



Beach Relays Overall Tracking Sheet  
 Insert tick marks in shaded boxes in order to keep a running total of teams' intervals

TEAM 1				TEAM 2		
200s	400s	800s		200s	400s	800s
Overall Time:	:			Overall Time:	:	
TEAM 3				TEAM 4		
200s	400s	800s		200s	400s	800s
Overall Time:	:			Overall Time:	:	
Team Standings (2 events)						
Team	Points					
{1}						
{2}						
{3}						
{4}						