

RUSH & CO.

Arbonne Independent Consultants



NEW! Ready SET Go! Sets

In Chocolate or Vanilla which includes:

- Easy! Protein Shake — 15 servings
- On the Go! Weight Loss Chews
- NRG GO3 Fizzing Beverage Tablet
- Go Anywhere! Fiber Booster
- Daily Detox Tea
- Figure 8 Shaker Cup

Healthy living is a choice. One that is very much in your control. With this in mind, Arbonne developed Figure 8[®], a complete line of products that help you establish a positive relationship with your body by achieving and maintaining the healthy lifestyle you desire. And now you can enjoy newly updated products formulated to fit your lifestyle and help keep you feeling full throughout the day. So whether it's to lose weight or to continue on your path to healthy living, with Figure 8, the power to control your health is in your hands!

*Here are some of the **new and updated** products coming to the Figure 8 family!*



Go Easy! Protein Shakes

Newly reformulated with great taste and helps you feel satisfied for longer periods of time. This shake is **now packed with 20 grams of pea, rice bran and cranberry protein** and over 20 essential vitamins and minerals, plus our exclusive Protein Matrix and **INNER G-PLEX[®]** Proprietary Blends and **flaxseed for heart health** and sweetened with Stevia. **Now in two great sizes of 15 and 30 servings** in chocolate or vanilla.

Go Anywhere! Fiber Booster

This blend of soluble fibers from fruits and grains provides 12 grams of high quality fiber, giving you half of what's recommended daily. This product is **now tasteless and odorless and can be mixed in with liquid or food**. Contains Arbonne fiber source blend.



On the Go! Weight Loss Chews

Don't let their size fool you. These mouthwatering snacks contain the Keep Going! Herbal Blend that helps control appetite and delivers a boost of energy between meals in three delicious flavors – chocolate, peanut butter and **NEW Café Mocha**.

NRG GO3! Fizzing Beverage Tablets

Weight loss is now buzzing with more excitement than ever. These low-calorie fizzy tabs boost energy, help control appetite and increase metabolism with an exclusive blend of ingredients including chromium, green tea & guarana, to help you with weight loss. Now in two great flavors – Citrus Surge & **NEW Pomegranate Splash**.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Figure 8 Shakes aren't just for drinking!!

Make delicious chocolate or vanilla oatmeal cookies loaded with protein, flax seed and 20 essential vitamins and minerals!

2 cups natural peanut butter 1 ¾ cups honey 3 cups dry uncooked oatmeal
2 ¼ cup chocolate Go Easy! Protein Shake with INNER-G-PLX (or you can mix chocolate and vanilla



In a microwave-safe bowl, combine peanut butter and honey, heat in microwave for 70-90 seconds, until it easily stirs. Add protein powder and oatmeal and mix thoroughly. It will be thick. Press into a 9 by 16 inch pan. Refrigerate 1 hour, or until solid enough to cut into bars. Wrap each bar in foil or plastic wrap and store in the refrigerator.

**For extra fiber use ½ cup fiber boost, and 2 cups of protein powder

Makes 24 servings: calories 240, fat 9 grams, protein 13 grams, carbs 24 grams, sodium 68 mg, fiber 3 grams, sugar 15 grams.

ARBONNE IS A PEA, GRAHBERRY & RICE BRAH PROTEIN, EASY TO DIGEST, GREAT FOR VEGETARIANS, PLUS 20 ESSENTIAL VITAMINS AND MINERALS. See more great recipes and meal plans at www.gofigure8.com