

Future Scenario

Understanding and Managing
Existence and Development,
From the Ground Up and
From the Inside Out

Future Scenario

- Introduction
- Approach and Context
- Understanding and Managing Existence and Development From the Ground Up and From the Inside Out
- Future Potential and Possibilities
 - ◆ Individual

Future Scenario

◆ Society

- ★ Social Institutions, Organizations, Processes and Practices
- ★ Public Education and Training
- ★ Public Health Care
- ★ Legal System, Law Enforcement, Courts and Penal System

◆ Economy

Future Scenario

- ◆ Science and Technology
- ◆ Environment

Future Scenario

- → Introduction

Introduction

- ◆ The presentation is not a discussion of predictions, or a forecast of future conditions and developments
- ◆ It is a discussion only of future possibilities
- ◆ Existing in and as part of a constantly unfolding, changing and transforming world, we cannot today know or predict the conditions of existence, human understanding, behaviour and actions, relations and interactions of tomorrow

Introduction

- ◆ How human beings tomorrow or in the future will understand and manage existence and development, demands and challenges, problems and difficulties, change and changing conditions
- ◆ How they will behave and act, relate and interact, with the self, with each other, with the world around them, nature and the natural environment
- ◆ We cannot today know or predict, how future generations will make sense of their experience, understand the conditions of existence that lie behind and that are reflected in their experience, or how they will deal with them

Introduction

- ◆ The understanding, powers and abilities, skills and practices they will develop, how they will develop and use them
- ◆ We cannot today know or predict the socio-cultural, political, economic-material, scientific-technological or environmental conditions they will create
- ◆ However, we can consider, discuss and understand the direction future generations need to take in their conceptual and mental development

Introduction

- ◆ To deal with and move beyond persisting and growing problems, cultural, religious, political, social, economic-financial, environmental, interpersonal and individual problems, difficulties and crises, competition, conflicts, confrontations and violence we face locally and globally around the world today
- ◆ To understand and manage existence and development in equitable ways, in changing conditions and narrowing natural parameters, within the boundaries and limits of existence set by nature
- ◆ We can consider how, understanding and managing existence and development in a different way, social, political, economic, scientific, technological and environmental conditions may differ from today

Introduction

- ◆ How human behaviour and actions, relations and interactions, with the individual self, with others, the world around them, nature and the natural environment will differ
- ◆ What is presented and discussed are not inevitable developments
- ◆ Neither are they utopian fantasies or wishful thinking
- ◆ What is presented are the potential and possibilities of understanding and managing existence and development, from the ground up and from the inside out

Introduction

- ◆ Understanding and managing existence and development, at the level and within the context of understanding and managing, in the first instance, the mind, mental existence and mental development, from within the mind and mental existence, as reflected in individual experience
- ◆ The potential and possibilities, which, to be realized, future generations will have to take a different path and direction in their conceptual and mental development and growth
- ◆ Moving beyond traditional and established socio-cultural views, beliefs, values, conventions and practices

Introduction

- ◆ Future generations will have to understand and manage the role and responsibility in their existence and development that by nature are individually theirs to understand and manage
- ◆ Not try to manage the role of nature that lies beyond human control, as traditionally and today is the case

Future Scenario

- Introduction
- → Approach and Context

Approach and Context

■ Approach

- ◆ Development, change and transformation, from the ground up and from the inside out
- ◆ Making the 21st Century, the Century of the mind, mental existence and mental development, demystifying the mind, mental existence and mental development
- ◆ Understanding and managing existence and development, demands and challenges, problems and difficulties, change and changing conditions, everything in life we face and we have to deal with, from the ground up and from the inside out

Approach and Context

- ◆ From the ground up, at the level of the natural conditions of existence, common to all human beings, which in the first instance define and govern existence and development, that lie behind human experience, the experience of every individual human being
- ◆ From the inside out, beginning with the mind, mental existence and mental development
- ◆ Understanding and managing existence and development, at the level and within the context, of understanding and managing, in the first instance, mental existence and mental development

Approach and Context

- ◆ From within the mind and mental existence, as reflected in individual experience
- ◆ Establishing the necessary internal mental conditions, before engaging and dealing with external conditions, others and the world around us, in everything we do and we engage in
- ◆ It is in the mind and mental existence where we consciously exist and act
- ◆ It is where we experience, become aware and must consider the conditions of existence, our own mental and physical existence and development and the world around us, and how to deal with them

Approach and Context

- ◆ It is where we are in charge and in control, where we must actively be engaged and take responsibility for what takes place and what we do in the mind and mental existence
- ◆ It is where we make choices and decisions, where we define aims, goals and objectives, and where we must consider plan, organize and manage our behaviour and actions
- ◆ Problems and difficulties, limits and shortcomings, errors and mistakes, in understanding, choices and decisions, goals and objectives, behaviour and actions, have their roots and beginnings in the mind and mental existence
- ◆ And it is where answers and solutions must start

Approach and Context

- ◆ Beginning with understanding and managing what takes place, what we face and have to deal with, what we do and need to do, what we must establish, develop and maintain individually in the mind and mental existence

- Context

- ◆ The focus and concentration are the human condition, persisting and growing human individual, social and environmental problems and difficulties
- ◆ Problems and difficulties we face, we create, and we must deal with, individually, as societies and as a species, locally and globally around the world today

Approach and Context

- ◆ Problems and difficulties dealing with the human self, understanding and managing, particularly the mind, mental existence and mental development
- ◆ Mental disorder and instability, doubt and confusion, uncertainty and insecurity, fear, stress, anxiety and frustration, problematic behaviour and actions
- ◆ Problems and difficulties relating and interacting, connecting, communicating and cooperating with each other

Approach and Context

- ◆ Competition, confrontation, conflict and violence over shared resources and about different, competing and conflicting beliefs, views, values, conventions and practices
- ◆ Greed, corruption, injustice and inequality, domination, exploitation, deprivation and marginalization, poverty and starvation
- ◆ Problems and difficulties relating and interacting with nature and the natural environment
- ◆ Exploiting natural material resources beyond actual human material needs

Approach and Context

- ◆ Degrading the natural environment and interfering in nature, natural forces, processes and development, beyond what is necessary and required to manage and sustain human existence
- ◆ Bringing about changes in nature and the natural environment, which in the long term will render the natural environment of the Earth uninhabitable for the human species
- ◆ More fundamentally, the focus and concentration is the human causes, and what lies behind them
- ◆ What lies behind problematic human behaviour, actions and practices

Approach and Context

- ◆ The mind and mental existence, the internal mental conditions, how we understand and manage them
- ◆ How we understand and manage what takes place, what we face and have to deal with, what we do and need to do, what we must establish, develop and maintain in the mind and mental existence
- ◆ How in the mind and mental existence we deal with, respond and adjust to demands and challenges, change and changing conditions

Approach and Context

- ◆ The understanding, mental powers and abilities, mental skills and practices we develop, on which we rely, how we develop and use them
- ◆ The choices and decisions we make and how we make them, the aims, goals and objectives we pursue and how we define them
- ◆ The mental behaviour and actions in which we engage, how we plan, organize and manage them
- ◆ The direction of the answers and solutions
- ◆ The direction we need to take in conceptual and mental development, individually, as society and as a species

Approach and Context

- ◆ The understanding, mental powers and abilities, mental skills and practices we need to develop, how to develop and use them
- ◆ To understand and manage existence and development, existing in and as part of a constantly unfolding, changing and transforming world
- ◆ Sustain an expanding global human population in equitable ways, on the limited and finite natural material resources base of the earth
- ◆ And not contribute further to the premature demise in the long term of the human species at its own hands

Future Scenario

- Introduction
- Approach and Context
- → Understanding and Managing Existence and Development From the Ground Up and From the Inside Out

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Understanding and managing existence and development, demands and challenges, problems and difficulties, change and changing conditions, everything in life we face and we must deal with, from the ground up and from the inside out
- ◆ Understanding and managing them in a comprehensive way, in their essence, in depth and detail, in a differentiated, but integrated, connected and related way
- ◆ From the ground up, at the level of the natural conditions of existence, common to all human beings, which in the first instance define and govern existence and development, that lie behind and that are reflected in individual human experience

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ From the inside out, beginning with the mind, mental existence and mental development
- ◆ Understanding and managing existence and development at the level and within the context of understanding and managing, in the first instance, the mind and mental existence
- ◆ From within the mind and mental existence, as reflected in individual experience

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Not, as traditionally is the case, understanding and managing existence and development from the top down and from the outside in, in a fragmented, generalized, dissociated and disconnected way, in the abstract
- ◆ Understanding and managing them from the human-created socio-cultural level, different, competing and conflicting beliefs, views, values, conventions and practices down to the level of the natural conditions of existence
- ◆ Understanding and managing existence and development from the socio-cultural, religious, political, economic, scientific and technological level down to the level of the individual

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Understanding and managing external conditions and the world around us to understand and manage ourselves, the mind and mental existence
- ◆ Dividing and separating existence and development into different issues, subject matters, disciplines, fields of study and areas of human activity, specialization and expertise
- ◆ Each defined and governed by different, competing and conflicting assumptions, objectives, approaches and practices

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Understanding and managing existence and development in the collective, not individually, in cooperation with each other
- ◆ Conceptualizing and understanding the conditions of existence in the abstract, beyond our experience of them
- ◆ Establishing a sense of self, a sense of order and stability, clarity and coherence, certainty and security externally, beyond the mind and mental existence, in socio-cultural and physical-material terms

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Understanding and managing existence and development through understanding and managing external conditions and the world around us, not within existing and changing external conditions
- ◆ Collectively creating the ideal external, socio-cultural and physical-material conditions, of an ordered, stable, secure and predictable world around us of easy material abundance
- ◆ Instead, we need to establish individually the necessary internal mental conditions, before engaging and dealing with external conditions and the world around us, in everything we do and we engage in

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Establishing and maintaining a sense of self, a sense of order and stability, clarity of mind and understanding, a sense of certainty, security and confidence, where individually we are in charge and in control, in the mind and mental existence
- ◆ Dealing with, responding and adjusting to change, changing conditions, demands and challenges before they develop into larger problems and difficulties, when only a minimum in mental work, effort and adjustment are required
- ◆ Developing individually the necessary understanding and mental faculties, our natural mental potential, natural mental powers and abilities, necessary mental skills and practices, and engage in the required mental work and effort

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ Engaging in a process of continuous, life-long conceptual and mental self-development and growth
- ◆ Constantly reconsidering, updating, correcting, expanding and improving individual understanding, mental powers and abilities, mental skills and practices in light of change and changing conditions
- ◆ Reconsidering, updating, correcting, expanding and improving, whenever necessary and required, the understanding, mental powers and abilities, mental skills and practices, we develop, on which we rely, how we develop and use them

Understanding and Managing From the Ground Up and From the Inside Out

- ◆ The choices and decisions we make and how we make them, the aims, goals and objectives we pursue and how we define them, the mental behaviour and actions in which we engage, and how we plan, organize and manage them

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- → Future Potential and Possibilities

Future Potential and Possibilities

- Individual
- Society
- Economy
- Science and Technology
- Environment

Future Potential and Possibilities

- → Individual

Individual

- Understanding and Managing Individual Existence and Development
- Relating and Interacting With Others

Understanding and Managing Individual Existence and Development

- Understanding and Managing Individual Existence and Development
 - ◆ Understanding and managing individual existence and development will be less problematic and difficult
 - ◆ Existence and development, demands and challenges, problems and difficulties will be understood and managed from the ground up and from the inside out
 - ◆ In a comprehensive way, in their essence, in depth and detail, in a differentiated, but integrated, connected and related way

Understanding and Managing Individual Existence and Development

- ◆ From the ground up, at the level of the natural conditions of existence and development, common to all human beings, which in the first instance define and govern human existence and development, that lie behind and that are reflected in individual human experience
- ◆ From the inside out, beginning with the mind, mental existence and mental development
- ◆ The individual will understand and manage its existence and development at the level and within the context of understanding and managing, in the first instance, the mind and mental existence

Understanding and Managing Individual Existence and Development

- ◆ Understanding and managing the mind, mental existence and mental development, from within the mind and mental existence, as reflected in individual experience
- ◆ Considering and making sense of individual experience, perceptions, sensations and feelings that enter the mind and awareness, the conditions of existence that lie behind them, and how to deal with them
- ◆ Visualizing and creating clear and detailed images, pictures and conceptual structures in the mind and mental existence about the conditions of existence

Understanding and Managing Individual Existence and Development

- ◆ Dealing with mental disorder and instability, doubt and confusion, uncertainty and insecurity, fear, stress, anxiety and frustration, through addressing the mental conditions that lie behind them
- ◆ Dealing with, responding and adjusting to change, changing conditions, demands and challenges when only a minimum in mental work, effort and adjustment are required, and before they develop into larger problems and difficulties
- ◆ Developing, exercising and practicing the necessary understanding and mental faculties

Understanding and Managing Individual Existence and Development

- ◆ Developing a conceptual foundation and framework of understanding about the fundamentals and essentials of the natural conditions, demands and challenges of existence and development
- ◆ Developing the natural mental potential, natural mental powers and abilities, necessary mental skills and practices, and engage in the required mental work and effort
- ◆ Engaging in a process of continuous, life-long conceptual and mental self-development and growth

Understanding and Managing Individual Existence and Development

- ◆ Constantly reconsidering, updating, correcting, expanding and improving individual understanding, mental powers and abilities, mental skills and practices in light of change and changing conditions
- ◆ Reconsidering, updating, correcting, expanding and improving, whenever necessary and required, the understanding, mental powers and abilities, mental skills and practices we develop, on which we rely, how we develop and use them
- ◆ The choices and decisions we make and how we make them, the aims, goals and objectives we pursue and how we define them, the mental behaviour and actions in which we engage and how we plan, organize and manage them

Understanding and Managing Individual Existence and Development

- ◆ Establishing the necessary internal mental conditions, before engaging and dealing with external conditions, others and the world around us
- ◆ Establishing and maintaining a sense of self, a sense of order and stability, clarity of mind and understanding, a sense of certainty, security and confidence, individually in the mind and mental existence, in everything we do and we engage in
- ◆ Meeting non-material mental needs in the mind through individual mental work and effort, not meeting them in material ways, through the possession, control, accumulation and consumption of material resources, goods and values

Understanding and Managing Individual Existence and Development

- ◆ The individual will be familiar with, feel at home and find its way around in the mind and mental existence, its thoughts and understanding, choices and decisions, mental behaviour and actions
- ◆ Be aware and understand what takes place, what we face and have to deal with, be in charge and in control, be actively engage and take responsibility for what individually we do, establish, develop and maintain in the mind and mental existence
- ◆ The individual will be confronted less with mental disorder and instability, doubt and confusion, uncertainty and insecurity, fear, stress, anxiety and frustration

Understanding and Managing Individual Existence and Development

- ◆ Knowing how to deal with, address and resolve them, through individual mental work, effort and actions
- ◆ The individual will have clarity of mind and understanding about the human self, other human beings, the nature and conditions, demands and challenges of existence
- ◆ Understand individual natural mental powers and abilities, and their limits, how to develop and use them
- ◆ The individual will understand its needs, both mental and physical needs, and how to meet them
- ◆ The individual will be understand its dependence on and need to interact with other human beings, with nature and the natural environment to meet its needs

Understanding and Managing Individual Existence and Development

- ◆ Understand the role and responsibility in our existence and development that by nature are individually ours to understand and manage
- ◆ The individual will develop the conceptual foundation and framework of understanding required to make informed and considered choices and decisions, define necessary aims, goals and objectives, and consider, plan, organize and manage the necessary and appropriate behaviour and actions
- ◆ The individual is less likely to engage in irrational, unpredictable, counterproductive, harmful, violent or destructive behaviour and actions

Understanding and Managing Individual Existence and Development

- ◆ The individual is not likely to engage in escapism, from constant and persisting mental disorder and instability, doubt and confusion, uncertainty and insecurity, into abstractions, idle speculation, wishful thinking or fantasies
- ◆ Escapism into and addiction to drugs, alcohol, tobacco, sex, compulsive shopping and consumption, extreme exercise, travel, adventure, etc.
- ◆ The individual will make fewer errors and mistakes, and not repeat the same errors and mistakes, in understanding, choices and decisions, behaviour and actions

Understanding and Managing Individual Existence and Development

- ◆ Causing fewer problems and difficulties, for the individual self, for others, nature and the natural environment
- ◆ The individual will recognize, acknowledge and address individual problems and difficulties, limits and shortcomings, failings, errors and mistakes individually in the mind and mental existence, through individual mental work and effort
- ◆ Integrating mental and physical behaviour and actions, learning and practice into an interactive process
- ◆ Considering, planning and organizing ahead, establishing the necessary internal mental conditions, before engaging and dealing with external conditions, others and the world around us

Understanding and Managing Individual Existence and Development

- ◆ Individual physical behaviour and actions, work and effort will always be preceded, defined, guided and directed by individual mental work and effort
- ◆ The individual will behave and act less in mindless, mechanical ways, behaving and acting only as part of a larger social organism, mechanism or system
- ◆ Behaving and acting as if governed, guided and directed by preconceived and externally defined, socio-cultural beliefs, views, values, conventions and practices

Understanding and Managing Individual Existence and Development

- ◆ Only executing understanding, choices and decisions, goals and objectives made elsewhere, by others
- ◆ Instead, the individual will behave and act as an independent, self-governing, self-directing, self-developing and individually responsible human being
- ◆ Making informed and considered choices and decisions, defining necessary aims, goals and objectives, considering, planning, organizing and managing appropriate behaviour and actions, and individually taking responsibility for them

Understanding and Managing Individual Existence and Development

- ◆ Relying and depending less on others, the social-collective, public authority, experts and specialists to understand and manage individual existence and development, individual behaviour and actions
- ◆ Making fewer demands on others, the world around us, nature and the natural environment

Relating and Interacting With Others

- Relating and Interacting With Others
 - ◆ Relating and interacting, connecting, communicating and cooperating with others will be less problematic, competitive, conflicting and confrontational, less dominating, controlling or exploitative
 - ◆ The conditions, demands and challenges of existence and development of the individual self and those of others are understood at the level of the natural conditions of existence that are common to all human beings
 - ◆ Particularly, the conditions, needs, demands and challenges of the mind, mental existence and mental development

Relating and Interacting With Others

- ◆ Understanding the role and responsibility of the individual in the life of others, their dependence on and need to interact with us, and our dependence on and need to interact with them to meet our respective human needs
- ◆ Establishing individually the necessary internal mental conditions, before engaging and dealing with others, the individual will have fewer problems and difficulties, and rely and depend less and make fewer demands on others
- ◆ Not looking to others for a sense of self, order and stability, clarity and coherence, certainty, security and confidence

Relating and Interacting With Others

- ◆ Not looking to others for the causes, answers and solutions to individual problems and difficulties, limits and shortcomings, failing, errors and mistakes
- ◆ The individual is not likely to compete and conflict with others over different, competing and conflicting socio-cultural beliefs, views, values, conventions and practices
- ◆ Different ways of understanding and managing existence and development
- ◆ Over social-collective or professional-occupational positions, roles and functions, power, status and influence

Relating and Interacting With Others

- ◆ The individual is less likely to compete for the possession, control, accumulation and consumption of shared material resources, goods and values
- ◆ Instead, relating and interacting, connecting and communicating with others in cooperative ways
- ◆ To meet respective needs, for which we depend on and must interact with each other, and to manage individual and shared existence and development
- ◆ The individual will not easily be influenced, challenged, threatened, dominated, controlled or exploited by others

Relating and Interacting With Others

- ◆ In turn, the individual will feel no need to control, influence, dominate or exploit others
- ◆ We will relate and interact, connected, communicate and cooperate as human beings, not as social-collective and professional-occupational agents, positions, roles and functions
- ◆ We will relate and interact, connect, communicate and cooperate beyond different, competing and conflicting human-created socio-cultural beliefs, views, values, conventions and practices, at the level of the natural conditions of existence, that are common to all human beings, that lie behind the experience of every individual human being

Relating and Interacting With Others

- ◆ We will relate and interact not as dependent parts of larger collective wholes, such as, family, community, society, country or nation, ethnic, racial, social, religious or gender group
- ◆ We will relate and interact, communicate and cooperate instead, as mentally and physically independently existing, and individually responsible human beings
- ◆ Who by nature depend on and must interact with each other to meet some of their basic needs

Relating and Interacting With Others

- ◆ We will not view the needs and concerns of others, those we interact with, to lie beyond our role and responsibility
- ◆ To lie with others, the larger social-collective, public authority, social-collective and professional-occupational roles and positions
- ◆ We will not relate and interact with others only for them to do for us what individually we are not prepared to do for ourselves

Relating and Interacting With Others

- ◆ We will not recriminate or resent those we interact with, for failing to deliver unrealistic demands and expectations, demands and expectations we make on them, which they cannot meet
- ◆ We will not hold those we relate and interact with responsible for our own individual problems and difficulties, limits and shortcomings, failings, errors or mistakes
- ◆ We will not expect or demand of others to do for us, what by nature is our own individual role and responsibility

Relating and Interacting With Others

- ◆ Instead, we will relate and interact, connect and communicate with others in cooperative ways, to meet our respective needs and to manage individual and shared existence and development

Future Potential and Possibilities

- ◆ Individual
- ◆ → Society

Society

- Social Institutions, Organizations, Processes and Practices
- Public Education and Training
- Public Health Care
- Legal System, Law Enforcement, Courts and Penal System

Social Institutions, Organizations, Processes and Practices

- Social Institutions, Organizations, Processes and Practices
 - ◆ Social institutions, structures, processes and practices will be less extensive, complex, invasive and costly
 - ◆ Understanding and managing existence and development, not in the collective, from the top down and from the outside in, in a fragmented and generalized way
 - ◆ But individually, in cooperation with each other, from the ground up and from the inside out
 - ◆ From inside the mind and mental existence, beginning with the individual, individual mental existence and mental development

Social Institutions, Organizations, Processes and Practices

- ◆ The purpose of social institutions, structures, processes and practices no longer will be to manage, control and direct the social-collective, the existence and development of the larger collective whole
- ◆ Their role will no longer be to institutionalize, legitimize, enforce and maintain established socio-cultural beliefs, values, conventions and practices, established ways of understanding and managing existence and development
- ◆ They no longer will serve as external structures of identity, order and stability, clarity and coherence, certainty, security and confidence

Social Institutions, Organizations, Processes and Practices

- ◆ Identity, a sense of self, order and stability, certainty, security and confidence will be established and maintained individually in the mind and mental existence, through individual mental work and effort
- ◆ Social institutions and structures will no longer institutionalize, legitimize and maintain dividing and separating existence and development into different social-collective roles, positions and functions
- ◆ They will no longer serve to meet publicly the needs, demands and challenges that by nature are individually ours to understand, meet and manage

Social Institutions, Organizations, Processes and Practices

- ◆ Social institutions, structures, rules and regulations no longer will have to govern, control and mediate between different, competing and conflicting socio-cultural groups and interests, beliefs, views, values, conventions and practices
- ◆ Between different ways of understanding and managing existence and development
- ◆ Social institutions, structures, processes and practices will facilitate and reflect understanding and managing existence and development, not from the top down, at the level of human-created socio-cultural conditions, but from the ground up, at the level of the natural conditions of existence

Social Institutions, Organizations, Processes and Practices

- ◆ They will be the result of understanding and managing existence and development, not in the collective, from the top down and from the outside in, but individually, in cooperation with each other, from the ground up and from the inside out
- ◆ From inside the mind and mental existence, beginning with the individual, individual mental existence and mental development
- ◆ Establishing individually the necessary internal mental conditions, not collectively creating the ideal external conditions, of an ordered, stable, secure and predictable world around us

Social Institutions, Organizations, Processes and Practices

- ◆ Establishing the necessary internal mental conditions in everything we do and we engage in, before engaging and dealing with external conditions, others and the world around us
- ◆ Understanding and managing existence and development, at the level and within the context of understanding and managing, in the first instance, mental existence and mental development
- ◆ From within the mind and mental existence, as reflected in individual experience, within existing and changing conditions, the natural parameters, the boundaries and limits of existence set by nature

Social Institutions, Organizations, Processes and Practices

- ◆ Social institutions, structures and processes will reflect the natural conditions of existence, common to all human beings, which in the first instance define and govern existence and development, that lie behind human experience
- ◆ They will not be defined by arbitrary and abstract socio-cultural beliefs, views, values, conventions and practices, of an idealized world and reality
- ◆ Social institutions, structures, processes and practices will be less rigid, inflexible and entrenched
- ◆ They will be more flexible and easily changed and adjusted in response to change and changing conditions

Social Institutions, Organizations, Processes and Practices

- ◆ Individual identity, order and stability, clarity and coherence, certainty, security and confidence will be no longer defined and tied up in them
- ◆ Those inside social institutions and structures will not resist or oppose necessary institutional and organizational change and transformation
- ◆ Social institutions, structures, processes and practices, as a result, will be less extensive and complex, requiring less in material-financial resources and surplus production
- ◆ Making fewer demands on human beings, nature and the natural environment

Public Education and Training

- Public Education and Training
 - ◆ Public education and training will be different from today, it will be less extensive, time consuming and costly, less abstract and alienating
 - ◆ The focus and concentration will not be socio-cultural socialization, academic study, and professional-occupational training
 - ◆ Committing to memory established socio-cultural, scientific-technological and professional-occupational beliefs, views, values, knowledge, conventions, skills and practices, to be recalled and applied later

Public Education and Training

- ◆ Developing in the individual only indirectly, if at all, understanding of the natural conditions, demands and challenges of individual existence and development, the natural mental potential, individual natural mental powers and abilities, necessary mental skills and practices, and engaging in the required mental work and effort
- ◆ Alienating the individual from the human self, from individual experience and the conditions, demands and challenges of individual existence and development that lie behind and that are reflected in individual experience
- ◆ The focus and concentration instead will be individual conceptual and mental development and growth

Public Education and Training

- ◆ Developing, exercising and practicing individually the necessary understanding and mental faculties
- ◆ Developing in the individual a conceptual foundation and framework of understanding about the fundamentals and essentials of the natural conditions of existence, our own individual mental existence and development and the world around us, and how to deal with them
- ◆ Developing the natural mental potential, individual natural mental powers and abilities, necessary mental skills and practices, and engaging in the required mental work and effort

Public Education and Training

- ◆ Engaging in a process of continuous, life-long conceptual and mental self-development and growth
- ◆ Dealing with, responding and adjusting to change, changing conditions, demands and challenges, before they develop into larger problems and difficulties, when only a minimum in mental work, effort and adjustment are required
- ◆ Constantly reconsidering, updating, correcting, expanding and improving individual understanding, mental powers and abilities, mental skills and practices, in light of change and changing conditions

Public Education and Training

- ◆ Reconsidering, updating, correcting, expanding and improving, whenever necessary and required, the understanding, mental powers and abilities, mental skills and practices we develop, on which we rely, how we develop and use them
- ◆ The choices and decisions we make, and how we make them, the aims, goals and objectives we pursue, and how we define them, the mental behaviour and actions in which we engage, and how we plan, organize and manage them
- ◆ Developing the understanding, mental powers and abilities, mental skills and practices, mental work and effort required to understand and manage existence and development, existing in and as part of a constantly changing world

Public Education and Training

- ◆ The fundamentals and essentials that are required for everything in life we face and must deal with, we do and we engage in
- ◆ Individual conceptual and mental self-development and growth will be an integral part of understanding and managing daily existence, throughout the life of the individual, and not be limited to a period of formal education in early life
- ◆ Education and training in existing socio-cultural conditions, beliefs, views, values, conventions and practices will take place within the context of individual conceptual and mental development

Public Education and Training

- ◆ Professional-occupational training will take place on demand, when necessary and required, not in the abstract, ahead of time

Public Health Care

- Public Health Care
 - ◆ Public health care will be less extensive, complex and costly
 - ◆ There are several factors accounting for the growing complexity and rising costs of public health care today
 - ◆ Factors that will be addressed by understanding and managing existence and development from the ground up and from the inside out, beginning with the individual, individual mental existence and mental development.
 - ◆ From the ground up, at the level of the natural conditions of existence that lie behind and that are reflected in individual human experience

Public Health Care

- ◆ Understanding and managing them in a comprehensive way, in their essence, in depth and detail, in a differentiated, but integrated, connected and related way
- ◆ The factors accounting for growing complexity and rising costs of public health care include, individual ignorance and neglect, the results of inappropriate and insufficient conceptual and mental development
- ◆ Well over 50%, by very conservative estimates, of the demand on public health care services today are the results of failing individually to understand and manage, particularly and in the first instance, the mind, mental existence and mental development

Public Health Care

- ◆ The factors include unrealistic demands and expectations, arising from false images and understanding of the natural conditions, demands and challenges of human existence and development
- ◆ Managing existence and development, through managing external conditions that lie beyond human control, instead of managing the role and responsibility in our existence and development that by nature are individually ours to understand and manage, within the natural parameters
- ◆ Trying to create the ideal external conditions, of a non-demanding and non-challenging, ordered, stable, secure and predictable world around us as easy material abundance

Public Health Care

- ◆ Instead of dealing with, responding and adjusting to changing conditions, demands and challenges before they develop into larger problems and difficulties, when only a minimum in individual mental work, effort and adjustment are required
- ◆ Viewing the natural conditions, demands and challenges, the natural limits of existence, as imperfections which we should not have to deal with and which we should address, correct and overcome
- ◆ The results are rising demands and expectations for public health care to correct and reverse natural human mental and physical limits, and natural wear and tear of aging, of progression through our natural biological unfolding

Public Health Care

- ◆ The consequences are an expanding, increasingly more complex and costly health care system
- ◆ Without necessarily adding to individual mental and physical health, order, stability and well being

Legal System, Law Enforcement, Courts and Penal System

- Legal System, Law Enforcement, Courts and Penal System
 - ◆ The legal system, laws, rules and regulations, law enforcement, courts and penal system will be less extensive, complex and costly
 - ◆ Laws, rules and regulations no longer will have to govern, control, guide and direct publicly what we need to do, establish, develop and maintain, plan, organize and manage individually in the mind and mental existence

Legal System, Law Enforcement, Courts and Penal System

- ◆ They no longer will have to govern, control and mediate between different, competing and conflicting socio-cultural and social-collective beliefs, views, values, conventions, practices, concerns and interests, different ways of understanding and managing existence and development
- ◆ They no longer will have to govern, regulate and control competition, conflict and confrontation about possession, control, accumulation and consumption of shared material resources and values, or social-collective positions, roles, functions, power, status and influence
- ◆ Laws, rules and regulations will be less extensive and complex, because of fewer individual problems and difficulties, limits and shortcomings, failings, errors and mistakes

Legal System, Law Enforcement, Courts and Penal System

- ◆ Fewer problems and difficulties, conflicts and confrontations interacting, connecting, communicating and cooperating with each other
- ◆ The result of understanding and managing existence and development, from the ground up and from the inside out
- ◆ From the ground up at the level of the natural conditions of existence common to all human beings, beginning with the individual, individual mental existence and mental development
- ◆ Law enforcement, courts and penal system will be less extensive, complex and costly, because of fewer social-collective rules and regulations and fewer transgressions of them

Legal System, Law Enforcement, Courts and Penal System

- ◆ Fewer laws, rules and regulations that contradict, conflict with and fall short of the natural conditions of existence
- ◆ The focus and concentration of the legal system, law enforcement, courts and penal system will not primarily or in the first instance be to enforce public laws, rules and regulations, or maintain order and stability of the social-collective
- ◆ The primary focus will be to aid and assist, guide and direct the individual to understand and manage existence and development from the ground up and from the inside

Legal System, Law Enforcement, Courts and Penal System

- ◆ Understand and manage, in the first instance, individual mental existence and mental development, within existing and changing external conditions
- ◆ Establish the necessary internal mental conditions, before engaging and dealing with external conditions, others and the world around us
- ◆ Deal with, respond and adjust to change and changing conditions, demands and challenges when only a minimum in mental work, effort and adjustment are required, and before they develop into larger problems and difficulties

Legal System, Law Enforcement, Courts and Penal System

- ◆ The order and stability of the larger social-collective whole will be secured and maintained by individually understanding and managing the role and responsibility in our existence and development that by nature are individually ours to understand and manage
- ◆ Establishing and maintaining a sense of the human self, a sense of order and stability, clarity of mind and understanding, a sense of certainty, security and confidence, where individually we are in charge and in control, in the mind and mental existence
- ◆ Establishing individually the necessary internal mental conditions, before engaging and dealing with external conditions, others and the world around us

Future Potential and Possibilities

- ◆ Individual
- ◆ Society
- ◆ → Economy

Economy

- ◆ Economic activity and development will be less extensive, exploitative, costly, harmful and destructive, for human beings, nature and the natural environment
- ◆ The purpose of extracting natural material resources and the production of material goods and services will be to meet actual human material needs
- ◆ Not to generate expanding material-financial surplus and wealth, substituting and compensating for misunderstood and unmet non-material mental needs

Economy

- ◆ The focus and concentration of economic-material development will no longer be to provide the means to create the ideal external conditions of an ordered, stable, secure and predictable world of easy material abundance
- ◆ Establishing order and stability, clarity and coherence, certainty, security and confidence externally in the world around us
- ◆ They are established and maintained individually in the mind and mental existence, through individual mental work and effort

Economy

- ◆ The purpose of economic activity will no longer be to provide the means to manage external conditions, rearrange the natural environment, control and direct natural forces, processes, development and change
- ◆ To overcome and move beyond natural limits, natural demands and challenges of existence that lie beyond human control, which we must deal with, accept and accommodate, and to which we must respond and adjust
- ◆ Understanding and managing the mind, mental existence and mental development will reduce material demands and expectations

Economy

- ◆ Meeting non-material mental needs, not in material ways, but in the mind through individual mental work and effort, will reduce demand on natural material resources and the production and consumption of material goods and values
- ◆ Economic-material development no longer will be the central, or primary focus in human existence and development
- ◆ Progress and improvement in existence and development no longer will be measured, primarily or in the first instance, in economic-material terms

Economy

- ◆ Jobs, employment and careers in the economy will only be to meet actual material needs, not to meet mental needs of identity, stability, certainty and security, recognition and relevance externally in material ways
- ◆ Material differences between individuals, communities and countries will be less important, meaningful and relevant
- ◆ The individual will be less susceptible to the lures of materialism and material abundance
- ◆ There will be less economic migration to countries of higher material surplus and abundance

Future Potential and Possibilities

- ◆ Individual
- ◆ Society
- ◆ Economy
- ◆ → Science and Technology

Science and Technology

- ◆ The focus, purpose and direction of scientific and technological development will differ from today
- ◆ Understanding and managing existence and development from the ground up and from the inside out, in a comprehensive way, within the natural parameters requires different understanding, skills, practices and tools
- ◆ Different from the knowledge, tools, methods and techniques of understanding and managing existence and development from the top down and from the outside in, in an externalized, fragmented, generalized and disconnected way in the abstract

Science and Technology

- ◆ Trying to manage, control and direct the world around us, nature and the natural environment
- ◆ It does not require a general and objective understanding of nature, the natural universe, natural forces, processes, developments and change, but of the natural conditions, demands and challenges of existence and development
- ◆ The conditions, demands and challenges of existence and development that lie behind human experience
- ◆ It requires understanding existence and development from the ground up and from the inside out, beginning with the mind and mental existence, and individual experience of the conditions of existence

Science and Technology

- ◆ Understanding the nature and conditions of existence through considering and making sense of individual experience and the conditions that lie behind them, not separate from them, in the abstract
- ◆ Scientific and technological development will be less speculative, abstract and arbitrary, less extensive, costly and harmful
- ◆ Scientific and technological development will no longer be defined and governed by, or in support of traditional human assumptions, approaches and practices

Science and Technology

- ◆ That is, understanding and managing existence and development from the top down and from the outside in, in a fragmented, generalized, dissociated and disconnected way, in the abstract
- ◆ The focus and purpose will no longer be to develop the knowledge, tools, methods and techniques to understand and manage existence and development in the collective
- ◆ Conceptualize and understand the nature and conditions of existence in the abstract, beyond our experience of them

Science and Technology

- ◆ Define a sense of the human self, a sense of order and stability, clarity and coherence, certainty, security and confidence externally, beyond the mind and mental existence
- ◆ Or to manage existence and development through managing, controlling and directing external conditions, nature, natural forces, processes, development and change
- ◆ The focus and purpose of science no longer will be general and objective knowledge and understanding of nature and the natural environment, considered in the abstract, beyond human experience of them

Science and Technology

- ◆ But, to understand the conditions, demands and challenges of existence and development through considering and making sense of individual human experience of them
- ◆ The focus and purpose of technological development will no longer be to develop the tools, methods and techniques to manage, control and direct the world around us
- ◆ But, to understand and manage, in the first instance, the mind and mental existence, within existing and changing external conditions

Science and Technology

- ◆ Scientific and technological development will no longer be defined and governed by abstractly defined images of the ideal external conditions of existence
- ◆ By the demands and challenges of creating an ordered, stable, secure and predictable world of easy material abundance
- ◆ To improve, control and direct nature, overcome and move beyond the natural limits, conditions, demands and challenges of existence

Science and Technology

- ◆ The purpose of science and technology will no longer be to substitute and compensate for perceived limits and shortcomings in human natural mental powers and abilities, mental skills and practices
- ◆ Which in reality are the results and consequences of failing to understand and manage the mind, mental existence and mental development
- ◆ Failing to understand and develop the human natural mental potential, natural mental powers and abilities, and translate them into necessary mental skills and practices

Science and Technology

- ◆ Scientific and technological development will be more focused, directed and relevant, less random, speculative, arbitrary and costly
- ◆ The purpose will be to aid and assist understanding and managing existence and development from the ground up and from the inside out, within the boundaries and limits of existence set by nature
- ◆ There will be less need for scientific research and technological cures to deal with problems and difficulties, limits and shortcomings, errors and mistakes understanding and managing mental existence and mental development

Science and Technology

- ◆ There will be less need for scientific experimentation, and technological tools and methods to test speculative and abstract assumptions and hypotheses
- ◆ Less need to legitimize and verify scientifically realities and conditions reflected in human experience and awareness
- ◆ There will be fewer technological aids, tools and methods to substitute for assumed limits in human mental powers and abilities, mental skills and practices
- ◆ Less data gathering and statistical analysis to measure the state of collective existence and development

Future Potential and Possibilities

- ◆ Individual
- ◆ Society
- ◆ Economy
- ◆ Science and Technology
- ◆ → Environment

Environment

- ◆ Understanding and managing existence and development from the ground up and from the inside out will contradict, conflict with and fall short less of the natural conditions, demands and challenges of existence
- ◆ Reducing human demand and impact on the natural environment, causing fewer environmental problems and difficulties
- ◆ Understanding and managing existence and development at the level of the natural conditions of existence that lie behind individual human experience, will lead to understanding and managing them within the boundaries and limits of existence set by nature

Environment

- ◆ Understanding and managing in the first instance the mind and mental existence, we no longer will try to establish externally, in physical-material terms, what we must establish, develop and maintain individually in the mind and mental existence
- ◆ Meeting non-material mental needs in the mind through individual mental work and effort not in material ways, there will be less demand on natural material resources
- ◆ There will be less exploitation and waste of natural resources through the production, accumulation and consumption of material goods and products beyond actual human material needs

Environment

- ◆ Establishing a sense of self, a sense of order and stability, clarity and coherence, certainty, security and confidence individually in the mind and mental existence, not externally in socio-cultural and physical-material terms
- ◆ The central focus and concentration will no longer be to create the ideal external conditions of an ordered, stable, secure and predictable world of easy material abundance
- ◆ The focus will no longer be to manage, rearrange, control and direct nature, the natural environment, natural forces, processes, development and change

Environment

- ◆ There will be less degradation and interference in nature and the natural environment beyond what is necessary and required to manage and sustain human existence
- ◆ Human natural powers and abilities will appear less limited, and natural conditions, developments and changes will be less demanding, challenging, threatening or overwhelming
- ◆ The focus and concentration no longer will be to overcome and move beyond natural limits, natural demands and challenges through trying to manage, control and direct, what by nature lies beyond our human control

Environment

- ◆ Trying to overcome perceived human natural limits, shortcomings or imperfections, which in reality are limits and shortcomings, errors and mistakes, problems and difficulties of understanding and managing, particularly and in the first instance the mind, mental existence and mental development
- ◆ Limits and shortcomings, errors and mistakes, problems and difficulties in individual understanding, in developing individual natural mental powers and abilities, and translating them into necessary and appropriate mental skills and practices