

**Teens from these parishes  
have been on Journey:**

**Albany County**

Blessed Sacrament, Albany  
St. Thomas, Delmar  
St. John's/St. Anne's, Albany  
St. James, Albany  
St. Vincent de Paul , Albany  
St. Francis deSales, Loudonville  
St. Pius X, Loudonville  
St. Ambrose, Latham

**Schenectady County**

St. Gabriel's, Rotterdam  
Immaculate Conception, Glenville  
St. Joseph's, Scotia  
Our Lady of the Assumption, Schenectady  
St. Adalbert's, Schenectady  
St. Madeline Sophie, Schenectady  
St. Paul's, Schenectady  
St. Helen's, Schenectady  
Our Lady of Mount Carmel, Schenectady  
St. Joseph's, Schenectady  
St. John the Evangelist, Schenectady  
Our Lady of Fatima, Schenectady

**Rensselaer County**

Our Lady of Victory, Troy  
St. John Francis Regis, Grafton  
St. Henry's, Averill Park  
St. Francis deSales, Troy  
St. Bonaventure's, Troy

**Montgomery County**

Sts. Peter and Paul, Canajoharie  
St. Stanislaus, Amsterdam  
St. James, Fort Plain

**Saratoga County**

St. Edward's, Clifton Park  
St. Clement's, Saratoga Springs  
Corpus Christi, Ushers

**Otsego County**

St. Mary's, Oneonta

Journey Retreat Program  
c/o 1847 Ferguson St.  
Rotterdam, NY 12303  
[www.geocities.com/journeyretreat](http://www.geocities.com/journeyretreat)

# Journey Retreat Program

of St. Gabriel's

**For Teens in Grades 9-12**



**Let no one look down on your  
youthfulness, but rather in  
speech, conduct, love, faith  
and purity, show yourself an  
example of those who believe.**

— 2 Tim 4:12

**Journey** is a Roman Catholic based Retreat experience for high school students in Grades 9-12.

If you are interested in exploring your faith, and learning something about yourself, then Journey is right for you.

### The Journey Retreat IS NOT

1. a silent retreat with hours in the chapel
2. the solution to severe problems such as alcohol and drug abuse, problems with school, friends or family
3. a boring weekend of no fun
4. a Confirmation retreat



### The Journey Retreat IS

1. for young people who are looking for something more in their lives
2. talking about the things which are important to young people
3. time away to reflect on how a young person can become a leader in his or her faith communities
4. an experience that is different for each person
5. fun with people who know how to have it!

**It's a wonder-filled experience for each person.**

## FAQ's (Frequently Asked Questions)

**When are Journeys held?**  
Journey Retreats are held twice a year, in March/April and November.

**Where are Journey Retreats held?**  
As of 2008, the retreats are held at the Adirondack Center in St. Johnsville, NY, west of Albany.

**How long does it take?**  
Candidates arrive by 7:00 pm on a Thursday evening,, and we conclude with closing Mass on Sunday evening.

**How much does it cost?**  
We ask for a \$90 donation to cover the costs of lodging, meals and supplies for 3 days. If this is a hardship, then any donation is accepted.



## How can I find out more about Journey?

Contact any of these persons:  
Mr. Mark Sabatini at 355-5850  
Ms. Jenn Roseboom at 505-1931  
Fr. Bob Longobucco at 441-8931  
or  
E-mail [journeyretreat@yahoo.com](mailto:journeyretreat@yahoo.com)

You can also visit our website at  
[www.geocities.com/journeyretreat](http://www.geocities.com/journeyretreat)



## Where did the Journey Retreat come from?

The Journey Retreat Program began in Albany in 1986, It is modeled on the Cursillo Movement which began in Spain in the 1940's and came to Brooklyn in the 1960's. Men and women who made the Cursillo Retreat asked the leaders if there was anything similar for young people.

In 1974, a Cursillo experience was re-designed for high school and college students and it was called Christian Awakening on the UAlbany campus. Students from the Christian Awakening developed the Journey Retreat in 1986.