

Angelic Intervention



Angels are everywhere, you just need to know where and how to look. **Alex Woburn** shows you how to contact these celestial beings for more protection, healing and love in your life

Everyone has guardian angels, with no exceptions. These angels are with you from birth, to help and look after you. The first step in connecting with your angels is in remembering to make a point of asking for their help. The angels cannot intervene in your life unless you give them permission, because of the Law of Free Will (the only exception to this law is if you are in mortal danger before it's your time to leave this world). It is crucial to communicate with the angels because this is the only way they'll know you need them. You can talk to them mentally, aloud or even by writing a letter. It doesn't matter how you ask the angels for help, just make sure you actually do it!

Asking for it

Your guardian angels want you to fulfil your life's purpose, and all they ask for in return is that you remember to say thank

you for the help they give. After you ask the angels for help they will give you divine guidance, this guidance may come straight away or you may receive messages from the angels over the coming days or weeks.

Signs come in many forms but each person has one or two primary channels that the messages will come through. You will receive guidance either through visions, thoughts, spoken words or through your feelings.

You may see a vision in your mind of what you should do or an idea will randomly pop into your head. It's important that you trust and follow the guidance that comes your way. If you ignore the guidance the angels will gently repeat it until you follow it through. If you've been for a job interview and ask the angels for their support, you might feel a warm, loving feeling in your stomach, which is the angels' way of telling you you're on the right track. Over time you will learn to identify the signs and trust the feelings you'll notice when the angels are helping you.

Dreams come true

The angels can help you manifest your dreams. The most important thing to remember when manifesting is that your thoughts create your experiences, like attracts like. Visualisation is a fantastic way to make your dreams come true. All visualisation really is, is using your imagination... just daydream your perfect scenario. Do you want romance in your

life? Need more money or peace of mind? Think about what you want as though it were real. Imagine the details and keep picturing them. See it in your mind as if it has already come true and give thanks to the angels for this. The best thing is that you can use visualisation anywhere! When you are travelling, before going to sleep or gardening - it is a highly beneficial way to use your spare time.

Using affirmations will also boost your manifesting power. Say for instance you

“Your guardian angels want you to fulfil your life's purpose”

want to be a published author, then when you wake up and before you go to bed you can say aloud or mentally “I am a published author” - the more you say it the more your mind will believe it and the quicker you will manifest it. You can always ask the angels to help you have more faith in the power of angels if you feel your belief in these beings needs a boost - they won't be offended!

Healing and Archangel Raphael

The angels can help to heal you physically and emotionally. If you have an injury then ask Archangel Raphael to heal it. Archangel Raphael is a very powerful healer and calling on him will benefit you in many ways. Whenever you have an injury, ask him for help and the injury will heal much faster than normal. Visualising an emerald-

green light surrounding your injury will help invoke his power as it's the colour of his healing energy.

You can also use affirmations to speed up healing. Say to yourself, “I am healthy, healed and in no pain”. It is important to believe that the healing will occur, if you have doubts you will block the healing from happening (remember that what you think will come about).

It will take time to truly have faith in angels' magical healing powers but the more belief you have the faster the healing will occur. There is no difference in the speed of healing a minor injury or a major one unless, of course, that's what you choose to believe. Once you see the amazing power of angels, you won't believe you were ever sceptical about it. The angels will also gladly help you to heal from emotional wounds from the past. Holding on to pain, guilt, regret,

Have a think about what you really need the angels' help with before you ask so your wish is clear



Releasing pain in a bubble

Here is a good way to let the past go and clear out any negative feelings that may be holding you back.

Find a quiet place where you will not be disturbed. Then call on your guardian angels. Simply saying, “Angels, I ask for your help, please hear me”, or something similar is fine. Then ask for all the pain you've ever experienced to be released, so that you can move forward in life. Think of all the people or situations that have upset you or made you angry. Imagine the person or situation in a big bubble in front of you. Visualise the bubble holding all the negative emotions and energy caused by the person/situation. Then see your guardian angels taking the bubble far from you, they take the bubble high into the sky and purify it with divine love. Affirm to yourself, “I have released this situation to the angels and I no longer carry the pain from the past”.

You have now released this pain from yourself, the angels have taken it far away. Repeat this with every person and situation that has caused you pain, it may take a while but it is definitely worth it. Once you let go you will feel ten times better and by letting it go you open new doors in your life that otherwise would have stayed firmly shut.

anger or any other negative emotion will cause blocks in your life and hold you back. The new cannot enter into your life if you are clinging to the past.

Michael and the Band of Mercy

The angels can keep you safe and protected. If you are somewhere where you are scared or don't feel safe then visualise bright white light around yourself, make sure the light is very thick and covering your whole body. White is the colour of protection and also invokes the angels. It is also wise to call down Archangel Michael and his Band Of Mercy (the angels that help him). Time does not exist to the angels so it means that they can be with everyone simultaneously. You don't have to worry that you are taking Michael away from someone else, he can be with everyone at the same time. I always invoke Michael and his Band Of Mercy when I am scared, like when I am walking home at 3am from a party and there's no one around. I always feel much safer when I call him down. Michael and the white light will repel any negative people away from you. You should also pay attention to the feelings you get when you are out, we all have a sixth sense and can tune into the areas around us to know if it's safe to be there or not. ❖

The Angel Lady

Jacky Newcomb is a best-selling author who specialises in angel experiences. She talked to *Prediction* about her first angel encounters...

"It was late afternoon and my youngest daughter had already been throwing-up for several hours and I had just changed the sheets for the fourth time. Exhausted I opened the airing cupboard and dragged out a pile of towels. 'She'll just have to lie on the bathroom floor.' I figured, 'at least that way she might make it to the toilet instead of being sick on the bedding, and there are no more sheets left!'

Less than an hour later my little girl called me and as I walked onto the landing outside the bathroom, I remembered a book I had been reading about angels some weeks before and I stuck my fist into the air. 'I don't believe in angels! If there is such a thing as angels,' I threatened, to no one in particular,

'You look after her because I am too tired and can't do this any more!' Exasperated and fatigued from hours of childcare I opened the bathroom door where my poor little girl was lying in a pool of sweat. Strangely she was fast asleep but there was plenty of noise coming from the room! The sound of an angelic choir filled the air, breathtaking, tinkling music. It was beautiful and I pinched myself to check I was awake. Confused I stepped into the bathroom and hung

“The sound of an angelic choir filled the air”

my head out of the window. Could there be an orchestra playing in the field at the back of the house even though it was nearly midnight? It's amazing what the mind will come up with when searching for a 'logical' explanation! I walked around the whole house before returning to the bathroom – the choir sound was still playing and there was no other logical explanation. I'd begged (rudely) for someone to help me and this was their sign!

Incidentally, my daughter slept right through the night and was fine in the morning. The angels had left me in no doubt that they'd paid us both a visit but that wasn't the end of the story. Many months later I was driving along in my new Landrover when I heard a voice yell in my ear. 'Pull over!' I was alone in the car so where was the voice coming from?

I was driving along a narrow country road towards a one-way bridge with traffic lights at each side. The lights were in my favour and anyway, if

I pulled the car to the side of the road I would surely scratch my new car! No way was I going to pull the car over and risk damaging it. But the voice was not taking no for an answer and shouted again, this time even louder 'Pull over now!' The voice was so insistent that there was no way to ignore it but I had no idea why I was following along. Grumbling to myself I tucked the car into the hedge and stopped the engine. I didn't even have time to catch my breath when a large white van came bombing over the bridge against the traffic lights! The driver seemed out of control and hit my car with a very loud crash before pulling past at speed. I was stunned! What just happened? The van didn't even stop to see if I was ok.

I had been driving to my sister's house just a couple of miles away so I slowly carried on my journey, too scared and shocked to get out of the car. I knew I had been hit but what had happened? My sister was waiting for me when I arrived and as I got out of the car my story tumbled out and tears poured down my cheeks. We walked round the car several times but the only damage was a scratch on my wing mirror and it had been flipped out of place (probably the source of the loud bang). The glass had cracked too but the rest of the car was intact. I was safe... but what if the car had been just

a centimetre or two further over? Could I have died from a head on collision?

If I hadn't believed in angels before then I certainly did now. Two visits in so many weeks and over the years many more experiences followed. I spent many happy hours on the internet and read hundreds of books trying to find out more about my angel visits. I guess after that it wasn't surprising that I became an angel 'expert!' I'd literally sucked the library shelf dry of everything angel.

I couldn't wait to share my discoveries with other people and set up websites and began writing a book. Now, many years later, I have just finished my seventh book on paranormal phenomena. *Angels Watching Over Me* shares many things I have learned along the way.

I always suspected that my angel in the car that day had been my late father-in-law just keeping an eye out for me. I became fascinated by angels and I loved to read about how other people's 'angelic loved ones' helped them from the other-side of life too. After reading many, many thousands of spontaneous afterlife communication stories since I started my research, I know with absolute certainty that our loved ones live on after they cross over from this side of life... and that they like to help out whenever they can! We should remember that, whenever we feel nervous, worried or scared, we're not alone. Thank goodness for our lovely guardian helpers!"



Angels changed Jacky Newcomb's life completely

Jacky's top angel tips:

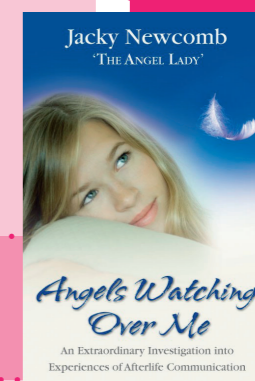
- * You must actually *ask* the angels for their help. Then cannot help us without permission.
- * Meditation is a brilliant way of getting closer to the angelic realms.
- * Surround yourself with all things angelic. Angel figurines, angel pictures, and so on - they'll get the hint!
- * Water is a great conductor of the higher energies so talk to your angel when you are in the bath or shower.
- * Read as much as you can about these beings of light. It will help to make you more aware of their presence.



The angels need your permission to offer assistance - so invite them into your life

further info

For more information about Jacky Newcomb and her work, visit Jacky online at www.JackyNewcomb.com



reader offer

Prediction readers get £2.00 off Jacky's new book (plus free p&p in the UK), *Angels Watching Over Me*, which is usually £7.99. Call Hay House on 020 89621230.