U10/4** Girls Grading started a little shakily as the girls (5 of which are from U8's) dealt with the extra speed and height of some of the older teams. Focus at training was on defence and shooting allowing us to win enough games to remain in our grade. The longer grading went the better the girls coped. This form has continued into the premiership season with the girls being undefeated to date. Worthy of note was the girl's game against "The Basin" where we lost points for a late start. The game began with only 4, by half time our numbers had swelled to 5. The girl's faught magnificently winning the game with a rush of points in the second half. Keep it up girls.

**U/12A-1 - GIRLS** - Coached by John Bowie and Nikki Hallas What an interesting season to date. All the girls were pumped when they had their first game against All stars 1 and a fantastic strong win was on the board. This opposing team knocked us out of finals the previous season so the win was a good confidence builder. We continued to win until we met up with Knx2 and basically everything fell apart. Our girls were outplayed and they lacked the drive they had had in previous games. With Nikki and Johns encouragement we managed to push on. Already our girls have shown signs of improvement since the beginning of the season and have attempted to try new things out on the court. With a little bit of luck we might visit our Knx 2 team in finals. Best of luck to Jess, Ashlee Ha, Amber, Casey, Tegan, Laura, Renee and Ashlee Ho (go mouse).

**U12/2** Girls After Round 9 we are very pleased to report that we have survived grading and are on top of the ladder in A Grade with only one loss. We have welcomed a new player to the club Liz Hogan who comes to us from Dandenong and she has added to a very balanced team. Although we are not the biggest team, the girls have a fierce determination and to our 3 players who are in their first year in this age group their progress has been impressive. So to Erin, Maddison and Brooke keep up the good work. This is a competitive grade and will be close to the end. So with continued improvement we look forward to the finals and a chance of the representing Cougars on the big day.

**U12/3, U12/4, U12/5, U12/6, U12/7, U12/8** Girls – No report

**U12/1** Boys, **U12/3** Boys – No report

Boys **U12-2** Report 10-8-2005 Manager: Karen McGrath Coach: Michael Soh  
Lost 20-25 v S.E. Eagles (game 9)  
Started well but lapses in defence and poor shooting cost us the game. Need to work on shooting next training night.  
Previous week (Won 25-17 v Wasps) very good team work always in control.

## PUTZ – Glow in the Dark Mini Golf

Looking for something different for the end of season break up – why not glow in the dark mini golf. PUTZ at Knox towerpoint are offering groups of 10 or more special prices for a round of golf and use of their party room, as well as making 10% DONATION TO THE CLUB FOR YOUR BOOKING, If you are interested in taking advantage of this offer you will need to ring Debbie Bottomley – our clubs fundraising co-ordinator – for details on 9729 8372



Next Issue report deadline **TUESDAY 6<sup>th</sup> September** – email [debbott@optushome.com.au](mailto:debbott@optushome.com.au)

**U14/1 Girls – No report**

**U14/2 Girls** The mostly bottom age girls started the grading season with one plan – stay in A Grade. Grading went particularly well with the girl's winning 4 games and pushing some of the highly fancied teams to very close encounters. With A grade safely in their keep the focus has shifted to making finals, not an easy task as only five teams remain in A Grade making each game a mini final. The girl's have started their premierships season well by winning their first game against a team that played in last season's grand final.

**U14/3, U14/4, U14/5, U14/6 Girls – no report**

**U10A Boys** What a great start to the winter season – finishing on top of the gradings in AR – well done! All the boys have improved and the team work is fantastic. Great work coach! Now the challenge is on as we meet tougher opposition – but so far the boys are holding their own, having won 1 game and lost 1 game. Welcome to our new recruit, Matthew – we're rapt to have you join us and congratulations on scoring in your very first game! Keep it up boys!

**U10B Boys** It's been a tough grading season, but the boys did manage to win a couple of games which is a huge achievement seeing as most were playing CR last season. Great coaching from Ben Page happening and the boys are all improving. Welcome to new recruit Mitchell Bell who will be a great new addition to the team, coming from Blackburn. Give it all you've got boys!

**U10CR Boys** At the end of the grading games the boys have had 3 wins and 4 losses. The 4 losses have been to teams which have subsequently been regraded to C grade.

Our team includes Daniel Gerrard, Brandon Field, Nixon Adcock and Kyle Clarkson who have come up from the Under 8's, Jake Webster and Cory May who are in their first season and Bailey Muntun who has returned to the club after a year in Sydney. Playing his first game for the club we also welcome Jack Walter for the remainder of the premierships season. Congratulations to all the boys – the improvement shown by everyone so far is very encouraging. Russell Adcock: Coach

**U14/1, U14/2, U14/3, U14/4 Boys – no report**

**U16/1, U16/2, U16/3, U16/4, U16/5, U16/6, U16/8, U16/9 Girls – no report**

The Knox **U16 / 7** girls team have had a very challenging start to the season under the guidance of new coach Justin. With just one win on the board, we competed through grading in BR and are now in C hoping for some closer competition. Injury, illness and players on holiday have meant that several games were played with just 4 girls for either part or the entire game. The girls have done their best to rise to the many challenges of these tough games. We are hoping for a solid finish to the season with some wins now that everyone is back from Injury, illness and holiday. Keep trying hard Girls!

**U/18br – BOYS** This team, coached by Matt H. initially started the season unsettled and had Marcin and Scott move on and Rohan recovering from an operation. There were times where we would run with 5 until Josh settled in. We currently have 7 eager players in the team with a fairly good attendance record. This is now evident as we have strung some good wins together. If the team continues to support each other I believe Mitch, James, Jake, Rohan, Matt, Josh and Luke will be final contenders. Good luck to you all and may you believe in yourself.

### ***KNOX CITY COUGARS 2005/2006 COMMITTEE***

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