

Jewel In My Heart

Choreographed by Jolene Pearly Vun(2nd June 2005)

Description : 1 wall, Phrased, A, B, A A A, B (restart), B

Music :呼唤 !

Note : Specially dedicated to my mum.

Start the dance with the vocal

Part A (51 count)

WALTZ FORWARD, WALTZ BACK, 1/2 TURN, WALTZ BACK

- 1, 2, 3 Step LEFT fwd, step RIGHT beside left, step LEFT beside right (basic waltz fwd)
- 4, 5, 6 Step RIGHT back, step LEFT beside right, step RIGHT beside left (basic waltz back)
- 7, 8, 9 Step LEFT forward, on ball of left pivot 1/2 turn left and step RIGHT back, step LEFT beside right
- 10, 11, 12 Step RIGHT back, step LEFT beside right, step RIGHT beside left

LEFT TWINKLE, RIGHT TWINKLE, LEFT SAILOR, RIGHT SAILOR

- 1, 2, 3 Cross LEFT over right, step RIGHT to right, step LEFT beside right
- 4, 5, 6 Cross RIGHT over left, step LEFT beside right, step RIGHT beside left
- 7, 8, 9 Cross LEFT behind right, step RIGHT to right, step LEFT beside right
- 10, 11, 12 Cross RIGHT behind left, step LEFT to left, step RIGHT beside left

BEHIND, UNWIND FULLTURN, RONDE, BEHIND, SIDE, FORWARD (TWICE)

- 1, 2, 3 Cross LEFT behind right, unwind to left keeping weight on RIGHT a full turn and ronde LEFT
- 4, 5, 6 Cross LEFT behind right, step RIGHT to right, step LEFT forward
- 7, 8, 9 Cross RIGHT behind left, unwind to right keeping weight on LEFT a full turn and ronde RIGHT
- 10, 11, 12 Cross RIGHT behind left, step LEFT to left, step RIGHT forward

EASY VERSION

BEHIND, UNWIND 1/2 TURN, KICK, BEHIND, SIDE, FORWARD (TWICE)

- 1, 2, 3 Cross LEFT behind right, unwind to left keeping weight on RIGHT with 1/2 turn and kick LEFT
- 4, 5, 6 Cross LEFT behind right, step RIGHT to right, step LEFT forward
- 7, 8, 9 Cross RIGHT behind left, unwind to right keeping weight on LEFT with 1/2 turn and kick RIGHT
- 10, 11, 12 Cross RIGHT behind left, step LEFT to left, step RIGHT forward

LEFT TWINKLE, RIGHT TWINKLE WITH 1/4 TURN RIGHT (TWICE)

- 1, 2, 3 Cross LEFT over right, step RIGHT to right, step LEFT beside right
- 4, 5, 6 Cross RIGHT over left, step LEFT to left with 1/4 turn right, step RIGHT beside left
- 7, 8, 9 Cross LEFT over right, step RIGHT to right, step LEFT beside right
- 10, 11, 12 Cross RIGHT over left, step LEFT to left with 1/4 turn right, step RIGHT beside left (facing 12:00)

FORWARD, RECOVER, HOLD

- 1, 2, 3 Step forward on LEFT, recover weight on RIGHT(2) and hold(3)

Part B (33 count)

CROSS, BACK-BACK, CROSS BACK-BACK, CROSS, UNWIND FULLTURN, RONDE, BEHIND, SIDE , FORWARD

- 1, 2, 3 Cross LEFT over right, step back on RIGHT, step LEFT beside right (moving diagonal back)
- 4, 5, 6 Cross RIGHT over left, step back on LEFT, step RIGHT beside left (moving diagonal back)
- 7, 8, 9 Cross LEFT over right, unwind to right keeping weight on LEFT a full turn and ronde RIGHT
- 10, 11, 12 Step RIGHT behind left, step LEFT to left, step forward on RIGHT

LEFT SAILOR, RIGHT SAILOR, ROCK BACK, RECOVER, RONDE, CROSS SIDE BEHIND

- 1, 2, 3 Cross LEFT behind right, step RIGHT to right, step LEFT beside right
- 4, 5, 6 Cross RIGHT behind left, step LEFT to left, step RIGHT beside left
- 7, 8, 9 Cross LEFT behind right, recover weight onto RIGHT and ronde LEFT over right (**restart from here**)
- 10, 11, 12 Step down on LEFT, step RIGHT to right, step LEFT behind right

1/4 TURN RIGHT, PIVOT 1/2 TURN, 1/4 TURN RIGHT, BEHIND, SIDE, CROSS, RONDE

- 1, 2, 3 Step RIGHT fwd with 1/4 turn right, step LEFT fwd, pivot 1/2 turn on RIGHT
- 4, 5, 6 Step LEFT fwd with 1/4 turn right, step RIGHT behind left, step LEFT to left
- 7, 8, 9 Cross RIGHT over left, ronde LEFT

ENDING (After the last B)

- 1, 2, 3 Step forward on LEFT, recover weight on RIGHT(2) and hold(3)