

Backpacking First Aid Kit List

Adult Scout Leader

This is the first aid kit the adult leader brings backpacking:

Moleskin

Spenco 2nd Skin Blister pads (multi day protection)

Johnson & Johnson Advanced Healing Blister Pads (multi day protection)

Space (emergency) blanket

Latex free 'rubber' gloves

scissors

Tylenol

Small magnifying glass

Tweezers (sharp pointed)

Vaseline (small tube)

Bandages, assortment

Butterfly closures

Antiseptic wipes or alcohol swabs (PDI benzalkonium chloride antiseptic towelette)

Antibiotic ointment (ie. Neosporin)

Diarrhea pills

Tape, waterproof

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