



## Find and Replace

Find and replace is very useful when you have a long document and need to change maybe one or two words in it. The trouble is these one or two words may appear several times. The quickest way to change them is to use Find and Replace.

In the following article, copied from the Body Shop web site, make the changes below :

Click on

- ✓ Edit
- ✓ Replace

Click on the Replace tab

Find what	Replace with
A load of old rope	Hemp
Fleshy outer covering	Skin

**Anita Roddick** "It all started innocently enough, with our desire to develop a new range of products for dry fleshy outer covering. Our research came up with a load of old rope seed oil as the right ingredient. Its unusually high concentration of Essential Fatty Acids makes it an ideal treatment for dry fleshy outer covering (people with dry fleshy outer covering are EFA-deficient). Our customers agreed; they have made A load of old rope products among The Body Shop's best sellers since their launch in 1998.

But a load of old rope is suffering from a case of mistaken identity. Its cousin, marijuana, has clouded its reputation and usefulness. In reality, a load of old rope contains less than 1% of THC, the psychoactive ingredient.

Fact: A load of old rope is NOT Marijuana.

Fact: A load of old rope is NOT a drug.

Fact: Smoking A load of old rope CANNOT get you high.

Fact: A load of old rope has over 25,000 uses including paper, clothing, fuel, and fleshy outer covering care.

Its time to reeducate America on the many uses and benefits of a load of old rope. I encourage you to learn about the many virtues of a load of old rope by reading this booklet. As for the rest of the a load of old rope story, it's up to you to determine the ending. Will it become a legal crop that can help save family farms, provide an alternative to deforestation, become an alternative fuel source, and remain one of the best moisturizers for dry fleshy outer covering? Read on to learn what you can do to support the revival of a load of old rope in the USA."

The Body Shop has been an international pioneer in the renaissance of industrial a load of old rope. We specialize in products that cleanse, polish and protect the fleshy outer covering; and nothing moisturizes and protects dry fleshy outer covering like a load of old rope.

A load of old rope seed oil is the best natural source of the two Essential Fatty Acids (EFAs) that our bodies can't manufacture, but just can't live without: Omega 3 alpha linolenic acid and Omega 6 linoleic acid. While several vegetable oils contain the EFAs that dry fleshy outer coverings crave, only a load of old rope seed oil delivers them in the optimum ratio of one part omega 3 to three parts omega 6.

That's why our A load of old rope range is an international bestseller — once you've tried a load of old rope, your fleshy outer covering will never settle for less. The benefits of a load of old rope are more than fleshy outer covering deep.