



Kansas City  
Chapter



April 2007

**Club Meeting:**  
**4<sup>th</sup> Tuesday of Each  
Month**

**Next Meeting**  
April 24 , 2007 7:00 pm  
Fleming Hall

**Executive Board  
Meeting:**  
May 14 , 2007 7:00 pm  
Fleming Meeting Hall

**Location:**  
Fleming Hall  
21906 SW Woods Chapel Road  
Lee's Summit, Missouri

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River*

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### **President's Message by David Cook**

Here is an update for our calendar. The **May monthly meeting** is still **May 22** but the location has been changed to **Rainbow Fly Shop on Hiway 40**. Larry Pifer arranged with

the building owner for us to meet in the "back room". Pizza and soda will be furnished. The fly shop has moved from south of Hiway 40 to the North side of the highway. It's on the northeast corner of Shrank and Hiway 40. The meeting will still start at 7:00 pm but you may want to come early and browse thru the fly shop. Gary Davisson will bring a video on fly casting and we can watch that on their large TV.

We have many events coming up in May. I hope you can work as many as you can into your schedule. And if you are able to volunteer your time to help staff these events please let me or one of the club officers know. We welcome all the help you can bring.

### **Missouri Trout Fishermen's Association Spring Derby 2007**

#### ***Welcome to the 61st Annual Convention and Derby***

This year the Spring Derby is hosted by the Kansas City Chapter. Registration will begin on Friday May 18, 2007 from 7:15 PM at the Bennett Spring State Park Store until the store closes. Registration will start again Saturday morning May 19<sup>th</sup> from 5:30 AM and continue until 8:00 AM at the Bennett Spring Park Store. The Kansas City Chapter would like to welcome each member and their families to this year's events. We hope each will enjoy the fishing and fellowship on the stream and especially attend the lunch at the Picnic Shelter House 'B' in the park.

## **Upcoming Events 2007**

### **May 5**

Kids Derby  
Lake Jacomo, Mo.

### **May 5**

Kids Derby  
Bennett Springs State  
Park

### **May 19 – 20** MTFA

State Fishing Derby

### **May 22 - May**

**Monthly meeting** held  
At Rainbow Fly Shop

### **May 26 - 28**

Memorial Day

### **June 9-10 Free**

**Fishing Weekend**

### **July 8 – Family Fun Day Fleming Park**

### **September 29 - 30**

Fall Derby  
Roaring River



### **Disco Midge – Gary Davisson**

Thorax: Black dubbing  
Thread: Hot Pink  
Abdomen: Pearl Krystal Flash  
Hook: Tiemco 2487 #20

I use this great fly as a point fly and tie a dropper 12-18 inches below. I have been wanting to try this one down at Taneycomo. This fly works really well down on the San Juan River in New Mexico.

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### **Bennett Spring State Park Kid's Fishing Day**

Bennett Spring State Park  
Saturday, May 5 2007  
6:30 AM 8:15 PM

#### **Intended for:**

- Outdoors Skills
- Missouri Outdoor Families
- Fishers
- Kids Fishing Day
- MDC Kids!
- Fishing Clinic

**Kids Fish FREE!** Portions of the stream will be reserved for kids fifteen and under. Rainbow trout will be restocked all day long. Volunteers will be on hand all day to help kids fish. Prizes, contests, exhibits, fly-fishing classes, free hotdogs, soda and other free items.



### **Jackson County Parks and Recreation's - 26<sup>th</sup> Annual - Kids Fishing Derby**

Saturday, May 5<sup>th</sup>, 2007 at The Old beach at Lake Jacomo

The Derby is open to all children ages 2 through 15. A fishing license is not required. Youth who look older than 15 should bring a birth certificate. All contestants must be accompanied by an adult

Registration begins at 8:30 AM the day of the event. (All volunteers need to be there at 7:30 AM)

Club members are encouraged to be there to help with the festivities. Call David Cook 816-272-5194 for more information.

## Safety First

Lawrence Murphy,  
President, Capital City Fly Fishers

Safety should be our first priority. From time to time we all could use a reminder concerning the potential danger that is present on the fishing streams we choose to wade. The conditions can often appear to be acceptable but may have hidden dangers. There are things you should know and remember before you take one step into any stream. How prepared are you to navigate in moving water? Your strength and stamina may not be enough to save you should you tread where you do not know the stream bed conditions. What looks to be easily traversed may be treacherous and cause injury. How prepared are you for the various conditions on the water? Remember accidents don't warn you before they occur. Danger can present itself at the simple crossing of a stream in the shallowest of water or more commonly in a moderate stream flowing briskly with hidden depth changes. The following tips are a collection made from those found on various web pages.

### Wading safety tips:

- 1. Select appropriate wading shoes.** Know the stream bed conditions of the stream you will be fishing. If the stream bed is predominantly sand, silt or mud, then lug boots would be adequate. If it has a rocky bottom with or without moss/algae growth, felt soled boots are more appropriate. If there are larger rocks and moss or algae growth, then felt soles with embedded or strapped on spikes is best to wear.
- 2. Wear appropriate waders and underclothing** – weather conditions dictate the use of adequate protection. Keep in mind that your body does not tolerate excessive temperature changes for long periods. This is true in winter or summer. A classic example is wearing neoprene waders in the heat of summer. Have you considered what medical condition the heat and loss of body fluids can present to you? Cool weather conditions and cold streams are a combination to prepare for. Insulate against the elements by wearing water wicking clothing in both conditions of heat or cold.
- 3. Wear a wading belt** – Wear a belt around the outside of your waders at or above your waist line. This will prevent air from getting into your waders should you fall in the water. When air is in your waders, your feet will probably be the first thing to float. Which means your head will more than likely be submerged. Also consider wearing snug fitting waders over loose fitting ones.
- 4. Heed warning signs** – Read any posted signs before you enter the water. The information is valuable for your safety and is necessary to know.
- 5. Know whether the water is rising, falling or steady** – especially on tailwater streams. Ask other fishers what they have observed since they have been there. This is more important when you are downstream a few miles from a dam site and can not possibly hear the warning sirens.

**6. Monitor the water level** – Use a stationary rock, embedded log or shoal to monitor the water level. Be observant and check them often.

**7. Plan an escape route** – regardless of where you wade, known where the shallow water is for your exit from the stream.

**8. Carry a wading staff** – Currents can cause you to lose your footing. Plant growth can be a factor for slipping too. A wading staff can aid your stability and help maintain your ability to walk or cross in a stream. When crossing turbulent waters, walk downstream with the side of your body turned upstream. This will present less mass from being pushed by the force of water. It also reduces your struggle against the water. Keep two points of contact on the stream bed at all times. Attach a tether strap to the wading staff or stick and your fishing vest, so you can keep it nearby should you lose your balance.

**9. Accept or offer help** – If you become stranded or are struggling, accept any offer for help. If no one offers, ask for help. If you observe someone struggling, stop and offer aid immediately. CPR and First Aid are valuable to know should circumstances require them.

**10. Recognize your limits** – Don't exceed your strength limits, agility and endurance. Fatigue can be your worst enemy when trying to wade in a turbulent condition.

**11. If water overcomes you**, get rid of your equipment - Hanging on to a favorite rod or other gear during a moment of struggle is not worth your life.

**12. If swept away**, float on your back, draw your knees up to your chest, and point your feet downstream – This position protects your head from striking hard surfaces. Use your arms to steer your way into slower or shallower waters. Remain calm and keep your head above water.

**13. Carry a whistle** – If an accident or event occurs where you need immediate help, the whistle is the quickest way to get someone's attention. The water's noise can mask your distress and even your voice. A whistle is better to use when urgent assistance is required.

**14. Wear a PFD** – personal flotation devices can be a valuable aid to your survival. When you are in a boat going to your favorite wading area, wear one. There are also those available which replace the straps of your waders and self-inflate when needed.

**15. Carry a knife** – should you become trapped by a root or rock, you may need the knife to cut your gear and free yourself from entrapment.

**16. Carry a first-aid kit** – Simple accidents are not always the rule. More complex and threatening circumstances may occur. You could fall and strike a sharp rock, and need to stop the bleeding. Be prepared for any medical first aid that may arise by carrying a lightweight kit and handkerchief.

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**17. Wade safely** – Avoid wading in conditions where your center of balance is under water. The midstream shuffle is the gait of choice: Move your feet along the bottom as though you are blind. Use the staff to probe ahead to check the depth or define obstacles. Feel along with each foot and find a secure spot before you commit your weight to it.

**18. After a fall, get out slowly!** Take time to assess your situation, rest from the trauma, and evaluate your needs. Use the spare clothing you brought on the trip for a dry change. If it is cold, get yourself dry and warm up before returning to the water.

**19. Cell phones?** – Many think them to be a nuisance on the stream, rightly so. But they can save time when an emergency occurs. Check your reception before you enter the stream area. If it doesn't have multiple bars to get a good connection, then leave it behind in the car.

**20. Common sense** – many were born with it, others learned it along the way. Use it in all circumstances. Think before you take one step into the water. Know your limits.

## **North Fork of the White River, AR**

*from the FFF April 2007 Newsletter.*

In October 2006, the FFF made an emergency listing of the North Fork of the White River with the threat of massive erosion upon a prime fishery. A land developer had caused the damaging erosion for a new subdivision and in the process did not comply with environmental law. What resulted was a lawsuit by the Arkansas Dept. Natural Resources and TU, and an FFF Endangered Fishery listing. After many months of waiting, some legal decisions have been made. The developer has until May 1 to secure the site from any further erosion. If the developer cannot fulfill this decree, the Governor of AR and the AR Department of Fish and Game have committed to donate funds to secure the site from erosion

### **Club Officers**

President: David Cook  
Vice-President: Roger Theroux  
Secretary: Gary Davisson  
Treasurer: Debbie Jacques  
Past President: Debbie Jacques

### **E-mail**

cookd@umsystem.edu  
medman3@comcast.net  
crjacques@comcast.net

### **Members at Large:**

Charles Jacques  
Gary Rose  
Marvin Alison  
Merril Miller  
James (Red) Duncan  
Tom Criswell

