

IMAF-Hong Kong TRAINING SCHEDULE

KOWLOON

Tuesday Class:

General Class:

Place: Lai Chi Kok Park (Top of KCRC Station) Mei Foo Station Exit D Time: 6:30pm to 8:30pm Instructor: Likha Allen / Likas Raul

Thursday Class:

Basic Class:

Place: Lai Chi Kok Park (Top of KCRC Station) Mei Foo Station Exit D Time: 6:30pm to 8:30pm Instructor: Likha Rene / Likas Erik

Sunday Class:

Basic Class

Place: Lai Chi Kok Park (Top of KCRC Station) Mei Foo Station Exit D Time: 6:30amo 8:30am Instructor: Likha Allen

HONG KONG ISLAND

Saturday Class General Class

Place: Quarry Bay Park Tai Koo shing MTR Station Going thru City Plaza Shopping Mall Time: 7:00pm to 10:00pm Instructor: Guro Abner

Sunday Class

General Class

Place: Quarry Bay Park Tai Koo shing MTR Station Going thru City Plaza Shopping Mall Time: 7:00am to 8:30am Instructor: Guro Abner



