



Caregiver 101

TOOLS TO HELP YOU CARE FOR SOMEONE ELSE



LEARN ABOUT:

- What caregivers do
- Decisions you may have to make, & how to get information you need
- Financial and employment issues
- Options for help with daily care
- Guardianship, "Living Wills", Power of Attorney, and other legal topics
- Hospice & palliative care
- Funerals & funeral planning
- How to help someone live every day to the fullest
- Avoiding burnout, isolation, and fear

DO YOU KNOW SOMEONE WITH LIFE-THREATENING OR TERMINAL ILLNESS?

When you hear that a loved one or friend has a serious or life-threatening illness, it can be overwhelming. What is going to happen? What do I need to do? Where can I find help? What does this mean? What should I do first? These are common questions, and we want to help you find answers. If you help care for someone who cannot fully care for themselves, you are a **CAREGIVER** — and we want to equip you with the tools you need so you can confidently continue to support and care for your family & friends.

SATURDAY, JANUARY 31
SOUTHSIDE CHURCH OF CHRIST
9 AM—NOON

FREE



2101 HEMPHILL STREET
FORT WORTH, TX 76110



MORE INFORMATION/
RSVP: 817-923-8276