

ABORTION HURTS WOMEN

What Pro-Abortion, Pro-Life, and Other Experts Say

January 2000

A non-copyrighted product of
Life Research Institute

What the Pro-Abortion Experts Say

A Planned Parenthood brochure entitled *Plan your Children for Health and Happiness* says, "An abortion kills the life of a baby after it has begun. It is dangerous to your life and health. It may make you sterile so that when you want a child you cannot have it."

A pro-abortion Wynn and Wynn Study¹ shows that 3 - 5 percent of aborters are left sterile.

Pro-abortion sources not only admit² that abortion often leads to breast cancer, but they discovered this fact in 1957. Read more on this topic in the next section.

What the Pro-Life and Other Experts Say

The Physical Complications

The Journal of Obstetrics and Gynecology, May 1985, said that abortion is the sixth leading cause of maternal death in this country. Several researchers show that many women who abort never want intercourse again and that many are forever frigid. Thus, they may never connect with love and marriage.

Common physical complications are: infection, hemorrhage, cervical damage, damage and loss of other internal organs, punctured uterus, menstrual irregularities, headaches, dizziness, blood clots, increased probability of miscarriages, still births, sterility, ectopic (tubal) pregnancies, menstrual disturbances, other bleeding, shock, coma, peritonitis, cold sweats and many more.³

The Breast Cancer Connection

"A woman's first full pregnancy causes hormonal changes which permanently alter the structure of her breasts. The completed process greatly reduces the risk of breast cancer."⁴ "First-trimester abortions appear to interrupt the breast maturation process at the worst possible time. When cells are reproducing the fastest, the risk that there will be an error in cell reproduction is the highest. Cancer results from cells whose reproduction runs amok."⁵ Summary: If a woman carries to term, she has a lower risk of breast cancer versus never being pregnant; if she has an abortion, she has the highest risk possible.

That's medical talk, but statistical studies prove its truth. As of January 1998, 30 published studies showed a link between abortion and breast cancer.⁶ An analysis of all reputable studies done till 1995 suggests, as a conservative figure, that women who have abortions before the first live birth initially have a breast cancer risk 50% to 800% higher than women who do not.⁷ Perhaps even more important, "In every study that checks for abortion among women with breast cancer, abortion is linked to a deadlier form of cancer."⁸

A conservative estimate is that each year, abortion in the U.S. causes 50,000 - 75,000 extra cases of this deadlier form of breast cancer.⁹

The good news is, except under the extraordinarily rare case of saving a mother's life, no one has to have an abortion!

The Psychological Complications

Cincinnati Suiciders Anonymous reports¹⁰ 1,800 of their 4,000 suicide-prone women have had abortions.

*More than a baby would die in that room.
Once I had a personality, a life, a soul.
Now I was a body with broken pieces.*

The Speckhard Study reported¹¹ that 65% of Speckhard's patients who have had abortions were suicidal and that 31% made attempts at suicide.

The most serious psychological damages that occur can be lumped together under the condition known as **Post Abortion Syndrome (PAS)**, which is a part of a larger class of disorders called **Post Traumatic Stress Disorder**. The **PAS** victim, through the process of denial, blocks the natural grieving process of the death of her child and often denies her own responsibility in the abortion. The denial or suppression blocks the healing process and the possibility of forgiveness for herself or others who have been involved in her decision and her abortion. The trauma often manifests itself as a breakdown of function in the psychological, physical, or spiritual areas.¹²

Dr. Vincent Rue, a clinical psychologist, likened abortion victims to "walking time bombs" and said that little is heard of **PAS** problems because there is a massive denial among professionals.

Not every mother who aborts has damage, but many have **more than one** of the following problems because of the abortion: increased child abusing and child neglecting, suicidal behavior, anger/rage, feeling of being raped, worsening self image, sexual coldness, fear of touching babies, nervous breakdown, promiscuity, constant thoughts about the child, loneliness, fear of making decisions, hallucinations relating to the abortion, nightmares, increased drug and alcohol use (by 50% of women who abort), feelings of craziness, flashbacks, decreased ability to experience emotions, inability to communicate, feeling victimized, fear that others will learn of the abortion, guilt (55% experience it), anxiety, depression, grief, sadness, regret, loss, repeat abortions (though illogical), unwillingness to continue their life's goals, inability to sustain intimate relationships, hatred of people connected with abortions, **Post Traumatic Stress Disorder** (20% have it severely and 50% moderately), and many, many more.^{3, 13, 14}

Lastly, women have a 58% greater risk of dying during a later pregnancy.³

About the Victims

Theresa L. Fangman, victim, says, "When I was 16, I was shuffled through an assembly-line abortion. I was number 13 of 17 who went through the morning session at one abortion clinic [Killing Center]. I had no problems

with my abortion, but emotionally, I created a 'living Hell' that continues on a daily basis. I'm not sure the tears will ever stop. I've been waiting almost 11 years now and they never cease."¹⁶

A mother said in a letter to her aborted baby, "Ten years ago yesterday, I carried you beneath my heart. Ten years ago today I stopped the beating of your heart. I, your mother, the one who gave you life, also gave you death. It's been a decade [10 years] and my blood still runs cold and I catch my breath whenever I heard the word 'abortion.' There's an emptiness inside of me that can never be filled, a chill that has never quite been warmed, a grief that will never end. To me you will forever remain an unfinished song, a flower that never bloomed, a sunrise clouded by rain."¹⁷

Lori Nerad, former president of Women Exploited by Abortion, says, "Sometimes I still set the dinner table for three children instead of two. Or I'll wake up in the middle of the night, thinking I hear a baby crying. And I still have nightmares in which I am forced to watch my baby being ripped apart in front of me."¹⁸

Another abortion victim says, "Your silent screams have awakened me from sleep many times over the years and I have lain in the dark and mourned the loss of the baby I killed. There have even been times when I've contemplated ending my own life as I ended yours. It's been 10 years and I still haven't forgiven myself. Have you forgiven me? Has God forgiven me for destroying a being created by Him? Those 10 minutes of hurt were nothing compared to the 10 years of pain I've lived with since."¹⁷

Carol Everett, former Killing Center owner said, "The last 18 months I was involved in the abortion industry we maimed to the point of major surgery one woman out of every five hundred. Let me define maimed. Hysterectomy, colostomy because her uterus had been punctured and her bowel pulled through her vagina . . . or urinary tract repair because they had perforated [punctured] her uterus and cut her urinary tract. Or, we had one death. A 32-year-old woman with two children. We never took them to the closest hospital. We never called an ambulance. An ambulance is a terrible advertisement in front of an abortion clinic."¹⁹

From **Dayton Women's Health Center**, Iowa: Due to profuse bleeding after her abortion, Mary was rushed to the hospital. The attending physician discovered "the entire front of her uterus was blown away." After the surgeon removed the damaged uterus, they explored her abdominal cavity. Behind her liver they found the decapitated head of a 24-week-old pre-born child."

The Effects on Future Babies

These are: premature births, complications during labor, more child abuse and neglect, and more handicapped babies.¹⁵ Not only isn't possible handicap an excuse for killing a baby, but **abortions can cause handicaps** in future babies.

What You Know

If you have had an abortion, you know that the above material is true.

ENDNOTES

1. Arthur Wynn and Margaret Wynn, "Some Consequences of Induced Abortion to Children Born Subsequently," *British Medical Journal*, 3 March 1973.

2. M. C. Pike et al., "Oral Contraceptive Use and Early Abortion as Risk Factors for Breast Cancer in Young Women," *Brit. J. Cancer*, 1981, 72-76.
3. David Reardon, *Aborted Women: Silent No More*, (Wheaton, IL: Good News; Crossway Books: Chicago, IL: Loyola University Press) many pages.
4. J. L. Kelsey, "A Review of the Epidemiology of Human Breast Cancer," *Epidemiol. Rev.*, 1979, 74-109, reviewing 14 earlier studies.
5. Scott W. Sommerville, *Before You Choose: The Link Between Abortion & Breast Cancer*, 1993, 2. This 24-page expose can be purchased for \$5 from AIM, Box 871, Purcellville, VA 22132.
6. *Model Testimony Outline*, Americans United for Life, Chicago.
7. Sommerville.
8. *Ibid*, 5.
9. Sommerville, phone call to Kenneth E. Kogut, 12 December 1994.
10. M. Uchtman, Ohio Director of Suiciders Anonymous, Report to the Cincinnati City Council, 1 September 1981, quoted in Dr. J. C. Wilke, *Abortion Questions and Answers*, 126.
11. Ann Speckhard, *Psycho-Social Stress Following Abortion*, (Kansas City, MO, Sheed and Ward, 1987) 57.
12. J. Denton Collins, M.A., M.F.C.C. MK19363.
13. Several Reardon/Elliott Institute publications, especially the tract, "The Aftereffects of Abortion, Understanding the Risks," copyright 1991, and the tract "Women at Risk, Abortion and the High Risk Patient," copyright 1990.
14. Ashton, "The Psychosocial Outcome of Induced Abortion," *British Journal of Ob. & Gyn.*, 1980, 1115-1122.
15. Hoge, Cates and Tietz, "Impact of Vacuum Aspiration Abortion on Future Childbearing: A Review," *Family Planning Perspectives*, May-June 1983.
16. Personal Testimony to Kenneth E. Kogut.
17. From Human Alliance of Minnesota with permission from *Our Sunday Visitor* and Linda Oatman.
18. Rick Christian, *The Woodland Hills Tragedy*, (Wheaton, IL: Crossway Books, 1985) 165.
19. Carol N. Everett, *Women's Lobby* program on KFIA Radio (California), Jan. 1990.